

# Course Bulletin

<b>102187</b>	<b>Human Physiology</b>
Subject: CRBR	Catalog Nbr: 042A

<b>102313</b>	<b>Exercise Physiology</b>
Subject: CRBU	Catalog Nbr: 0731

<b>102358</b>	<b>Prin Of Biochemistry</b>
Subject: CRBU	Catalog Nbr: 0223

<b>102979</b>	<b>Population Dynamics</b>
Subject: CRBU	Catalog Nbr: 881H

<b>122478</b>	<b>Physical Activity, Nutrition, and Health</b>
Subject: NUTR	Catalog Nbr: 0272
2019 SPRG	Primary Kieran Reid
Kieran.Reid@tufts.edu	
<p>Inadequate physical activity and a sedentary lifestyle are thought to be important causes of many of the major diseases of developed societies, including coronary artery disease, stroke, hypertension, diabetes, obesity, osteoporosis, and arthritis. There has been an explosion of information over the past two decades on the health benefits of exercise. In addition, exercise and nutrition are closely linked, with each modifying the effects of the other. Athletes, for example, may have markedly increased needs for some nutrients, but not others. Exercise has potent effects on the metabolism of protein, energy, fat, and some micronutrients. In addition, exercise is an important form of oxidative stress, and the ability of nutrients to alter the effect of exercise is not well understood. Exercise and nutrition together offer an extremely powerful intervention for a variety of problems, including the frailty of aging, the wasting of AIDS, and the obesity that underlies most cases of diabetes and atherosclerosis. This course is designed to give students an understanding of the fundamental interactions between exercise and nutrition, and to offer students an opportunity to examine the application of nutrition to exercise and vice versa. Each lecture will also discuss how these factors are important in disease prevention, and where applicable, treatment. Undergraduate biology or physiology is recommended. Prerequisites: NUTR 202 or NUTR 245 and NUTR 0246 or equivalent is required and undergraduate-level physiology is recommended, unless exemption approved by instructor, and graduate standing or instructor consent.</p>	

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<b>122782</b>	<b>Globalization, Development And Humanitarianism: Ethics And Personal Transformation</b>			
Subject: NUTR	Catalog Nbr: 0279			
<p>(Cross-listed as DHP D238 (Fletcher School). This course challenges students to reflect on the moral and ethical ideas underpinning today's changing global interests and power. As we witness humanitarian crises and failed development efforts, we will consider ethical and moral values that support humanitarian and developmental interventions. We will consider the ethical implications that are inherent in the choice between justice and mercy, freedom and order and truth and loyalty. Students will analyze the moral and ethical underpinnings of ideas that promote new approaches to development and humanitarian action with a personal, academic and institutional perspective. Even as the world is coming closer together in the information age, divisions on the lines of regional, ethnic and religious identities continue to grow more pronounced and stark. This course will encourage students to articulate their personal beliefs and ethical values. As students move to become policy makers and stakeholders it is essential that they are grounded in an understanding of their own moral framework and also appreciate the differences that exist in their midst. Students will explore ideas of minimalist ethics, just wars, realists and liberal arguments around humanitarian and developmental intervention.</p>				

<b>128471</b>	<b>Foundations of Nutrition Science</b>			
Subject: NUTC	Catalog Nbr: 0200			
2018 FALL	Primary	Diane McKay		diane.mckay@tufts.edu
<p>This course provides an understanding of basic nutrition science, including the principles of diet planning and government standards; the biological functions of the macro- and micronutrients; energy balance, weight control, and physical activity; and the role of nutrition in chronic diseases, nutrition throughout the life cycle, and contemporary nutrition-related issues. Prerequisite: Graduate standing or instructor consent.</p>				

<b>128489</b>	<b>Malnutrition Prevention and Response</b>			
Subject: NUTC	Catalog Nbr: 0203			
2018 FALL	Primary	Erin Boyd		Erin.Boyd@tufts.edu
<p>The course will analyze different nutrition specific interventions and how to combine them in order to address malnutrition in all its forms. Emphasis will be on successful program design and delivery. The themes of interventions reviewed in this course includes: Infant and Young Child Nutrition (IYCN); prevention and treatment of acute malnutrition, prevention of obesity, and micronutrient deficiency control. By the end of this course, students will be familiar with a wide range of nutrition interventions and how to combine them to address both underweight and overweight in international programs. Prerequisite: Graduate standing or instructor consent.</p>				

