

House fire displaces residents, no injuries reported

A fire early Friday morning damaged the second floor of an off-campus house inhabited by Tufts students and a family of four, requiring a fire department rescue and forcing residents to seek alternative housing.

The fire began around 7 a.m. on Friday morning at 7 University Ave. from an undetermined source on the second floor of the three-story house, according to senior Eric Aiken, a third-floor resident.

"The fire alarm woke my roommate and I up around 7 a.m.," Aiken said. "When we looked outside, we could see smoke billowing out of the windows on the second floor. That's when we decided we should leave. By the time we got out, we could hear fire trucks coming," he said.

Seniors Jim Dillon, Matthew Burch and Aiken, all third-floor residents, exited the building via the fire escape. One second-floor resident also fled through a fire escape, but two other people were unable to get out of the building. They had to lean outside of their second-floor window until the Medford Fire Department could rescue them using a ladder, according to Aiken.

"The fire department was great. They told us they were able to keep the fire contained to the second-floor kitchen. The kitchen was completely torched, but the second-floor bedrooms only had smoke damage," Burch said.

The fire took around 30 minutes to contain. Most fire damage was confined to the second floor, but much of the house suffered from smoke damage, according to Aiken.



A house fire has displaced the residents of 7 University Ave. indefinitely.

Burch said that the smoke ruined sheets, mattresses and food, but that most of their belongings were undamaged.

"When we first escaped, we all grabbed our laptops. That's the only thing of value we could think of," Burch said.

Residents were then taken to the Tufts University Police Department station, where they were questioned by Medford fire officials about potential causes of the fire and the sequence of events after the fire started, according to Burch.

"We had a limited idea of how it started, and we couldn't give them very much evidence. As far as figuring out how it started, all of that information came from people on second floor, so we don't really know what happened," Burch said.

The fire department is still conducting an investigation of the possible causes of the fire, accord-

ing to Burch.

The residents were able to return to the house briefly to collect their belongings, but the house is currently inaccessible to the residents, Burch said.

When the residents will be able to return and how much damage the fire inflicted remains unclear at this point, according to Burch.

Burch said that the university has offered affected students unlimited meal plans until Wednesday, as well emergency on-campus housing. Both Burch and Aiken opted to stay with friends instead. The three hope to find alternative off-campus housing beginning next semester, Burch said.

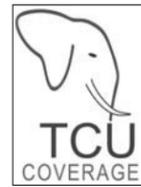
"I don't think any of us were traumatized, but it was definitely an interesting way to wake up on Friday morning — everyone got out safe, and there weren't any problems afterward," Aiken said.

—by Kathryn Olson

TCU Senate survey gauges student opinion

BY BRENT YARNELL
Daily Editorial Board

The Tufts Community Union (TCU) Senate last week released its fall semester survey gauging student opinion on a variety of Senate projects.



The Senate had received 926 responses to the survey as of yesterday, according to TCU Historian Tomas Garcia, a junior who is also the chair of the Senate's Student Outreach Committee, and TCU Parliamentarian Dan Pasternack.

The number already marks an increase from the spring's survey, which elicited 898 responses in total, Pasternack, a senior, said. This semester's survey, as in the past, has no built-in mechanism for preventing one person from submitting multiple responses, although senators do inspect technical information associated with submissions for questionable patterns, he said.

The survey will end the first week of December but could conclude earlier if responses reach a target of approximately 1,000 to 1,500, Pasternack said.

Results will be made available on request a few days after it comes to a close. They will also be made public on

a new Senate website set to launch next semester, according to Pasternack.

Pasternack said positive responses aid the Senate's efforts to lobby the administration and negative responses tell the body which projects to avoid.

"More or less, it's to try to gather some type of extra backing for some projects," Pasternack said.

The Student Outreach Committee authored the survey, Pasternack said. Its members solicited questions from the chairs of Senate committees, to whom individual senators submitted questions, he said.

Four questions ask for student opinion on the idea of creating an Africana studies department. The Senate passed a resolution on Nov. 7 supporting the establishment of such a department.

One question asked how strongly students agreed with the statement that they would benefit from "Tufts hiring more Black faculty."

Two questions relate to the project by Trustee Representative Alix Boulud, a senior, to build an on-campus kitchen facility, intended for use by student groups as well as classes. The Senate last night passed a resolution sup-

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Weitzman, Stern named Leontief Prize winners

BY VICTORIA MESSURI
Daily Staff Writer

Tufts' Global Development and Environment (GDAE) Institute on Nov. 10 announced Martin Weitzman of Harvard University and Nicholas Stern of the London School of Economics as the 2011 winners of its annual Leontief Prize for Advancing the Frontiers of Economic Thought.

The prize recognizes their research contributions in climate change economics, a field that focuses on the economic feasibility of reducing greenhouse gases.

"With the impetus provided by Stern and Weitzman's work, climate issues may now have a much greater role in our analysis of economic development," GDAE Senior Research Associate Jonathan Harris said.

Tufts will hold the ceremony on its Medford campus on March 8.

Stern, who is chair of the Grantham Institute for Climate Change and the Environment at the London School of Economics, formerly served as chief economist and senior vice president of the World Bank. He will be largely recognized for the Stern Review on

the Economics of Climate Change, a 700-page report he authored for the British government, in which he outlined more robust efforts to reduce greenhouse gas emissions.

The report, Harris said, offered a revolutionary response to economists who typically balance the costs and benefits of reducing carbon emissions.

"Until recently, most economists recommended relatively limited action, suggesting that the costs of dramatic reductions in carbon could outweigh the benefits," Harris, who directs the GDAE's theory and education program, said. "Stern's work completely changed the debate, since he presented a powerful argument in favor of aggressive action on climate change, finding large environmental benefits from action and relatively low costs."

Stern's report calls for abrupt reductions in business-as-usual emissions, pushing strongly for an international agreement on global standards for reducing greenhouse gases. He also argues against the modern-day asser-

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In lecture, J Street founder Ben-Ami advocates for two-state solution

BY DAPHNE KOLIOS
Daily Editorial Board

Jeremy Ben-Ami, the president and founder of J Street, spoke Thursday night in Cabot Auditorium about U.S. foreign policy and the Israeli-Palestinian conflict.

Ben-Ami's lecture, titled "Fork in the Road: Decision Time for Israel on Peace, Democracy and its Jewish Character," was part of The Fletcher School of Law & Diplomacy's Charles Francis Adams Lecture Series.

J Street, founded in 2008, bills itself as a "pro-Israel, pro-peace" nonprofit advocacy organization that works toward a two-state solution to the Israeli-Palestinian conflict, among other policy prescriptions.

Ben-Ami in his lecture said that J Street takes a somewhat unconventional position on Israel from a Jewish perspective, differing from the more hawkish views that have traditionally been associated with supporters of Israel.

"We are challenging the traditional notion about what it means to be pro-Israel, the traditional guardians of the pro-Israel gospel," Ben-Ami said. "For decades, they have set the terms of debate on Israel in the United States."

"They have required what has amounted to often blind support for

Israel, right or wrong," he continued. "More often than not, that voice hasn't spoken for me ... and it hasn't spoken for a large portion of the American Jewish community."

Ben-Ami said that most Jewish Americans' opinions align more with J Street's position.

"The overwhelming majority of Jewish Americans favor a two-state solution to the Israeli and Palestinian conflict," he said.

Ben-Ami called on what he called "passionate moderates" to work toward Middle East peace and to reject a more hard-line approach.

"Israel needs now not unquestioning love, but the firm hand of friendship helping Israel to save itself from a future of never-ending conflict," Ben-Ami said.

J Street advocates for U.S. foreign policies that will facilitate a two-state solution and for attempts to foster dialogue within the American Jewish community, according to Ben-Ami.

He called the Obama presidency a pivotal moment in the Middle East peace process and said his diplomatic decisions in the coming months will have a significant impact on the future of the region.

"This moment in time ... will eventu-

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Inside this issue

Tufts' REAL program allows older students to pursue an undergraduate degree.



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'Sports' revitalizes shoe-gazing genre.



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JODI BOSIN/TUFTS DAILY

Jeremy Ben-Ami, the founder and president of J Street, addresses attendees in Cabot Auditorium.

J Street founder Jeremy Ben-Ami: Obama presidency at a 'critical moment' in Middle East peace process

BEN-AMI

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ally come to be seen as an epic fork in the road when it comes to the history of the Middle East," Ben-Ami said.

He warned that a successful outcome would require continued effort.

"The window for American action by this president in this administration is brief," Ben-Ami said. "The question for the president now at this critical moment in these coming weeks ... is whether this is an issue in which he is really going to continue to invest the time and the energy."

A major consideration, he said, is whether Israeli Prime Minister Benjamin Netanyahu is committed to a two-state solution and making the necessary concessions to achieve it.

After the lecture, Ben-Ami said the intellectual environment at Tufts is conducive to constructive debate.

"Unfortunately, on too many campuses there's really polarized discussions

that are not thoughtful and not helpful," Ben-Ami told the Daily. "I just find here there's a lot more intergroup work and a lot more intelligent conversation."

J Street Boston and J Street U Tufts co-sponsored the lecture. J Street U Tufts is the Tufts chapter of a network spanning colleges and universities nationwide and will officially begin operating next semester, according to senior Robin Socol, one of the event's organizers and one of the group's founders.

"I feel like lately on campus ... there's been a much broader discussion — many more perspectives on the conflict," Socol said. "So on a personal level, it's great to be involved with J Street so that I know that my personal views are finding a voice and being expressed."

Brandeis senior Noam Shouster, who attended the lecture, thought Ben-Ami failed to adequately consider the Palestinian perspective.

"I think that there is a little bit more recognition of the Palestinian side that

needs to be made by J Street because it's very Israel-centric and very centered on what Israel needs and the future of Israel," Shouster told the Daily. "It needs to be somewhat more realistic in terms of what's going to happen to Palestinians."

Junior Emma Oppenheim, one of the event's organizers who is also involved in the J Street U effort, was disappointed that Ben-Ami did not delve deeper into the details of the conflict.

"I was really happy we got him to come. I think I was hoping he would be a little bit more specific, and it seemed like he gave a more general lecture," Oppenheim said. "I was hoping he would go a little bit more into policy and into the elections."

Despite this, Oppenheim was pleased with how the event went.

"I thought it went really well, I was really happy with the turnout, and we definitely fill a void on campus — an opinion that isn't being expressed — and we have that now," she said.

