

## Prison World

Trapped in the bars of my mind

Addiction has feasted on my soul

Obsession controlling my thoughts

A dark cloud hovers over me

I'm searching for the light

My prefrontal cortex is on lockdown

Welcome to Prison World

I gotta break free, plan my escape

Release myself from the bondage

Riot my emotions

Next stop, Death row, if I don't break the chains of oppression

Accept rehabilitation and embrace my recovery

Learn to forgive all, including myself

Accountability and responsibility is my motto of truth

A heart of remorse

Atonement lays at my feet

Freedom calls my name

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