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<b>128508</b>	<b>Nutrition-Related Consumer Marketing</b>			
Subject: NUTC	Catalog Nbr: 0205			
2018 SUMR	Primary	Rachel Cheatham		Rachel.Cheatham@tufts.edu
2018 SUMR	Primary	Ashley Reynolds		Ashley.Reynolds@tufts.edu
<p>Understanding the dynamic interplay between nutrition and marketing from both the consumer and marketer perspective is key to determining how to successfully market foods and beverages aligned with today's wellness-focused consumer. In this course, students will examine the historical effectiveness of efforts by food companies, health advocacy organizations, and governments aimed at improving nutritional habits. Students will develop real-world skills used by marketing professionals which integrate an understanding of eating psychology, food purchasing decision-making behaviors and prevailing dietary guidance with marketing tactics including message development, influencer mapping and social media. By the end of the course, students will be able to leverage the power of food marketing to promote positive nutrition. Prerequisites: junior or senior standing, or consent of the Online Graduate Certificate Program Director. If you are a Tufts undergraduate student, please copy and paste this url: <a href="https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX">https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX</a> into your browser and complete the online Qualtrics form. Once you submit the online form, you will be contacted by the Program Director with enrollment status information. All inquiries about this course should be directed to Diane McKay at <a href="mailto:diane.mckay@tufts.edu">diane.mckay@tufts.edu</a></p>				

<b>128532</b>	<b>Program Monitoring &amp; Evaluation</b>			
Subject: NUTC	Catalog Nbr: 0210			
2018 SUMR	Primary	Marion Min-Barron		Marion.Min-Barron@tufts.edu
2018 SUMR	Primary	Natalie Valpiani		Natalie.Valpiani@tufts.edu
<p>This course provides an introduction to the principles and practices of program monitoring and evaluation, as applied to food security and nutrition-related programs in developing countries. The course content will be imparted through online lectures, case studies, interactive discussion, and assignments that prompt students to grapple with monitoring and evaluation challenges facing ongoing global efforts to combat malnutrition and food insecurity. By the end of the semester, course participants will: be familiar with the strategies and techniques for monitoring and evaluating projects, particularly those related to nutrition and food security; be able to assess the adequacy of monitoring and evaluation proposals and program evaluations designed by others; be exposed to multiple domestic and international examples of monitoring and evaluation systems, both large and small; and gain experience in the design of monitoring and evaluation plans for real programs. Prerequisites: junior or senior standing, or consent of the Online Graduate Certificate Program Director. If you are a Tufts undergraduate student, please copy and paste this url: <a href="https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX">https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX</a> into your browser and complete the online Qualtrics form. Once you submit the online form, you will be contacted by the Program Director with enrollment status information. All inquiries about this course should be directed to Diane McKay at <a href="mailto:diane.mckay@tufts.edu">diane.mckay@tufts.edu</a></p>				

<b>128568</b>	<b>Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions</b>			
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Subject: Catalog Nbr:  
NUTC 0211

2019 SPRG Primary Sarah Sliwa  
2019 SPRG Primary Daniel Hatfield

No Email on file.  
Daniel.Hatfield@tufts.edu

For many Americans, actual health behaviors fall short of evidence-based recommendations and guidelines. Why do people do what they do—or don't do? How can we design programs that tap into these factors to support healthier behaviors? This course explores theories of behavior change commonly used in nutrition and public health. Specific theories addressed include the Health Belief Model, the Theory of Planned Behavior, Social Learning Theory, Diffusion of Innovations, Behavioral Economics, and the Socio-Ecological framework. The course emphasizes the application of core theory concepts to the design and evaluation of program interventions.

<b>128591</b>	<b>Social Media For Nutrition Audiences</b>
Subject: NUTC	Catalog Nbr: 0220

<b>128622</b>	<b>Pd Theories Methods Proc</b>
Subject: NUTC	Catalog Nbr: 0318

<b>128667</b>	<b>Theories Of Pd</b>
Subject: NUTC	Catalog Nbr: 0319

<b>128687</b>	<b>Positive Deviance In Practice</b>
Subject: NUTC	Catalog Nbr: 0320

<b>128785</b>	<b>Directed Study/undergrad</b>
Subject: NUTR	Catalog Nbr: 0102

<b>129095</b>	<b>Special Tps:study Abroad Nutrition</b>
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Subject:	Catalog Nbr:
NUTR	0196