Prize winners focus on climate change economics

LEONTIEF

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tion that addressing climate change will be more costly than beneficial.

Investing in technology that would reduce greenhouse emissions, Stern believes, will have both business-related and environmental benefits.

"Publicly supported low-carbon development can both create jobs, reduce risks for our planet and spark off a wave of new investment which will create a more secure, cleaner and attractive economy for all of us," Stern said in a 2009 report he co-authored.

Weitzman is an economics professor at Harvard University. He has done extensive research on the economic effects of extreme climate disaster and is focusing his current work on helping others understand the economic dimensions of climate change.

"Rather than focusing on average estimates of the economic damages of climate change, Weitzman argues that it's the possibility of unprecedented temperature increases that should guide our policies," GDAE Senior Research Associate Brian Roach said.

Harris echoed Roach's sentiments, adding that Weitzman has reframed discussions of climate change.

"[Weitzman] argues that economists need to pay much greater attention to the possibilities of disastrous climate impacts, since the 'worst-case' scenarios could destroy many of the benefits of economic growth," Harris said.

Weitzman's work has proved particularly salient in ongoing debates over carbon taxes and the related cap-and-trade emissions exchange proposal, according to the GDAE press release.

The Leontief Prize, established in 2000, is granted annually to two economists whose work advances knowledge in economic, environmental and social issues. The prize was named for Wassily Leontief, a Nobel prize-winning economist who served as a GDAE advisory board member until his death in 1999.

Prior winners include Harvard's Amartya Sen and Herman Daly of the University of Maryland, College Park.

Senate survey questions track long-term trends, support for initiatives

SURVEY

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porting such a project.

Several questions ask students if they are aware of Tufts' resources and judicial process related to sexual assault. One question asks whether students would make use of a free and confidential HIV testing service.

Some questions, such as those involving sexual assault, were featured in previous Senate surveys, TCU Associate Treasurer Matthew Schuman, a junior, said. Other reappearing questions address general student approval for the Senate as a whole.

The Senate is tracking long-term trends in responses to these questions, Schuman said.

Two questions focus on student opinion regarding the Group of Six, the group of culture-related centers at Tufts. One asks about student participation in Group of Six events. Another question asks whether students think that the centers meet their communities' needs.

The Senate will give out four \$25 prizes as incentive for students to participate, according to Schuman.

The Senate on Wednesday sent an e-mail to the student body with a link to the survey. The body will send a reminder e-mail after students return from Thanksgiving, Garcia said.

Senators will promote the survey door-to-door in on-campus dorms after the Thanksgiving break, he said.

Some students complained that there was no opportunity for students to write their own comments on this semester's survey, according to Pasternack.

Pasternack said senators are seeking students' direct input, including via e-mail at TCUSenate@tufts.edu.

"While the comments really do tend to be helpful, it sometimes goes unnoticed just because of manpower and time restrictions," he said. "Whereas a person going and knocking door-to-door is more personal."

Garcia encouraged students to take the opportunity to weigh in on the Senate's current and upcoming projects.

"It's their opportunity to have their voice directly heard by the Senate on a variety of projects which Senate is currently considering and pursuing," he said.

VOVICI.COM

This year's Tufts Community Union Senate survey has already received more responses than the spring's.

Garcia said the Student Outreach Committee is coordinating further efforts to gauge student opinion following Thanksgiving break. In addition, WMFO Tufts Freeform Radio will air Senate public service announcements beginning next semester, he said.

Unconventional students get REAL Tufts education later on in life

BY JON CHENG
Daily Editorial Board

On a typical weekday, Jim Boyd, a junior, wakes up at 5:30 a.m. to work on homework, drives 40 minutes to Tufts from his home in Needham and arrives just in time for his sociology course. He grabs a quick lunch at the Mayer Campus Center before his Spanish class at noon and then works in the library for a few hours before heading back home for dinner.

Although his midday schedule is not too different from that of other Tufts students, one thing sets Boyd apart — he is a 68-year old father of three daughters and is just two years shy of completing his bachelor's degree.

Boyd, who worked as a morning news anchor for WCVB-TV, a local ABC affiliate, for nearly four decades, is enrolled in Tufts' Resumed Education for Adult Learners (REAL) program, a 40-year old program that falls under the umbrella of the Office of Undergraduate Admissions.

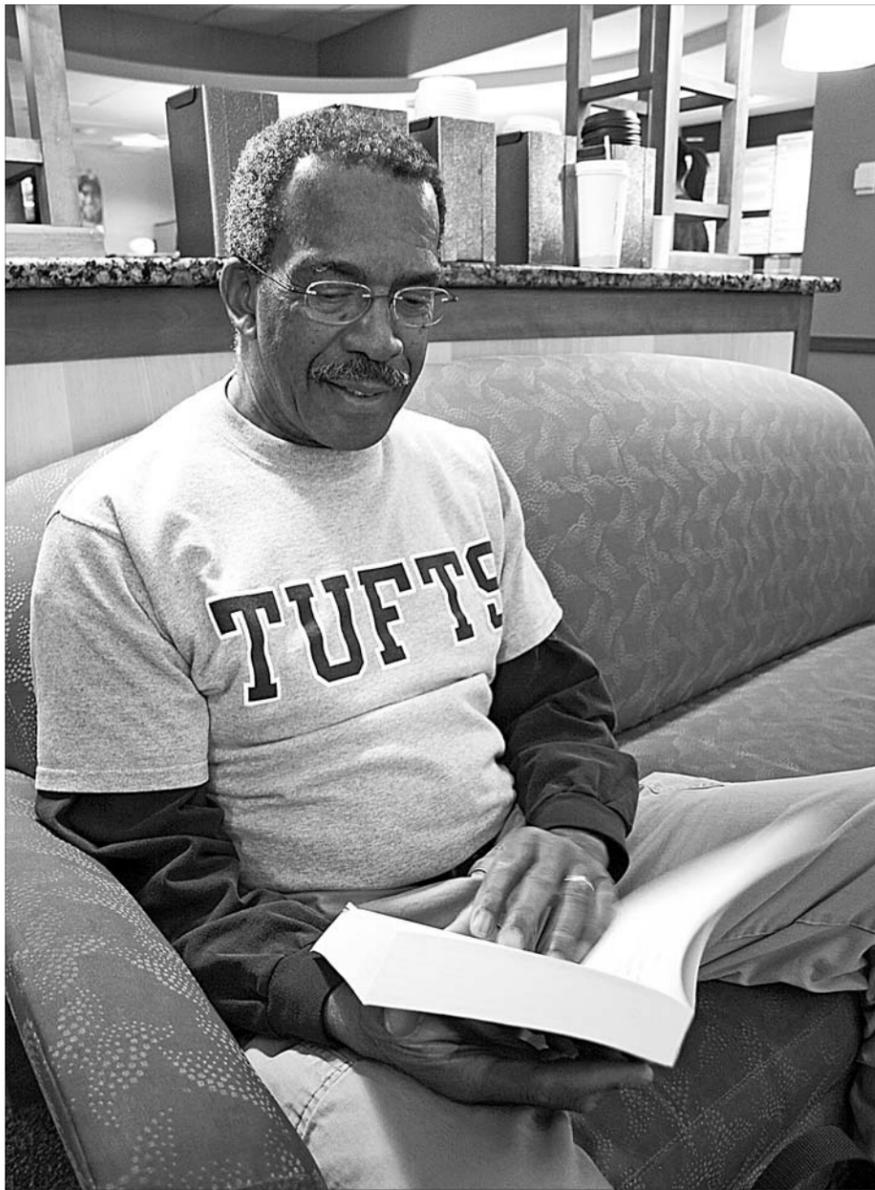
According to the program's director, Associate Dean of Undergraduate Education Jean Herbert, REAL is targeted toward adults who are over the age of 24 and are parents, married or currently serving in the military.

"It is meant for people who have maybe come from families or people who haven't gone to college. Or they started college and realized it wasn't the right time for that," Herbert said. "Most went off and had careers until they realize they need their undergraduate degrees so they come back."

Although REAL caters to a smaller crowd, Herbert stressed that the application process is no different from the traditional one and that admission is selective. Applicants must complete the Transfer Application Packet and part of the Common Application, in addition to submitting supplemental essays, transcripts and standardized tests scores. An interview is typically conducted afterward.

Because of the competitive nature of Tufts' program, many older applicants in the area choose to attend the University of Massachusetts, Boston or community colleges that offer similar programs, Herbert said.

"Students have to prove to us that they can do well on the college level,"



Jim Boyd is a junior completing his college degree through Tufts' Resumed Education for Adult Learners program.

Herbert said. "They can go to UMass, but students who are really bright and want to be challenged come here."

Boyd enrolled in a few courses at UMass, Boston following his retire-

ment in 2008 but found that he was not getting the kind of education he wanted there.

see REAL, page 4

Member of the baseball team designs three routines for Jumbos with different fitness profiles

BY AMELIA QUINN
Daily Editorial Board

Worried about putting on the freshman 15? Or trying to stay fit under your winter parkas for those midriff-baring parties that are bound to crop up even in the sub-zero months? Worry no more — Cousens Gym trainer and baseball team shortstop David LeResche has designed three different workouts for the average Tufts student trying to step up their fitness this winter.

"These plans are designed for three different types of students: athletic students who are active outdoors and would like to get into the gym, time constrained students who are running a million different ways with clubs and other commitments and students who are inexperienced in the gym and need a basic, effective plan to get started," LeResche, a senior, said.

Each plan specifically targets the needs of these three categories of student in order to best meet their individual needs. "The program for athletic students assumes they have better control of their bodies in space, meaning many of the exercises require balance,

Exercises for the athletic student: Day one

1. Warm up for 10 minutes.
2. Stretch for 10 minutes.
3. Ab Triset: Do 15 Russian Twists, a twist of the abdomen from side to side while in sit-up position with torso lifted 45 degrees. Repeat. Do 15 Swiss Ball crunches, crunches performed while seated on an exercise ball. Repeat. Hold a plank position for 45 seconds. Repeat for 60 seconds.
4. Dumbbell Romanian deadlifts: To lift, hold weight with knees slightly bent inward. Bend at waist and lower until your back is parallel to the floor. Straighten. Do one set of 10 reps, one set of eight and one set of six.
5. Single-leg bent-knee deadlifts: Stand on one leg, with the leg off the ground with knee slightly bent inward. Reach down toward your standing toes with dumbbells in hands, and then return to starting position. Do two sets of 10 on each leg.
6. Bent over row: With your back parallel to the floor, use a barbell and pull weight up toward belly-button. Do one set of 10 reps, one set of eight and one set of six.
7. Bench presses: Lower the barbell to your chest and press back up. Do one set of 10 reps, one set of eight and one set of six.
8. Single arm row: With your back parallel to the floor, pull the dumbbell up toward your hip, contracting though back and scapula. Do two sets of five.
9. Chest fly: Lie down with your arms extended to the ceiling and your palms facing each other while holding the dumbbells. Lower your arms out and down to the sides at 90-degree angles to your body. Then raise your arms to the starting position. Do two sets of 10.

see WORKOUTS, page 4

STEPHEN MILLER | COUNTERPOINT

The 'original' blog



Back in the prehistoric era before the Internet age, people in this country had a problem.