<b>129117</b>	<b>Special Tps:study Abroad Nutrition</b>
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Subject:	Catalog Nbr:
NUTR	0197

<b>129335</b>	<b>Principles of Nutrition Science</b>
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Subject:	Catalog Nbr:
NUTR	0202

2018 FALL	Primary	Diane McKay	diane.mckay@tufts.edu
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This course presents the fundamental scientific principles of human nutrition. Students will become familiar with food sources; recommended intake levels; biochemical role; mode of absorption, transport, excretion; deficiency/toxicity symptoms, and potential major public health problems for each macro- and micronutrient. The student goals for this course are: 1) to describe the components of a healthy diet, 2) understand the major nutrition problems that affect individuals and populations from conception and throughout the life cycle, and 3) understand the scientific basis for nutritional recommendations brought before the scientific and lay communities. Prerequisites: Students are required to have taken a one semester college-level course in either human biology, chemistry, or physiology (preferred).

<b>129416</b>	<b>Fundamentals of Nutrition Policy &amp; Programming: How Science &amp; Practice Interact</b>
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Subject:	Catalog Nbr:
NUTR	0203

2017 FALL	Primary	Patrick Webb	patrick.webb@tufts.edu
2018 FALL	Primary	Eileen Kennedy	Eileen.Kennedy@tufts.edu

NUTR 203 is a course that will allow students at the Friedman School to become familiar with policy processes (domestic and international), typologies of policy initiatives (laws, regulations, program interventions, legal restrictions and systems, institutional mandates), and to be able to critically analyze and discuss how policy and science interact with regard to food and nutrition. The class will cover: a) how science influences the policy agenda, and how policy debates influence the scientific agenda; b) the scientific underpinnings of food and nutrition policies; c) how empirical findings in scientific research and operational programming make their way into policy and law; d) debates and controversies in US and international nutrition; e) the range of options for intervention that exist (to improve nutrition), and those that are used; f) how do we know what works best and what the alternatives might be?; g) approaches to problem assessment and measurement; h) success stories in the nutrition pantheon; i) constraints to success (what makes or breaks major program successes), and j) key institutions and organizations involved in nutrition policy and programming in the US and around the world. Prerequisites: Graduate standing or instructor consent.

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129475	Principles of Epidemiology				
Subject: NUTR	Catalog Nbr: 0204				
2018 FALL	Primary	Silvina Choumenkovitch		silvina.choumenkovitch@tufts.edu	
2018 FALL	Primary	Gitanjali Singh		Gitanjali.Singh@tufts.edu	
2019 SPRG	Primary	Fang Fang Zhang		Fang_Fang.Zhang@tufts.edu	
<p>This course covers basic epidemiologic methods and concepts, including study design, calculation and interpretation of measures of disease frequency and measures of effect, sources of inaccuracy in experimental and observational studies, causal inference, and an introduction to the statistical evaluation and interpretation of epidemiological data. Students will discuss historical examples and recent studies in order to apply their understanding of abstract concepts and specific quantitative methods to the interpretation and critique of published work. Prerequisite: Graduate standing or instructor consent.</p>					

129491	Communicating Health Information to Diverse Audiences, Part A				
Subject: NUTR	Catalog Nbr: 0205				
2018 SPRG	Primary	Kathy Brenner		No Email on file.	
<p>Nutrition communicators are often called upon to reach a variety of audiences, from consumers and patients to low-literacy individuals, other health and nutrition professionals, funders, and more. This course will help students tailor communications for these diverse audiences across a range of media. Prerequisite: Prerequisite: NUTR 0220 and graduate standing or instructor consent; the prerequisite (NUTR 0220) may not be taken concurrently with NUTR 0205. Enrollment limited to 15 students. Enrollment priority is given to Nutrition Interventions, Communication, and Behavior Change degree program students</p>					

129583	Statistical Methods for Nutrition Science and Policy				
Subject: NUTR	Catalog Nbr: 0207				
2018 FALL	Primary	Sean Cash		Sean.Cash@tufts.edu	
<p>Part one of a one-year, two-semester course covering descriptive statistics, graphical displays, confidence intervals, hypothesis testing, t test, chi-square test, nonparametric tests, multiple linear regression, multiple logistic regression, experimental design, multi-factor and multiple comparisons procedures. Students will learn how to use Stata statistical analysis software. This course was formerly listed as NUTR 209A-02. Prerequisite: Graduate standing or instructor consent.</p>					