They wanted to express themselves to the world. Some wanted to shout angry threats, others wanted to wax poetic. Many pondered the cosmos, while a few merely wanted to comment on the sexual history of Beatrice, that girl in EC 5 — you can tell that this was a long time ago because people still named their daughters Beatrice. They had all these things to say, but had no outlet for doing so. Without the Internet, the concept of the blog was a mere wet dream for the voiceless and downtrodden. There was no Twitter, no JuicyCampus.com and, much like current times, no one read books.

But man, being a resourceful creature, came up with a solution. One day, as he sat contemplating his dilemma, in an expression of uncontrollable rage and world-shattering creativity, he took a key out from his pocket and furiously scratched away at the wall next to him. At the time, that man was relieving himself in a public restroom. He looked at the markings he had made and thought to himself, "That's one fly tag. I'm gonna do that in every bathroom I ever use from now on." And from that first, frustrated outburst, a phenomenon was born.

People came and saw the tag and thought, "That dude tags like a little girl. Look at my tag. It's so much flyer. I can't wait for my sk8er punk friends to come see it and wonder who made that awesome tag." And then, inevitably, a person thought, "Hey, before I tag this wall, I'm going to write something inspiring. How about this: 'I'm sitting on the toilet.' Hell yeah, that's clever. And so with that simple five-word sentence on a bathroom stall, the blog was born.

That little idea that was the blog has come a long way since. Its move to the Internet caused an exponential growth, like human population growth when people realized that after working on the farm, rolling around in manure and cutting themselves with rusty sickles, it would be a good idea to wash up with some soap. Yes, in the history of the blog, the Internet equals soap. Now people can blog anywhere, anytime, not just during the three to 15 minutes they spend exorcising their midterm stress demons in Tisch.

However, the course of human progress always has its casualties. The public bathroom blog's popularity waned as people realized writing "Stacy's a ho fo sho" on the Internet could reach a larger audience.

On the Tufts campus, the former holy sites began to succumb to the totalitarian forces of Facilities. The stalls in the campus center, once a haven for the bathroom-blogging masses, got a new layer of blue paint. In Tisch, the newly installed black plastic stalls resist ink and all but the most persistent scratching. Now for the connoisseurs among us, there remains only one real cathedral left and as I write this, I fear its downfall is imminent. It's the main-floor bathroom in Eaton.

In one last creative gasp, people are flocking to vent in the awkward, no-urinal environment. Some get political (and idiotic): "PALIN 2012." Some get deep: "MTV invented reality with the Real World." Some cry out to the world: "TEAR DOWN THIS WALL!!!" while others pose questions for "Dat Ninja" or quote Shakespeare. Then the select inspired few create their own poetry. Go read some; it's quite precious, although not exactly printable.

Look, bathroom stall blogging is a part of our history. We owe it to our children to keep it alive. The next time you find yourself in the 3x4 box, add your personal spice. But in the spirit of creative collaboration, remember the one golden rule: "Respect the wall, or don't write at all."

Stephen Miller is a senior majoring in English. He can be reached at Stephen.Miller@tufts.edu.

Non-traditional REAL students reflect on their non-traditional college experiences

REAL

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"I at first thought UMASS was a better fit, so I did a semester there. A good friend there involved in the [Tufts] dental school suggested that I look into coming to Tufts," Boyd said. "So I had a meeting with a couple administrators here, and they explained what the REAL program is about."

Of course, the reason for returning to a life of academia varies among REAL students. For Boyd, coming back to college was a matter of finally completing unfinished business that was not possible during his hectic career as a news anchor.

"I did graduate from high school a million years ago back in 1958, and I went to college relatively unsuccessfully for three years, but I flunked out," Boyd said. "My main job is to finally get an undergraduate degree, but I don't intend to do anything after Tufts."

Full-time REAL student and mother Jodi Waddell, 34, unlike Boyd, decided to enroll at Tufts in order to further her career — something she could not do without a deeper understanding of her work, she said.

"I was working in the social services field, and I loved what I was doing, but I knew that I needed to finish a degree to move forward as well as learn the theory behind the process," Waddell, who will graduate this spring with a degree in child development, said.

REAL student Paul Nevin decided to return to school after taking a post-high school gap-year that turned into a multi-year break.

Nevin, who is now 26, left college in 2003 to tend to his girlfriend, who was diagnosed with cancer. Nevin later engaged in volunteer work as he travelled to Costa Rica, helping adults with disabilities, and then to Ethiopia for nine months, working as a construction site manager. After deciding he no longer wanted to devote his life to volunteer work, he enrolled at Tufts to complete his undergraduate education.

Virginia Swasey enrolled at Tufts when she was 18 but struggled through her freshman year due to bouts of homesickness. She decided to leave Tufts but eventually returned to complete what she had started.

"I took a semester off in order to figure things out. Then life happened, and I found it hard to come back," Swasey said. "Afterward, I got married and divorced, I moved around a lot, did a lot of travelling and had a relatively successful career in specialty pharmacy."

Swasey explained that moving up the career ladder became increasingly difficult without a college degree, though. So, after 16 years away from the Hill, Swasey returned to Tufts to study anthropology.

"I called Tufts and spoke with Dean Herbert and realized that I would be able to come back here and pick up right where I had left off," Swasey said.

Though elated to be back on a college campus, several REAL students admitted that there are difficulties that accompany a return to campus — particularly in interacting with younger students.

"Since we have a lot of graduate students, [REAL students] don't stand out among themselves walking around campus," Herbert said. "In the classroom it can be disconcerting for them, but they adjust. They know what to expect."

Waddell said that the awkwardness of the first couple weeks of the semester was sometimes even a source of entertainment.

"I'm commonly mistaken for a TA in class or even a faculty member. Sometimes faculty will forget that I'm an undergrad and expect more from me," Waddell said. "When I use JumboCash at the Campus Center, it takes everybody aback because they'd expect me to use cash."

Nevin acknowledges the predicament but usually tries to establish normalcy as often as possible, he said.

"It's a fine line," Nevin said. "You don't ... want to be the creeper older dude; you want to be the cool older dude."

Boyd is not too bothered by incidents like the time he was mistaken for the professor of one of his sociology classes, he said, and now has close-to-normal interactions with his peers. "They ask me about classes, work and all other normal things," Boyd said. "Once, on the way to the library, one of the students in my Spanish class asked me, 'Have you done your oral exam yet? Do you know anything about it? What's it like?'"

Though many REAL students plan to end their academic careers with their bachelor's degrees, for some, like Nevin and Waddell, a bachelor's degree is just the stepping stone to a higher educational degree.

"I have connected with both undergraduate and graduate students, and some of my good friends went on to get their Ph.D.s," Waddell said. "Eventually, I want to do the same."

Boyd echoed a similar sentiment about the exhilaration of education.

"Tufts is such an exciting place to be," he said. "I feel like a kid in a candy store again."



JODI BOSIN/TUFTS DAILY

Gym visitors have far more options for their workouts than the ellipticals.

Tufts athlete gives workout advice

WORKOUTS

continued from page 3

stability and a base of strength as well," LeResche said. "Many of the exercises are multi-joint exercises that engage the full body, specifically squats, bent-over rows, and Romanian dead lifts. This program also includes pyramid rep schemes (10, 8, 6 for example), meaning the student should try to increase the weight used as the number of repetitions decreases. The main focus of this program is strength gain and muscle growth."

LeResche's second plan is shorter in order to be able to be completed in a relatively short period of time. "The program for time-constrained students can be completed in 30-45 minutes. It incorporates the use of supersets — performing multiple exercises in a row without resting," LeResche said. "Since the students do not have much time for working out, these programs focus on building strength with an added cardiovascular element by using supersets and exercises like burpees and mountain climbers. The main focus of this exercise is muscle growth and toning, as well as cardiovascular improvement."

His third and final plan offers an easy way for newcomers to the Cousins Gym to ease into working out. "The program for inexperienced gym-goers focuses on exercises that are easy to learn and safer for people

who might not have high confidence levels in the gym," LeResche said. "These exercises require less balance and stability but still are effective for building a muscle and strength base."

No matter which of the three plans works the best for you, walking into the gym with a plan helps you know exactly what your objectives are. "A lot of people get discouraged with a lack of structure — they end up overworking certain body parts, ignoring others, getting bored and then visiting the gym less frequently," LeResche said. "A plan helps you track your progress each day so that you're always striving to push yourself and get better each time you go to the gym. The body gets accustomed to a certain weight very quickly which will not only limit your strength gains but eventually lead to a decrease in strength."

LeResche expounded on the fact that physical fitness and academic success are not mutually exclusive. "Tufts students commit so much energy to the books but often at the expense of going to the gym," LeResche said. "An hour twice a week spent strength training will not only help students physically, but will help increase mental focus, happiness and restful sleep, which in turn helps performance in school. No one should ignore the mind/body connection."

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ALBUM REVIEW

Weekend's latest effort, 'Sports,' brings new life to the shoe-gazing genre

BY TRAVIS PETERSEN
Daily Staff Writer

It doesn't take long to figure out why NPR featured "Sports" by Weekend. With drum beats that drive the rhythm home

Sports
Weekend

★★★★☆

Slumberland

and guitars that help create layers of sound, Weekend shows that although shoegaze has gone underground as a genre, it is not dead yet.

For those unfamiliar with shoegaze, or shoegazing, the genre is generally characterized by heavy use of effects pedals, noisy guitars, droning melodies and vocals that blend into the instrumentation. The name derived from the fact that performers in the genre often stare at their effect pedals, giving the impression they are staring at their shoes.

Never a mainstream genre, shoegaze was most popular in the late '80s and early '90s. Many fans consider My Bloody Valentine's "Loveless" (1991) the pinnacle of the genre. The Irish rockers' emphasis on impressionistic, highly distorted tracks has definitely influenced Weekend's latest release.