129603	Human Physiology				
Subject: NUTR	Catalog Nbr: 0208				
2019 SPRG	Primary	Paul Leavis		paul.leavis@tufts.edu	
<p>This course meets the physiology requirement for students in the following programs: Human Nutrition, Nutritional Epidemiology, Cell and Molecular Nutrition. This course will cover the functions of mammalian organisms as we understand them at various levels of organization - organ system, organ, cellular and</p>					

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subcellular levels. Our goal is to provide a working knowledge of the fundamental properties and regulation of these systems so that the student can understand and relate this material to that learned in other basic science courses with particular emphasis on those related to nutrition. Prerequisites: Undergraduate level introductory biology and chemistry and graduate standing or instructor consent.

<b>129664</b>	<b>Statistical Methods for Nutrition Research (science)</b>			
Subject: NUTR	Catalog Nbr: 0209			
<p>The first of a two course sequence covering study design, descriptive statistics, graphical displays, confidence intervals, hypothesis testing, Student's t test, chi-square test, nonparametric tests, sample size calculations, multiple linear regression, multiple logistic regression, multi-factor experimental design, repeated measures, and multiple comparisons procedures. NUTR 209 generally covers topics through the start of linear regression. Students will make extensive use of SAS for Windows. NOTE: Students cannot receive credit for both NUTR 209: Statistical Methods in Nutrition Research (Science) and its second semester counterpart NUTR 207: Regression Analysis for Nutrition Research (Policy). This course was formerly listed as NUTR 209A-01.</p>				

<b>129679</b>	<b>Survey Research in Nutrition</b>			
Subject: NUTR	Catalog Nbr: 0210			
2019 SPRG	Primary	Beatrice Rogers	beatrice.rogers@tufts.edu	
<p>This is a methods course focusing on field research in nutrition. Students will learn to identify policy-relevant issues, define hypotheses, and select and combine appropriate methods drawn from nutrition, epidemiology, anthropology, economics, psychology, sociology, education and political science. Students will also learn how to develop research designs, sampling and analysis plans, as well as how to construct and pretest the types of instruments commonly used in nutrition and food policy research and evaluation. The course will cover ethical issues in human subjects research and compliance with IRB requirements, interviewer training, quality control, site operations, and logistics. Prerequisites: NUTR 207 or equivalent, and graduate standing or instructor consent.</p>				

<b>129766</b>	<b>Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions</b>			
Subject: NUTR	Catalog Nbr: 0211			
2017 FALL	Primary	Eleanor Shonkoff	No Email on file.	
2018 FALL	Primary	Sara Folta	sara.folta@tufts.edu	
<p>What motivates people to adopt healthier food and lifestyle choices? This course will explore various theoretical perspectives on nutrition and health-related behavior change. It will include an examination of several individual-based, social-based, organization-based and eco-social theories, including the Health Belief Model, the Theory of Planned Behavior, the Transtheoretical Model, Decision-Making, Social Support, Social Learning Theory, and Diffusion of Innovations. Knowledge of these theories will help inform the design of research and program interventions based on psycho-biological, social, cultural and organizational frameworks. The course emphasizes an understanding of core theory concepts and issues in measurement.</p>				

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In-class workshops will allow for direct application of the theories to students' current research and program intervention interests. The course will provide concepts and tools that can apply not only to the students' own research interests, but also to other courses, such as those focused on nutrition interventions, patient education, persuasive communication, social marketing and mass media. This course should be of great value to MS students in the Nutrition Communication, Nutrition Epidemiology, Nutrition Intervention Programs and to students in the MS/Dietetic Internship programs. Priority enrollment is given to: 1) NICBC students (for whom the course is a requirement); 2) Second-year FPAN students, Nutrition Interventions specialization; 3) Second-year Friedman students in any program doing a Nutrition Communication minor; 4) First-year FPAN students, Nutrition Interventions specialization; 5) First-year Friedman students in any program doing a Nutrition Communication minor; 6) Any other Friedman students; 7) MPH students; 8) Any other Tufts students (Graduate standing or instructor consent); 9) Any other students from Boston Consortium Schools.