One great aspect of "Sports" is the band's usage of vocals. From behind a curtain of distortion, the vocals are used as another instrument. Often giving the vocals the melody, the band uses the human voice to create an atmosphere that can be haunting in some parts and strangely beautiful in others. For the most part, the lyrics aren't understandable with all of the distortion, but the way they are used means that it doesn't really matter all that much.

Weekend finds itself unable to break free of sounding a little too similar across tracks. This is a problem inherent in the amount of distortion used. The effects create a fog



MYSFACE.COM

Despite having only three members, Weekend creates a huge sound in 'Sports.'

over most of the album, and although all of the songs are fairly unique, they tend to blend together under that fog if you don't concentrate on the underlying specifics. This is both a blessing and a curse, as the album flows well from one song to another, but at the risk of sounding all the same.

The use of distortion is not all bad. By combining post-punk and shoegazing, Weekend has created a unique soundscape that is bleak yet beautiful. One great example of this is "Monday Morning," the third track on the album. The song manages to recreate the feeling of a Monday morning — when one listens to the song, it seems as if the day should be foggy, rainy and accompanied by the prospect of the long week ahead.

Through the hazy and bleak songs, "Sports" still has plenty of energy. "Coma Summer" takes all of the aspects of the band, layers them over one another and then kicks it into overdrive, which is sur-

prisingly effective even though there are only three band members.

"Age Class" brims with power and rhythms that drive the song forward, while "Monongah, WV" incorporates swelling and falling guitars.

"Sports" does have plenty of emotion in its songs, but is not angry. With Weekend's punk-rock leanings, this album could have been filled with screams and hate. Instead, the band has created a sound that is gentler than that of other shoegazers.

Overall, Weekend has created a new, interesting sound in the shoegaze genre. "Sports" is bleak and haunting, but also has energetic moments. All of these aspects combine with Weekend's layered sound to create an album that remains entertaining despite its flaws.

For regular listeners of shoegaze music, many of the idiosyncrasies of "Sports" will hardly be surprising, making the album a must-have for enthusiasts and a good starting point for interested listeners.

MITCHELL GELLER | MAKES IT RAIN

The Great Emancipator



A week ago today, the world woke up to a gift from a Pittsburgh-based former biomedical engineer. Gregg Gillis, better known as Girl Talk, unleashed his fifth LP, "All Day," free of charge on his label's — Illegal Art — website, and further cemented his importance in the modern musical landscape.

The album, which basically amounts to a 71-minute pump-up track, consists of over 370 samples, arranged by Gillis in bizarre, hysterical, inspired ways that boggle the mind and make spastic dancing the only option.

But what, you might be wondering, does this have to do with commercial hip-hop? Does Girl Talk "make it rain"? Yes. Yes he does. While he's never actually sampled the Fat Joe song of that name, Girl Talk has arguably done more for hip-hop in the past few years than any other DJ, recording artist, record label or biomedical engineer, for that matter.

Everyone loves Girl Talk: you, your sister, your roommate, your mom and even your lawmakers (seriously — he was discussed at a congressional hearing on copyright laws a few years ago). But what is his music? It's hip-hop lyrics layered over pop and rock melodies. Would your mom listen to The Notorious B.I.G.? Not bloody likely, but her favorite Girl Talk moment is probably 1:36 into "Smash Your Head," the fifth track on "Night Ripper" (2006), when "Juicy" (1994) is mixed with Elton John's "Tiny Dancer" (1972).

Girl Talk gets people out of their comfort zones and exploring new things. As I listen to "All Day," I constantly find myself Googling lyrics, discovering songs that I might not have otherwise ever heard. He frees these songs from obscurity, from the vaults of time and from his listener's preconceived notions of what they might be, changing the way we interact with our music.

In this way, he's following in the footsteps of Abraham Lincoln.

Our 16th president was known as the Great Emancipator. What he did to earn that oh-so-catchy nickname was inarguably more important than what Gregg Gillis does, but the thread between the two men's acts is stronger than my stupid metaphor would have you believe.

Both men accomplished feats that, before they did them, seemed impossible — albeit on very different scales. Lincoln's freeing of the slaves wasn't a little thing; it was a huge deal. The effects of the Emancipation Proclamation are still being felt today, and the fact that he was able to do what he did continues to inspire Americans.

Similarly, Girl Talk attained a level of success and fame unimaginable to other participants in the mashup/remix community. He has thus far avoided being sued into oblivion by any of the artists that he's sampled, and he has become something of a folk hero in the battle surrounding copyright laws. He, like Lincoln, has inspired a generation to act, no doubt acting as the impetus for thousands to learn to create ridiculous mashups of their own. And who knows, maybe one day one of these Girl Talk-inspired, amateur mashup artists will end up in government and actually change the highly flawed copyright laws.

Both Lincoln and Girl Talk have opened our eyes to truths that we had previously been blind to. One changed the course of American history, while the other changed the way we think of modern commercial music. Both, ultimately, are American heroes we can be proud of.

KRS-One once said, "Rap is what we do, hip-hop is who we are." Abraham Lincoln and Girl Talk might not "do" rap, but both men are undeniably hip-hop.

As of this morning, you can't dance to the Gettysburg Address — the "remixes" on Youtube.com are misleadingly titled — but I'm sure that Girl Talk could make it happen.

Mitchell Geller is a senior majoring in psychology and English. He can be reached at Mitchell.Geller@tufts.edu.

INTERVIEW | CHRISTOPHER MELONI AND NEAL BAER

'Law and Order: SVU' looks at date rape, drinking

BY BRIONNA JIMERSON
Senior Staff Writer

Wednesday night's episode of "Law & Order: SVU" focused on the prominence of date rape and underage drinking on college campuses, an issue that is finding its way to the forefront of the non-collegiate public consciousness. TV and film actor Christopher Meloni, who portrays the charismatic Detective Elliot Stabler, and Executive Producer Neal Baer took part in a roundtable phone interview to discuss the significance of the episode and its subject matter.

Question: Why is this episode just now being made?

Christopher Meloni: What we usually do, we just try to touch on subjects that are relevant to what is happening, and there have been many cases of sexual assaults in all areas of the country.

Q: Do you think the show makes a difference in the awareness of violence, or is it possible that people are become desensitized to violence through shows like "SVU"?

CM: I've had survivors of sexual assault, both male and female, come up to me... They thank us for what we do, and what we do is confront issues that people are all too quick to sweep under the rug or just not confront because it's very uncomfortable and very unpleasant.

Q: In season two episode "Consent," the female rape victim does not find "justice," other than the expulsion [from college] of

the men involved. How true to life would you say this is, and what does it say to female college students?

CM: Unfortunately, it happens an awful lot and, I mean, it is always very difficult if it's a he-said she-said situation. It is very difficult to convict with that as a basis. I have heard prosecutors say, "If there's alcohol involved with a rape victim they find it very difficult to proceed simply because, you know, there's going to be doubt in the jury's mind."

Q: So the presence of alcohol blurs the legal lines.

CM: It is considered, if people were drinking and mistakes were made, there is a sense of remorse on the victim's part. For our show, when it ends on a sour note ... justice was not quite served. I think that unfortunately it is a very real aspect of what happens in our justice system.

Q: How do you hope the episode will influence the viewers, and is there a central message that the episode is trying to convey?

Neal Baer: Sure, there is. I hope that it really brings the issue to the forefront that we need to talk about alcohol abuse on college campuses and its relationship to date rape. This is a problem that is not talked about and we want that problem to be discussed.

Q: In the show, the campus security administration is portrayed as ineffective in providing justice for sexual assault cases. Do you think turning to the legal system is a viable and necessary alternative?

NB: I think that we have to discuss this on campus, you know, to understand why and if cases ... are not being reported. I have heard anecdotally that colleges downplay these cases by taking them through their disciplinary committees as opposed to getting the outside police involved.

Q: Why has it taken 12 seasons and more than 250 episodes to come to this issue, which is one of the most common forms of sexual assault?

NB: I think it is because I did not really hear about it until maybe about a year ago. I do think it is very interesting that it took us 12 years to do this show, which is out there and I think it is because even though it is out there it has not gotten enough traction. Maybe it is also because my son is in college now so my views and my direction have turned to that as well.

Q: Why do you think college students are so unlikely to report being raped?

NB: Peer pressure and the fact that alcohol is often part of it — it is fuzzy, murky, no one can remember for sure what happened, you know, people are impaired. They do not know if they consented or not, so alcohol mixed in makes things very complicated. Then I think there is a lot of peer pressure as well that someone does not want to say this because they may be seen as "narc-ing" on a friend. There's a lot of pressure that accompanies being in college, and when it comes to your body, this is where I think you all have to take the reins and say that it's not okay and change the norms, and say, "Peer pressure be damned."



TONIGHT



Interfaith Thanksgiving



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Tufts Interfaith Center
At 58 Winthrop Street**

Come enjoy a night of great food, conversation and giving thanks to members of the Tufts Community

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P.O. Box 53018, Medford, MA 02155

617 627 3090 FAX 617 627 3910

daily@tuftsdaily.com

EDITORIAL

Statistics for statistics' sake

The Tufts Community Union (TCU) Senate conducts a student body-wide survey each semester to ascertain the level of support for the Senate's initiatives and proposed projects. In this semester's survey, e-mailed to students on Wednesday, students were asked questions in order for the Senate to gauge student support on topics ranging from the creation of an Africana studies department to the new sexual assault policy and the possibility of creating a communal kitchen.

A key purpose of sending out a survey to the student body, senators say, is to figure out whether the student body actually supports the work the Senate carries out. It is therefore a bit difficult to understand why the Senate two weeks ago voted in support of backing an Africana studies major and department and last night voted on the kitchen resolution when the survey results will not be available until next month.

In previous years, senators have placed a high premium on the survey's usefulness as a feedback system for the Senate, but they have also stated that the survey results are not generally used as a means to start new initiatives.

Last fall, the Senate enlisted the help of the "Public Opinion and Survey Research" course to make that semester's survey as statistically sound as possible and to make sure it accurately reflected student opinion.

Voter turnout that semester hit 28 percent but fell considerably in the spring, partly as a result of less effort invested in getting students to vote.

The Daily wonders why the Senate does not make the most out of its semesterly student survey. TCU President Sam Wallis, a senior, ran his campaign on the promise of supporting students' needs and better reflecting their needs in Senate projects. The student survey is an excellent way of getting the necessary information to carry out this goal.

TCU Parliamentarian Dan Pasternack, a senior, said that the survey is partly used to get "extra backing" for certain projects, and in previous years, senators have commented on its value in encouraging the Senate in acting on their current projects. Yet it seems like some Senate members have at times used this survey as a way to justify carrying out the projects they already have their minds set on.

This year, they have gone so far as to skip even this step by speeding along on the kitchen project decision — a resolution in favor of the idea was approved last night — before they even know if they have student support for it. The same happened with the Africana studies resolution, which the Senate chose to approve long before student support was gauged.

Surveys can also act as a way to make the student body feel heard. It becomes a prob-

lem, however, when this is only a perception rather than a reality. Students do have the ability to submit comments, suggestions and project ideas to the Senate year-round. This is the reason Pasternack gave for not including a comment section on the online survey. And junior Tomas Garcia, the TCU historian and the chair of the Senate committee in charge of administering the survey, said senators plan to go door-to-door in the dorms to get a more personal sense of student opinion.

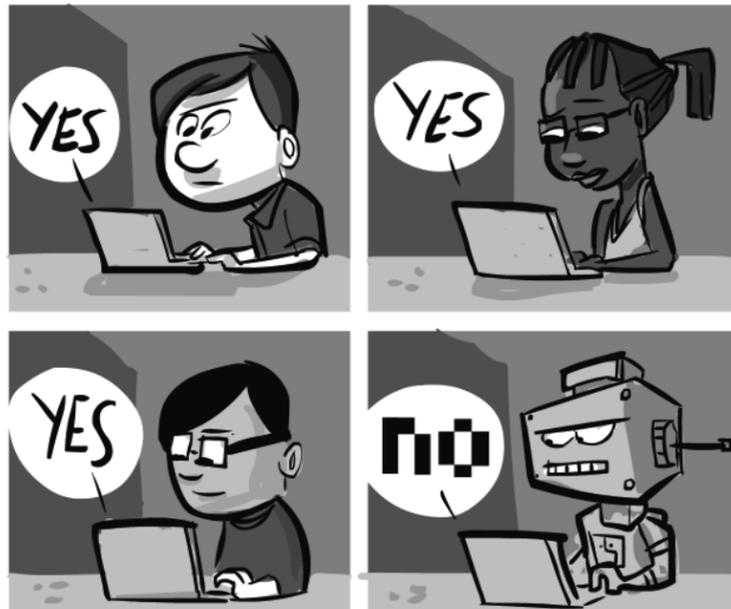
Still, we believe the Senate's reluctance to get as much and as accurate student opinion as possible is disconcerting. The survey should be used to evaluate current and upcoming senate projects. It should be used to see what is on students' minds even if there already exists an online comment submission forum — a line of communication that most students are likely unaware of. And it should be conducted in a more professional manner that represents a cross-section of the student body and systematically prohibits students from voting more than once — two things it fails to accomplish this semester.

The survey should most definitely not be a mere charade to be implemented and disregarded at the Senate's will. Having already experienced the difference some extra effort can make — as it did last fall — it is irresponsible to not continue this practice.

LOUIE ZONG

TCU SENATE SURVEY

22. Do you feel that the information in your courses is inclusive of your racial and/or ethnic identity when applicable?



LETTERS TO THE EDITOR

Dear Editor,

I just want to say that the article about Matthis Chiroux that ran in the Daily on Nov. 16 made my stomach turn. Did you even have anyone do background research? Maybe find out that he was in Afghanistan a cou-

ple weeks and didn't leave the base? Maybe look at the article and see it as a jumble of illogical nonsense? Oh, but it's OK! You ran a "counterpoint" about the nice veteran at Carmichael who talked about cooking for soldiers during Vietnam. As a member of Army Reserve Officers' Training Corps and a

friend of quite a few veterans, I think you should at the very least publish an apology for such shoddy journalism.

Sincerely,

Charles Finn
Class of 2011

Dear Editor,

In response to the Nov. 16 Daily article about Matthis Chiroux:

The history and behavior of my son, Matthis, has been extremely hurtful to our family who has also suffered incredulous, untrue accusations by him. The Chiroux family has served honorably in our armed forces in every generation we have had the privilege of being U.S. citizens. Based on my son's extensive, sealed juvenile file and our long history with him, each and all statements of fact made by him should be viewed with serious reservation, and any opinions stated by him should be viewed against his factual experience and education. In deference to our family and our family's long service to our country, the greater community of veterans

has come to refer to him simply as "Matthis," which is sufficiently unique, to minimize the repeated shame heaped upon the Chiroux family, again a sufficiently unique name.

To ensure correct record, while serving in the U.S. Army my son was stationed in Japan and Germany. As a journalist he was sent on assignment, measured in days, once to Palawan, in the Philippines, and once to Kabul, and was never in Iraq. To my knowledge, at no time was he ever in serious danger and therefore would have no direct experience to justify an opinion on the experience of combat soldiers and the aftermath of their service to our nation. Matthis was always neutral or positive about his service until after his discharge, when he was called back to active duty for assignment to Iraq as a

journalist and refused to go. It seriously pains us when we see that he has persuaded another media outlet to allow him the use of their credible voice to spew his largely baseless rhetoric.

Matthis has said many times, "The truth must be heard." But time and time again I hear him distort and twist it. I love my son very much and I genuinely miss him, but will no longer tolerate him lying and distorting the truth. I am aware that my son is very charismatic and can be very charming, but there have been many instances in recent times when Americans, and rightly so, have said, "The parents must have known, they should have said something." I have.

Sincerely,

Robert C. Chiroux

On Israel-Palestine, Tufts should host inclusive debates

BY ILYA LOZOVSKY

Having recently returned to Tufts as a Master of Arts in Law and Diplomacy candidate at The Fletcher School of Law and Diplomacy, I was happy to discover a vibrant debate about the Israeli-Palestinian conflict taking place on campus. Many members of our community feel strongly about this issue — some for deeply personal reasons — and it has been gratifying to witness what has been a respectful and tolerant discussion.

However, I have been disappointed to find that the commitment to open dialogue is often quite superficial. In particular, I am referring to the recent talk by Israeli journalist Gil Hoffman, who, as reported in the Daily on Thursday, offered a “positive take” on the future of Israel.

Hoffman spoke at length about Israel's democratic character, its liberal society, its high-tech economy and its responsible environmental stewardship. All true. But he made no mention of its discriminatory application of laws, which

often makes it impossible for Arab citizens to obtain building permits and leaves them vulnerable to arbitrary eviction from their homes. He overlooked the slow strangulation of increasingly overcrowded Arab towns, whose land has been appropriated by the state, whose provision of basic infrastructure like water and electricity lags far behind Jewish areas and whose expansion is blocked by highways, nature reserves and military zones. There was no discussion of the systemic inequality of Israel's education system, both in provision of resources and in its politicized content.

None of these practices would be tolerated in the United States by an enlightened liberal audience — but in discussions of Israel, they are somehow overlooked.

This is all to speak only of Israeli Arabs who are officially recognized as citizens of the state. Hoffman's discussion of Israel's occupation of the West Bank was even more one-sided. Though claiming — in heartfelt, mournful tones — to be concerned with the rights of the occupied Palestinians, he dis-



JUSTIN MCCALLUM/TUFTS DAILY

missed Israeli settlements as a non-issue, claiming they have taken over only 1.7 percent of the West Bank — a ridiculous assertion that a five-second Google search will immediately disprove. In fact, the territory known as “Area C,” which includes Israeli settlements, associated Jewish-only bypass roads and security zones, comprises over 59 percent of West Bank land, slicing Palestinian areas into non-contiguous chunks surrounded by barriers and checkpoints. The

occupation has a profound effect on the lives of Palestinians who have lost homes and livelihoods, who must undergo humiliating security checks by a foreign military force, who have been viciously attacked by armed settlers and whose economy — as reported by the World Bank — is strangled by onerous restrictions on movement and trade.

Hoffman movingly described his joy at being able to raise his two Jewish children in historic Jerusalem, a dream denied to generations of his ancestors. But when a Palestinian student in the audience described her family members' dream to return to Jaffa, from where they were expelled when Israel was founded, Hoffman disavowed any Israeli responsibility — it was all the fault of the Palestinian leadership. This is not to make excuses for them, either: There is plenty of blame to go around. But this is precisely the point. Any honest discussion of the conflict must recognize the legitimate narratives of both communities, even if they cannot be reconciled.

Israel is a home for the Jewish people, who suffered thousands of years of exile, and it is the freest society in the Middle East, with a proud history of remarkable achievements. It is also a country of deeply rooted discrimination that is stifling the national aspirations of another long-suffering people. Hoffman is certainly free to come to Tufts and acknowledge only one of these narratives. Some Palestinian presentations have been similarly one-sided. But in what sense does this tedious tit-for-tat enlarge the discussion?

I know that Tufts is capable of hosting debates that will enrich our capacity for compassion and empathy rather than impoverishing our collective moral imagination. Our university's motto, after all, translates to “Peace and Light.” Let's recommit to embodying it.

Ilya Lozovsky (LA '06) is a graduate student pursuing a Master of Arts in Law and Diplomacy at The Fletcher School of Law and Diplomacy.

OFF THE HILL | HARVARD UNIVERSITY

Fearmongering about Sharia law in America needs to stop

BY AVISHAI D. DON
Harvard Crimson

There are approximately 30000 Muslims in the State of Oklahoma. And apparently, the State of Oklahoma thinks they're up to something.

Oklahoma voters recently ratified a state constitutional amendment that prohibits judges from considering Sharia law in their decisions. The proposal was bolstered by a case in New Jersey in which the court considered Sharia law in its decision to deny a Muslim woman a restraining order against her sexually abusive ex-husband. That decision, thankfully, was overturned on appeal. But it was enough to drive seven out of [10] Oklahoma voters toward the “Save Our State” Amendment,” to “save” Oklahoma from, in the words of the bill's main author, Muslims who desire nothing more than to take away “liberties and freedom from our children.”

The Oklahoma chapter of the Council on American-Islamic Relations is currently challenging the constitutionality of this amendment, and rightfully so. But the law exemplifies something

far more insidious than bad public policy. Quite simply, there is a dangerous amount of ignorance in the United States about what Sharia law actually is. And until this misconception is corrected, as another concerned columnist so eloquently put it, the war on global Islamist terror will also continue to be a war on American Muslims.