<b>129922</b>	<b>Statistical Methods for Health Care Professionals</b>		
Subject: NUTR	Catalog Nbr: 0214		
<p>In this course students critically evaluate, compare, interpret, judge, summarize and explain statistical results published in research articles in health and nutrition journals that are influencing nutrition science, research, policy, and clinical practice. Students will also develop an intermediate level ability to analyze research data with Stata statistical software. Prerequisites: Undergraduate level statistics or college level math course and graduate standing or instructor consent..</p>			

<b>129943</b>	<b>Fundamentals of U.S. Agriculture</b>		
Subject: NUTR	Catalog Nbr: 0215		
2018 FALL	Primary	Timothy Griffin	Timothy.Griffin@tufts.edu
2018 FALL	Secondary	Nicole Tichenor	Nicole.Tichenor@tufts.edu
<p>This course covers the major social, institutional and human aspects of the American agricultural system, both as it exists today as well as its historical development. After consideration of agricultural systems in general and of the values that underlie different concepts of agriculture, it covers some of the key historical forces that have made American agriculture what it is today, and the major role of the federal government, both past and present. The next part of the course deals with the economics of American agriculture as a whole and its large-scale structure, followed by an analysis of farming on the microlevel, emphasizing types of farms and farm-scale production economics. Prerequisite: Graduate standing or instructor consent. This course is cross-listed with AS&amp;E's UEP Department (UEP 0223).</p>			

<b>129998</b>	<b>Management, Planning, and Control of Nutrition and Health Programs and Organizations</b>		
Subject: NUTR	Catalog Nbr: 0216		
2019 SPRG	Primary	David Hastings	david.hastings@tufts.edu
<p>Key management concepts and principles for managing nutrition and health programs and organizations will be addressed to equip students to function as program directors and project managers). Case studies and</p>			

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readings will be used to convey a practical understanding of how to manage and coordinate business functions to achieve the goals and objectives of the organization. This course will deal with for-profit and nonprofit organizations. Topics will include business and project planning, management control systems, financial management, budgeting, performance measurement, pricing and marketing of services, operations, management, cost analysis, human resource management, and the development of management information systems. The course is designed to provide practical tools in areas we believe students need to acquire skills. Prerequisite: Graduate standing or instructor consent.

<b>130033</b>	<b>Monitoring and Evaluation of Nutrition and Food Security Projects</b>			
Subject:	Catalog Nbr:			
NUTR	0217			
2019 SPRG	Primary	Jennifer Coates		jennifer.coates@tufts.edu
<p>This seminar will provide an introduction to the principles and practice of program monitoring and evaluation, with an emphasis on food security and nutrition-related programs in developing countries. By reviewing relevant literature and utilizing case studies in the areas of nutrition, food security, primary health, agriculture and other fields, students will become fluent in applying the language and tools of program monitoring and evaluation system design and implementation. This seminar will consist of lectures, discussions, guest speakers, and applied exercises including work on practical monitoring and evaluation challenges for ongoing development programs. Enrollment limited to 22 students with the following priority order: 1) MAHA students; 2) FPAN students pursuing the Nutrition Interventions Specialization; 3) Graduating and Second-Year students; 4) PhD students; 5) First-Year students; 6) MS/MPH and dual-degree students that don't fall into any of the preceding categories; and 7) Cross-Registrants. Prerequisite: Graduate standing or instructor consent.</p>				

<b>130080</b>	<b>Communications Strategies in Nutrition and Health Promotion Nutrition</b>			
Subject:	Catalog Nbr:			
NUTR	0218			
2019 SPRG	Primary	Jeanne Goldberg		jeanne.goldberg@tufts.edu
<p>A survey of communications strategies in health promotion. This course will provide students with the ability to decide when a health communication initiative is appropriate; to develop health communications programs based on appropriate theoretical foundations; and to select and plan evaluation strategies appropriate for the particular intervention. Prerequisite: Graduate standing or instructor consent. Enrollment limited to 20 students.</p>				

<b>130123</b>	<b>Fundamentals of Food Science</b>			
Subject:	Catalog Nbr:			
NUTR	0219			
<p>This course will provide students a broad overview of certain aspects of both the U.S. and worldwide food supply. This course is intended to provide students with an understanding of : 1) the basic groups of foods in the food supply and their nutrient profiles; 2) the effects of harvesting, processing and storage; and 3) the important issues affecting food safety. Requirement for all students in the Food Policy and Applied Nutrition (FPAN), Agriculture, Food, and Environment (AFE), and Nutrition Communication programs who entered before the Fall of 2006. (0.5 credits)</p>				