Particularly during the Park51 controversy this summer, a wave of hysteria swept the country over the prospect of Sharia law on American soil. Following reports that the imam behind the Islamic center considered the United States a “Sharia-compliant” country, right-wing commentators labeled the man a “radical” and bashed his ostensible support for “bringing Sharia law to America.” Park51 protestors ferociously waved signs featuring the word “Sharia” in dripping blood-red paint. And during her campaign, Sharron Angle infamously referred to the possibility of Sharia law in the United States as a “militant terrorist situation.”

Their scorn for Sharia, of course, does not emerge from a vacuum. Practitioners of Sharia in countries like Iran and Afghanistan, the headlines tell us, stone adulterous

women, cut off thieves' hands, and physically mutilate wives for running away from their husbands. In addition, many on the right look to Britain, where the government officially sanctions Sharia courts. The main author of the Oklahoma bill referred to the British courts as a “cancer” and considers his amendment a “pre-emptive strike” against an ideology that seeks to subvert the “Judeo-Christian principles” upon which America was founded.

Unfortunately for him, however, Sharia has already made it to our shores. Sharia — meaning “the path” — is far from merely a penal system and is far from monolithic. Every single behavior in a devout Muslim's life is regulated by the jurisprudence of the Koran and the Sunna, the Prophetic tradition. There at least five major schools of jurisprudence and myriad philosophies within each school. So although the word “Sharia” may conjure images of floggings and female circumcision, for the vast majority of American Muslims, life under Sharia is about as oppressive [as] raising a family, doing community service, and abstaining from alcohol.

Furthermore, the framework for sanctioning Islamic tribunals in the

United States has existed for years. As one legal blogger notes, Sharia courts — such as those in England — fall under the category of “alternative dispute resolution” mechanisms. If two parties in a dispute agree to abide by the decisions of a third party, the government must enforce that third party's decision so long as it does not violate public policy or the law. In the United States, resolutions like this can take secular form in arbitration, religious form in Orthodox Jewish Beit Dins, and entertaining form in popular shows like “Judge Judy.” There is nothing frightening about this, and certainly nothing “militant.”

So what of the apparent fear that, if given a toehold in America, Sharia courts will establish a “parallel legal system” that enshrines honor killings and spousal abuse? Twenty years ago, in *Employment Division [Department of Human Resources of Oregon] v. Smith*, the Supreme Court precluded this fear by ruling that absent a compelling state interest, religious law cannot override secular law. As [Justice] Antonin G. Scalia wrote for the majority opinion, it would contradict “both constitutional tradition and common sense” to “make an individual's

obligation to obey” the law “contingent upon the law's coincidence with his religious beliefs.”

To be sure, there is still a compelling question as to how voluntary these courts are in some cases. Often in Britain, writes one editorialist for “The Guardian,” Muslim women face tremendous community pressure to accept decisions that are clearly biased against them. But the United States can deal with issues of duress individually. It should not impact the rights of Muslims who genuinely desire to resolve their financial and civil disputes among themselves.

During his recent visit to Indonesia, President Barack H. Obama reiterated that America is not at war with Islam. But we must go even further: America is not at war with Sharia, either. Sharia is the Islamic legal code, a code that Muslims have every right to arbitrate under as long as their decisions do not violate American law or public policy. It's that simple. And frankly, it is absurd to think that fear should prevent the United States from awarding Muslims the same rights it awards to Orthodox Jews and contestants on “Judge Judy.”

OFF THE HILL | UNIVERSITY OF MINNESOTA

The FDA's fear-based labels

BY RAGHAV MEHTA
Minnesota Daily

[On Nov. 11] as a part of an effort to prevent tobacco use, the U.S. Drug and Food Administration [(FDA)] unveiled and proposed 36 warning labels to appear on cigarette packages by late 2012. Unsurprisingly, the labels have generated a bit of a controversy. Their “graphic” content depicts everything from a mother cavalierly blowing smoke onto her baby to a pair of disease-stricken lungs set alongside captions spelling out the hazards of cigarette use.

While the FDA's good intentions are commendable in some capacity, the cynic inside me can't help but do anything other than roll his eyes. Now I don't mean to be insensitive or downplay what are the obvi-

ous health hazards associated with tobacco use, but the FDA's strategy here isn't just head scratching, it's downright laughable.

First off, unless you've been living on the moon for the past three decades, suffer from some uniquely dangerous case of ignorance, or spend most of your waking hours in an ether-fueled stupor, the effects of tobacco use should in no way surprise you. Since their days of recess and long division, every John and Jane Q. Public has endured a fair share of negative campaigning addressing the dangers of cigarettes. The facts are already lodged deep within our society's cultural conscience, and this proposal is yet another glaring example of the federal government's rankling relentlessness. But it's an approach so

inane, so staggeringly stupid, you'd only expect to see it in a faux article in *The Onion* or maybe, oh I don't know, on Glenn Beck's show.

According to U.S. Assistant Secretary for Health Dr. Howard Koh, the labels — which are required under a tobacco regulation bill passed last summer — are aimed to “reinvigorate the national commitment to ending the tobacco epidemic.”

But if the FDA's idea of reinforcement is a prevention strategy that employs fear through over-the-top, worst-case scenario images to evoke an emotional response, then I think we have bigger problems that warrant our attention.

While we're on the topic of epidemics, what about the country's alarming rise in obesity rates? In a

2009 report from the Centers for Disease Control and Prevention, obesity rates accounted for a little more than a quarter of the U.S. population and are often highlighted as a “factor contributing to several leading causes of death including heart disease, strokes, diabetes, and several types of cancer.”

Applying the same rationale, why don't we attach pictures of obstructed coronary arteries and enlarged hearts onto bags of fast food while we're at it?

And how did we overlook alcohol? As our public's moral overlords exhaust themselves relentlessly beating the proverbial drum with anti-smoking campaigns, glamorous advertisements celebrating the wonders of alcohol — a substance equally as dangerous

and responsible for thousands of deaths each year — run rampant, saturating nearly every sector of our society.

So while cigarettes get treated with redundant slide shows of doom and gloom, alcohol distributors get rewarded with four hours of ad space during the Super Bowl and a couple hundred cutesy promotional billboards, just so long as they remember to remind consumers to “Drink responsibly.”

It's entirely possible that the warning labels could be effective. But the issue at hand isn't efficacy; it's the fear-based approach the FDA is taking. If you decide to quit smoking: Good for you, Mazel Tov. But just don't do it because some tasteless warning label inspired you.

Housing	Housing	Housing	Housing	Housing	Wanted
3BR Apt for Rent Furnished, quiet and bright 3 BR Apt-21 Day St, Somerville (near Davis Sq), avail 2/1/11, space for 3 students or family + living room, dining room, eat-in kitchen, dishwasher, washer/dryer, hard wood floors, 1 car off-street. pkg, \$ 2,175/mo excl. electricity and gas. Contact: bernhard.ehrenzeller@uniscg.ch	has hardwood floors throughout the apartment, along with a new fully appliance kitchen with a dishwasher, disposal, fridge, stove & over the stove microwave. Non-coin-op laundry and additional storage in basement. Off-street parking included. \$3,250/month. Available June 1, 2011. Call Angela at 617-852-2215 or e-mail: angelam@darinassociates.com to set up for a showing.	Apts for Rent Well located. Available school year 2011-2012. 4 bedrooms. one 5 bedroom. one six bedrooms. call 617-448-6233	42 Bromfield Rd, 4 BR APT Somerville, nearby to Lower Campus Road & Dearborn Road. It has hardwood floors throughout the building. Also, 6 bedroom+4 bedroom equals 10 bedroom same building. call 617-448-6233	College Ave 5 BR Apt 2 1/2 Baths, kitchen, living room, off-street parking, w/d basement. Available June 1, 2011. Rent: \$3250. First and last month rent required. Tenants pay utilities. Larger apts available. Call Guy (617) 590-7656.	\$\$ SPERM DONORS WANTED \$\$ Become a California Cryobank donor and earn up to \$1,200/month, receive free health and infectious disease testing, and help people fulfill their dreams of starting a family. Convenient Cambridge location. Apply online: SPERMBANK.com
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Slew of first- and second-place finishes leads Jumbos to victory

MEN'S SWIMMING continued from page 12

mance, winning the 50-meter freestyle.

Among the victors for the Jumbos were senior Zed Debbaut in the 100 breaststroke and sophomore Brian Marko in the 200 butterfly. Tufts' other first-place finisher was Schmidt, who again finished one-two with Stack in the one-meter and three-meter dives.

Several Jumbos swam to second-place results — Lessard did it twice, and freshman Andrew Berman and junior EJ Testa each did it once. Testa, Debbaut, Jenkins and freshman Eric Douglas finished second in the 200 medley relay.

Strittmatter, Altman and Rood came in second through fourth in the 200 freestyle.

So far, Tufts' swimmers have shown that they have both the physical ability and the desire necessary to attain success.

"We're in good shape," Jenkins said. "A lot of our guys got in the water early on in September, have been swimming all summer and have been hitting the weights real hard. That's paid off because you can tell that we're finishing

races that other teams aren't because we've got that wind."

"Racing down to the finish is probably the best thing that we've been doing so far," junior Drew Madore said. "When it's close right up to the end, when it's neck-and-neck or even when our guy is a little bit behind, we've been pushing and pushing for those last 10 yards to win the race."

Madore also explained that on this team, each swimmer's job is not done once he finishes his own race.

"We always do a great job of cheering each other on," he said. "Even when everyone is exhausted from their own swims, they're not sitting on the bench — they're still up on the side of the pool, cheering on the people who are swimming."

The Jumbos' next big challenge will be the Dec. 3-4 MIT Invitational, which will feature some of the best teams from the New England area. Tufts last year placed second out of seven teams at the meet.

"We're going to have a lot of really good competition there — top nationally ranked teams," Jenkins said. "It's going to be a lot of fun, and it will show who we are on a bigger scale."



DAILY FILE PHOTO

The men's swimming and diving team started the season in perfect form with a weekend sweep of Middlebury, Conn. College and Bates.

Jumbos strike gold with freshmen, but improvement still needed

WOMEN'S SWIMMING continued from page 12

The highlight of the day for the Jumbos came from first-year Jenny Hu, who won both breaststroke events, the first two col-

WOMEN'S SWIMMING AND DIVING (1-2 NESCAC, 1-2 OVERALL)

at New London, Conn., Saturday

Tufts 132
Middlebury 160

Tufts 142
Conn. College 150

Hamilton Pool, Friday

Bates 96
Tufts 183

legiate victories of her career. Hu won the 100-yard event with a time of 1:10.30, finishing seven-tenths of a second ahead of Conn. College junior Erika Fernandes. Hu also edged Fernandes out by less than half a second in the 200-yard race, touching the wall at 2:34.22.