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<b>130290</b>	<b>The Global Food Business</b>			
	Subject:	Catalog Nbr:		
	NUTR	0221		
<p>The purpose of this course is to introduce the student to the field of international food and agribusiness. Today, international trade in agricultural commodities and foods is a major segment of the world's business. This business continues to grow yearly, motivated by new and potential international trade agreements (GATT, NAFTA), expansion by both established and new multinational companies, and export policies by countries seeking new markets for their growing food and agricultural production. The focus of this course will be to develop in each student a conceptual knowledge of the analytical skills in administration, marketing, business strategy, research, governmental policies and technology that international food business requires today. The course also attempts to analyze the global food business from a transnational perspective, rather than any single nationalistic viewpoint of food and agribusiness. It is designed to meet the requirements of students aiming to enter the international food business world, as well as for students who in their professional careers (e.g., government, legal) will deal with this important sector of international business. This course was formerly listed as NUTR 245. This course is cross-listed with The Fletcher School (B280). Prerequisite: Graduate standing or instructor consent.</p>				

<b>130334</b>	<b>Gender, Culture and Conflict in Complex Humanitarian Emergencies</b>			
	Subject:	Catalog Nbr:		
	NUTR	0222		
	2018 FALL	Primary	Elizabeth Stites	elizabeth.stites@tufts.edu
	2018 FALL	Primary	Dyan Mazurana	Dyan.Mazurana@tufts.edu
<p>This course examines situations of armed conflict, civilian experiences of these crises, and the international and national humanitarian and military responses to these situations from a gender perspective and highlights the policy and program implications that this perspective presents. Topics covered include gender analyses of current trends in armed conflict and terrorism, and of the links among war economies, globalization and armed conflict; the manipulation of gender roles to fuel war and violence; gender and livelihoods in the context of crises; masculinities in conflict; sexual and gender-based violations; women's rights in international humanitarian and human rights law during armed conflict; peacekeeping operations; peacebuilding; and reconstruction. Case studies are drawn from recent and current armed conflicts worldwide. This course is cross-listed with The Fletcher School (D232). Prerequisite: Graduate standing or instructor consent.</p>				

<b>130388</b>	<b>Seminar In Humanitarian Issues</b>			
	Subject:	Catalog Nbr:		
	NUTR	0223		
	2018 FALL	Primary	Dyan Mazurana	Dyan.Mazurana@tufts.edu
<p>This course is open for three semester hour units to Master of Arts in Humanitarian Assistance (MAHA) students for whom it is a required Core course.</p> <p>This course is also open to non-MAHA students via Cross-Registration in SIS for 1.5 semester hour units. The course is segmented into three parts.</p>				

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Part 1 is for MAHA students only, and Part 2 and Part 3 are for non-MAHA students, as well as MAHA students. Non-MAHA students are not required to complete the Capstone Project.

Part 1 for MAHA students (only): The seminar emphasizes academic and research skills that are important for a professional in the humanitarian field. It also offers MAHA students the chance to explore in greater depth key issues in humanitarian assistance. The seminar is also an opportunity to discuss in depth much of the theory and academic literature of other prerequisite courses. The main output is the MAHA capstone project, which is a requirement for graduation. Activities are concentrated in the fall semester, but the seminar also meets occasionally in the spring. Capstone projects are due in the spring semester.

Part 2 for non-MAHA students, as well as MAHA students: This segment of the course will ensure that students have the necessary skill sets to adapt rapidly to the U.S. higher education system. Non-U.S. students that are not accustomed to the U.S. University systems, as well as mid-career students that have not been in school recently would be exposed to the following requisite skills:

- a) Library skills and source citations skills;
- b) Literature review skills;
- c) Time management and self-care in academia;
- d) Formulating research questions;
- e) Reading and writing skills and resources for help;
- f) Public presentation skills (oral and visual)

Part 3 for non-MAHA students, as well as MAHA students: This segment of the course will expose students to contemporary humanitarian research through research seminars with the Feinstein International Center's (<http://fic.tufts.edu/>) faculty and staff.

Pre-requisite: Graduate standing or instructor consent.