Fellow freshman Sami Bloom excelled in her debut on the diving board, winning two events and thoroughly dominating the competition in the one-meter dive. Bloom's 211.90 mark in that event was 21 points higher than that of Middlebury first-year Colleen Harper, the runner-up.

Three Tufts first-years — Jen Konick, Ellen Gage and Mia Greenwald — joined senior Maureen O'Neill to win the 200-yard medley relay with a time of 1:52.89.

"We knew from the start of practices that the freshmen were going to be a fabulous addition to the team, and they really proved that this weekend," Sperry said. "Jenny, Mia and the other girls really pushed hard and got us a lot of big wins."

The Jumbos enjoyed better results in Friday's home meet against Bates at

Hamilton Pool. Tufts won 11 of the 16 events en route to a convincing triumph by a score of 183-96.

In addition to more stellar performances from the team's freshmen, senior tri-captain Megan Kono contributed two victories in the 200- and 500-yard freestyle events. Kono posted a time of 1:59.54 in the 200 and 5:18.83 in the 500. Kono's sophomore teammate, Christine Garvey, gave Tufts a one-two finish in the 200, coming in less than a second after Kono at 2:00.11.

Sophomore Amelia Rapisarda had a good weekend, setting personal best times in three events, including a 2:21.37 in the 200-yard backstroke, which was good for third place in an event in which the Jumbos swept the top three spots.

Tufts' only struggles against Bates came in the freestyle sprints, both of which were won by Bates senior co-captain Charlotte Green. Sperry believes that the Jumbos will fare better in future short-distance events as they continue to practice the techniques involved.

"We're definitely going to work on swimming to the wall before our next meet," Sperry said. "That means we want to really beat the other teams to the finish at the wall, not just in the middle of the pool and at the flags. The last 10 yards are really important, and we're going to practice that."

Overall, though, the Jumbos were encouraged by their performance over the weekend. That is in part because of the potential displayed by the team's first-years, but also because of the spirit that the team as a whole showed in cheering on its members from the deck.

The Jumbos will rest up over Thanksgiving before returning to action against Wellesley at 7 p.m. on Dec. 1 in Hamilton Pool. The break should give Tufts a chance to catch its breath after a period of grueling workouts, and the team expects to return fresh and ready.

"We're doing great, and we really just need to keep up this level of intensity," Adams said. "If we do that, I truly believe we're going to have a phenomenal season."



POWER RANKINGS

COMPILED BY THE TUFTS DAILY

After the first weekend of winter sports, the power rankings for the season are finally starting to take shape. Thanks to unanimous showings in both women's basketball and women's hockey, Amherst regained the top spot after a one-week hiatus. Former No. 1 Williams was bumped down to second, but only by .25 points.

Middlebury and Bowdoin switched places at third and fourth, while Bates, thanks to a fourth-place finish from men's basketball, remained in fifth. Tufts was the week's biggest mover, heading up to No. 7, thanks in large part to its men's hockey team's big win over Middlebury. Trinity, on the other hand, fell from sixth to ninth.

Hamilton was unable to move up and remained stuck at eighth, while Conn. College and Wesleyan switched places in the bottom two slots.

THIS WEEK	SCHOOL	MEN'S BASKETBALL	WOMEN'S BASKETBALL	MEN'S HOCKEY	WOMEN'S HOCKEY	AVERAGE	LAST WEEK
1	AMHERST	4.80	1.00	2.60	1.00	2.35	2 ↑
2	WILLIAMS	1.00	2.60	2.20	4.60	2.60	1 ↓
3	MIDDLEBURY	2.00	5.80	5.40	2.20	3.85	4 ↑
4	BOWDOIN	5.60	5.00	1.60	4.40	4.15	3 ↓
5	BATES	4.00	7.80	—	—	5.90	5 ↔
6	COLBY	4.20	3.40	9.00	7.60	6.05	7 ↑
7	TUFTS	8.40	5.20	5.20	—	6.27	9 ↑
8	HAMILTON	—	—	6.40	7.00	6.70	8 ↔
9	TRINITY	7.20	8.00	7.80	4.00	6.75	6 ↓
10	CONN. COLLEGE	9.40	9.60	6.60	5.20	7.70	11 ↑
11	WESLEYAN	8.40	6.60	7.60	9.00	7.90	10 ↓

The poll was devised as follows: Each voter ranked all NESCAC schools in each sport, and those scores were averaged to create a composite ranking for each sport. The composites were then averaged to determine each school's overall ranking. Note that Hamilton does not compete in men's and women's basketball in the NESCAC, Bates does not compete in men's and women's hockey and Tufts does not compete in women's hockey.

This week's list was determined by polling Amro El-Adle (Amherst Student), James Reidy and Seth Walder (Bowdoin Orient), Katie Siegner (Middlebury Campus), Ann Curtis and Emily Gittleman (Trinity Tripod) and Alex Prewitt (Tufts Daily).

DESIGN BY STEVEN SMITH/TUFTS DAILY

After epic shutout in opener against Middlebury, Tufts falls to Williams

HOCKEY

continued from page 12

friendly crowd of 1,700 at Kenyon Arena — the Jumbos knew that they would be hard-pressed to extract anything positive out of the hostile environment.

After a scoreless first period, Tufts came out firing just two minutes into the second period. Senior quad-captain Dylan Cooper pounced on a rebound at the far post, slotting a shot past freshman goalie Nick BonDurant, who was making his collegiate debut.

“It was an easy tap-in goal,” Cooper said. “[Senior quad-captain Tom] Derosa cut across the slot and took a hard shot on goal, and the puck just bounced to me at the back door and I slammed it in. It was just about being in the right place at the right time.”

Middlebury immediately went on the counteroffensive and tried to take advantage of three power-play opportunities later in the period, but they were consistently denied by junior quad-captain goalie Scott Barchard, who made 29 saves to pick up where he left off in a record-setting 2009-10 season. In contrast, Tufts took only 15 shots, as Middlebury was constantly in and around the Jumbos' zone.

“It was a really well-played game by both teams, but we just got better every shift, and that's what we need to do to win games,” Barchard said. “The freshmen were especially improving, which was great to see and is what we need if we want to have a successful season.”

The Jumbos doubled their lead at the start of the third period as senior Zach Diaco pounced on another rebound and slapped the puck into the net from the high slot.

The goal served only as a momentary respite for Tufts, though, as Middlebury had several breakaway chances in the final frame. But Barchard stonewalled the hungry Panthers, and freshman Garrett Sider's empty-net goal locked up the win.

“The defense was a total six-man effort,” Barchard said. “Our



ALEX DENNETT/TUFTS DAILY

Senior quad-captain Dylan Cooper, pictured above in a game last season against Norwich, scored the first goal of the season for the Jumbos in a historic 3-0 win over Middlebury in their season opener. Tufts finished the weekend 1-1 after a 5-0 loss to Williams on Saturday.

forwards played incredibly, blocking so many shots in front of me and letting me see the shots that they couldn't block. Anything I can see, I have a good chance to save, and fortunately we were able to keep them out of the net.”

With the win, the Jumbos sent a message to the NESCAC that they are ready to be a major contender for the conference title. As much of a statement as the victory was, however, any Jumbos hockey fan would agree that the next day's trip to Williamstown, Mass., resulted in one of the worst defeats in recent memory, a 5-0 drubbing at the hands of the host Ephs.

Williams has been dominant early, outscoring opponents 10-1 in its first two games.

In Saturday's game, Williams set the tone right from the start, scoring the deciding goal within

15 seconds of the opening faceoff with a brilliant series of passes between forwards Ben Contini and John Wickman leading to a wide-open chance for sophomore forward Eric Rubino, who buried the puck past Barchard for a 1-0 advantage.

“The early goal just made us low energy for the rest of the period, and it really set us back,” Cooper said. “It took us getting down by two or three goals before we responded and picked up our play, and by then it was too late.”

From that point, Tufts' fate was eerily similar to Middlebury's the day prior. The Jumbos had nine power-play chances throughout the game and peppered the goalie with shots, looking to equalize. But much like Barchard the day before, Williams junior Ryan Purdy was a goalkeeper at the top

of his game, stopping 24 shots for his first shutout of the year.

“I think we just thought the game was going to be easy, easier than it actually was,” Barchard, who made 35 saves in the losing effort, said. “We were pretty tired, but we have to play hard every game no matter what. That's the nature of this league — it's one of the best conferences in Div. III, and any team can beat you on any day.”

The Jumbos' failure to score would come back to haunt them, as Contini, Wickman and Rubino worked a brilliant combination that led to Rubino getting his second tally of the game. Tufts pushed hard to get back into it, but the Ephs' penalty-killing kept coming up big. Williams managed to add a shorthanded goal from senior forward Connor Olvany to stretch its advantage to three.

Though the game was out of reach during the third period, Olvany and senior co-captain Matt Masucci collected the fourth and fifth tallies of the game, respectively, increasing the Ephs' already huge lead.

By the end, the Jumbos were anxious to return home and prepare for their home opener tomorrow against Curry. Even though they finished the weekend road trip with mixed results, they know they have the talent to compete with any team in the league, especially after their landmark win against Middlebury.

“We're really excited to finally come home and be comfortable at our own rink,” Barchard said. “Hopefully we'll get some support from the fans and start the home season off the right way.”

At Regis, Jumbos look to earn second win, first 2-0 start in NESCAC era

MEN'S BASKETBALL

continued from page 12

points and 17 rebounds. It was the most boards by a Jumbo since Pierce grabbed the same number in December 2008.

Junior tri-captain James Long also came up big in his new role, putting together a double-double with 12 points and 11 boards off the bench when sophomore Scott Anderson got into foul trouble early.

The underclassmen also stepped up, thriving when given the chance to prove

their worth. The bench combined for 34 points, something rarely seen in the past few seasons when scoring was primarily dominated by Pierce and Beyel. The Jumbos had five players hit double digits on the night.

“I think it is just a completely different dynamic with a lot of guys coming off the bench,” Long said. “We're definitely a lot deeper this year with guys on the bench we know can contribute both offensively and defensively. We changed a lot of things up, and we're going to be

running the floor a lot more. I think we just spread the ball around a lot more than last year and everyone's just getting their touches.”

Though the Thoroughbreds held a slight edge early on, their shooting fell off as the game moved on, and they finished at a poor 33.8 percent. The Jumbos, on the other hand, were both precise and efficient, shooting 50.9 percent and earning 25 second-chance points.

The visitors jumped out to a 24-18 lead on two free throws with a little under 10 minutes to go in the first half, but it was the last time the Thoroughbreds would be in control. Tufts came back to tie it at 24 on an alley-oop dunk by Orchowski from senior tri-captain Matt Galvin. The play ignited both the crowd and the team — effectively rattling Skidmore's shooters for the remainder of the game.

The teams exchanged baskets for the rest of the half, but a timely 3-pointer from Goldfarb put the Jumbos up 37-36 at intermission.

“We had a good talk at halftime about maintaining a high level of energy and not letting up,” Long said. “They had a couple guys that could really shoot the ball and we were drifting off them too far in the first half. ... Essentially, we were leaving shooters open. We had too many possessions in the first half where we would play good defense for 20 seconds and then give up an open 3. ... We just talked a lot about staying on shooters and preventing uncontested jumpers.”

The Thoroughbreds answered briefly in the second half, evening the score at 41 just three minutes in. But Tufts pulled away with a 7-0 run and never looked back, extending the lead to double digits. Though Skidmore cut it to six with a small run of its own,

Goldfarb put it away with a pair of 3s, making it 60-48.

After that, the Jumbos held strong defensively, never letting the Thoroughbreds within 10 points.

“At the end, we just stayed composed,” Goldfarb said. “Last year, we had trouble closing teams out once we had a lead. We had a couple bad turnovers late in the game, but overall we were able to stay focused and just hit our free throws.”

For at least one night, Tufts seemed to have solved the problems that plagued the team in 2009, including rebounding and distribution of scoring. But one issue reared its ugly head once again, as the Jumbos relinquished 27 points off turnovers — a total that will need to be quickly reduced. But Tufts has the tools to improve these issues, with a lot of young players proving their ball-handling skills throughout the game.

“I'd say the biggest thing we're going to have to do is take better care of the ball when we're trying to run on the fast break,” Long said. “We're trying to get out on the fast break a little more, and that's going to lead to some turnovers. ... I think some of that was first-game jitters, but we're going to continue to get out and run the ball more and we're just going to have to make better decisions on the break.”

Tufts on Tuesday will travel to Regis for its second game of the season and will look to feed off its newfound energy and team cohesion to start the season at 2-0 — something that the program has not done in the NESCAC era.

“We're all excited,” Goldfarb said. “As of now we don't know too much about Regis. We have great team chemistry this year on and off the court and we're just ready to turn it around this season.”

Wall sit record broken yet again

The Tufts wall-sit record has been crushed once again — and this time, it's a woman who has earned the illustrious honor of being wall-sit champion.

Junior Bri Cilley, an outfielder on the softball team, wall-sat on Friday for an astounding one hour, six minutes and 22 seconds.

“I did not intend to break any record, but we were having a competition with the women's tennis team and I didn't want to lose,” Cilley said. “We hit the 42-minute [record] and figured we might as well just break it.”

The Daily reported in October that senior Eugene Kim had set a new wall-sit record of 25 minutes that shocked the Tufts athletic world. But just a month later, freshman Ernie Melero raised the bar to 42 minutes, 26 seconds.

Now, five female Jumbos have gotten into the mix. Freshman Lauren Giglio, sophomores Rebecca DiBiase and Janice Lam and junior Lena Cantone all broke Melero's record,

with Lam as the lone tennis player to complete the challenge.

It shouldn't be surprising that a female holds the current record. The Guinness World Record in the discipline — 11 hours, 51 minutes — is also held by a woman — Dr. Thienna Ho. But Cilley's time is still jaw-dropping, at least to the Jumbos training staff.

“It is absolutely crazy,” strength coach Marten Vandervelde, who officiated the contest, said. “It's f----- absurd. I don't think anyone will want to break the record anymore.”

Kim, however, has yet to attempt a second wall-sit and has been quoted as saying that he is confident that he can last for at least an hour.

Stay tuned to tuftsdaily.com for more on this story, as before the end of the semester, we plan to stage the ultimate wall-sit showdown, complete with video, pre-game and post-game coverage.

—by Ben Kochman

MEN'S BASKETBALL

Hot-shooting guard Alex Goldfarb's golden touch gives Jumbos their first season-opening win in four years

BY CLAIRE KEMP
Daily Editorial Board

It seems that the 2010-11 men's basketball season may already be on track for success.

MEN'S BASKETBALL
(1-0 NESCAC, 1-0 OVERALL)
Cousens Gym, Saturday

Skidmore	36	31	—	67
Tufts	37	42	—	79

The Jumbos on Saturday night rallied in the second half to pull away from Skidmore for a 79-67 win at Cousens Gym. The victory marks the first time the team has won a season opener since 2006 — the last season Tufts posted a winning record — and the excitement among the team was tangible.

"I really can't even describe it," sophomore Alex Goldfarb said. "After last season, it feels great to start off on the right foot. We just have to take it one game at a time, though. We have a much deeper team this year, so we all need to keep working hard and keep getting better."

To the 400 fans present, the Jumbos looked like a completely new team. And after graduating their two leading scorers in Jon Pierce and Dave Beyel (both LA '10), they have practically become one.

Goldfarb came into the game as the only remaining go-to shooter, and he did not disappoint. Off the bench, the second-year guard went 4-for-5 from the 3-point arc and finished with a game-high 18 points. Junior forward Alex Orchowski — a transfer from Div. I Lafayette — lived up to his preseason hype as well, tallying an impressive 13

see **MEN'S BASKETBALL**, page 11



JOSH BERLINGER/TUFTS DAILY

Sophomore guard Alex Goldfarb, above in a game last season against UMass Dartmouth, on Saturday night went 4-for-5 from 3-point land and finished with a game-high 18 points as the Jumbos rolled to a 79-67 victory over Skidmore to start their season.

ICE HOCKEY

Historic victory gives way to harsh drubbing

BY DAVID MCINTYRE
Daily Staff Writer

The opening weekend for the ice hockey team in some ways mirrored the unpredictability of the sport itself.

ICE HOCKEY
(1-1 NESCAC, 1-1 OVERALL)
at Williamstown, Mass., Saturday

Tufts	0	0	0	—	0
Williams	1	2	2	—	5

at Middlebury, Vt., Friday

Tufts	0	1	2	—	3
Middlebury	0	0	0	—	0

After scoring a historic shutout against the defending conference champions on the road, the Jumbos were similarly swept aside by an even greater margin at Williams, returning home with a 1-1 record after the first weekend of the new season.

After getting demolished 6-2 by eventual champion Middlebury in the quarterfinals of last season's NESCAC tournament, ending the team's season, Tufts got its revenge on Friday. The team blanked Middlebury 3-0 to start the season with a bang and hand the Panthers their first opening-game shutout loss since 1940.

Middlebury entered Friday's contest leading the all-time series between the schools 16-2-3; the team was undefeated against Tufts since 1954. With that in mind — as well as a Panthers-

see **HOCKEY**, page 11

MEN'S SWIMMING AND DIVING

Wins prove Tufts is a formidable opponent

BY AARON LEIBOWITZ
Senior Staff Writer

The men's swimming and diving team on Friday and Saturday asserted itself as a NESCAC pow-

MEN'S SWIMMING AND DIVING
(3-0 NESCAC, 3-0 OVERALL)
at New London, Conn., Saturday

Tufts	209
Middlebury	90

Tufts	174.5
Conn. College	124.5

Hamilton Pool, Friday

Bates	81.5
Tufts	216.5

erhouse as it opened up its season, first blowing away Bates at a dual-meet and then trouncing Conn. College and Middlebury at a tri-meet.

Tufts hosted Bates at Hamilton Pool on Friday night and won 14 out of 16 events to cruise to a 216.5-81.5 victory. The Jumbos won 10 individual events, two diving events and two relays, while Bates won only the 100-yard backstroke and the 200-yard individual medley.

In both the 1,000 freestyle and the 200 butterfly, Tufts swimmers occupied the top three spots. Junior Joe McLoughlin took first place in the 1,000 free, while

junior Alex Strittmatter won the 200 butterfly.

Senior Andrew Altman had a stellar performance, winning the 50-yard freestyle and the 200-yard backstroke and teaming up with senior quad-captains Michael del Moro and Joe Lessard and senior David Meyer to win the 400-yard freestyle relay. Del Moro is also a news editor for the Daily.

Freshman Johan Schmidt and senior Trevor Stack finished first and second, respectively, in both the one-meter and three-meter diving events.

"We were expecting to win, so it was more about just getting out there for the first time and racing, and not really worrying about the score as much as clicking and winning together for the first time as a team," senior quad-captain Gordy Jenkins said.

The Jumbos on Saturday took on conference opponents Conn. College and Middlebury at Conn. College, beating them 174.5-124.5 and 209-90, respectively.

Conn. College notched nine first-place finishes while Tufts only had six, but the Jumbos gained the edge by consistently placing within the top four.

Altman, Meyer and Jenkins joined forces with junior Owen Rood to win the 200-meter freestyle relay. Rood also had a strong individual perfor-

see **MEN'S SWIMMING**, page 10

WOMEN'S SWIMMING AND DIVING



DAILY FILE PHOTO

After a convincing 183-96 win over Bates in Hamilton Pool on Friday night, the women's swimming and diving team just missed beating Conn. College and Middlebury in an exhaustive double-header on Saturday at Conn. College.

Jumbos encouraged despite 1-2 start to season

BY DANIEL RATHMAN
Daily Editorial Board

The women's swimming and diving team entered its first weekend of competition hoping to make its presence felt, both in and out of the pool. And although the Jumbos lost two of their three meets this weekend, their strong performances against Bates, Conn. College and Middlebury offered abundant promise for the future.

Saturday's doubleheader at Conn. College against the Camels and Panthers featured plenty of closely contested races. Unfortunately, the Jumbos lost both meets by narrow margins, falling 160-132 to Middlebury and 150-142 to the host.

"Our meet against Conn. College came down to the very last relay," senior Sarah Sperry said. "We had been swimming really well all day, but it's hard

to have two meets back-to-back, and we were just a little slower at the end."

"Conn. College and Middlebury are two of our biggest rivals, so it's disappointing to lose to them," junior Courtney Adams said. "At the same time, though, everyone swam really fast, and it's a great start to the season, so I don't think anyone is upset."

see **WOMEN'S SWIMMING**, page 10