The course will meet at the Feinstein International Center, 114 Curtis Street - Somerville, MA

<b>130448</b>	<b>Community Food Planning And Programs</b>	
Subject:	Catalog Nbr:	
NUTR	0224	
<p>Key features of the course include field trips to community / local food and farm programs, guest presenters, and field-based planning projects with area non-profits, public sector agencies, or businesses. This course will cover (domestic) food and agriculture programs that focus on or operate at the community or regional levels. Such initiatives promote local/regional agriculture and food chain businesses that process, market, and use local or regional food products. In tandem, public sector and NGO initiatives now sponsor programs and policies with a community or urban food system agenda. The focus will be on more complex initiatives such as farm-to-institution projects, regional wholesaling initiatives, and food policy councils. A major course objective is to provide practical skills and tools for design, strategic planning, and implementation of these programs, including assessments, research, policy components, and funding. We will also provide contextual analyses and critical perspectives of community-based strategies as alternative food</p>		

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systems models.

<b>130500</b>	<b>Introduction to Modern Biology Techniques</b>			
Subject:	Catalog Nbr:			
NUTR	0225			
2018 FALL	Primary	Martin Obin	martin.obin@tufts.edu	
<p>This intensive 1.5 semester hour unit 12-week course will familiarize you with research techniques employed in nutrition science research at the molecular, cell, tissue, whole organism and population levels. An understanding of these techniques and their application is essential for reading the nutrition science literature, developing skills as a researcher and appreciating the goals, current limitations and future potential of modern nutrition science research. Eight (at times overlapping) classifications of techniques and experimental approaches will be presented over 12 weeks: 1. Partitioning techniques for biomolecule separation, and downstream analysis by Mass Spectrometry; 2. Physical separation of cell and tissue constituents; 3. Analysis of cell constituents and biomolecules using antibody-based techniques in conjunction with... 4) Fluorescence, Bioluminescence and Imaging techniques; 5. Gene Expression: Analysis and Manipulation; 6. 'Omics' and Systems Biology; 7. Data Science (Informatics, Computational Biology, 'Virtual' Communities/Consortia); 8. Bioengineering and Synthetic Biology. For each technique we will emphasize the underlying principles/theory, work-flow and data output. An understanding of the strengths, limitations and combinatorial implementation of these techniques will facilitate your development as an experimentalist and scholar. An additional goal of this course is to familiarize you with the "virtual" (i.e., online) communities of scientists and the vast resources available to you in public domain websites managed by scientific and information consortia. This is a required course for all Biochemical and Molecular Nutrition (BMN) degree program students. The grading basis for this course is Satisfactory/Unsatisfactory. Prerequisite: Graduate standing or instructor consent.</p>				

<b>130524</b>	<b>Food from Production to the Marketplace</b>			
Subject:	Catalog Nbr:			
NUTR	0226			
2018 SPRG	Primary	Eleanor Shonkoff	No Email on file.	
2019 SPRG	Primary	Norbert Wilson	Norbert.Wilson@tufts.edu	
2019 SPRG	Primary	Richard Black	Richard.Black@tufts.edu	
<p>This course examines the U.S. food policies governing the use of diet and health information in commercial communications. In the mid-1980s, for the first time in history, the food industry began to use health claims in food advertising and labeling. This proved to be a highly effective marketing method for the food industry. However, industry use of health claims product promotion created public controversy and policies--a comprehensive new labeling law as well as many new FDA, USDA, and FTC regulations--governing food advertising and labeling that use nutritional and medical information. The object of this course is to review current food policies governing health claims and the regulatory regime controlling their use in commercial communications. Formerly titled: Health Claims and the Food Industry. Pre-requisite: Graduate standing or instructor consent.</p>				

<b>130571</b>	<b>International Nutrition Programs</b>			
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Subject: NUTR	Catalog Nbr: 0227	2018 FALL	Primary	Erin Boyd	Erin.Boyd@tufts.edu
<p>This course provides presentations, readings, and exercises relating to the broad range of nutrition interventions utilized in international programs: infant and young child nutrition, cash and food-based programs, agricultural-based interventions, micronutrient prevention and control activities, prevention and treatment of acute malnutrition, and water, sanitation and hygiene activities. The course also covers malnutrition causality, nutrition architecture, and an overview of global nutrition platforms. Students become well versed in program design and appraisal techniques including dynamic models and program constraint assessments, and are responsible for major exercises relating to existing programs in Asia, Africa and Latin America. Pre-requisite: Graduate standing or instructor consent.</p>					

<b>130618</b>	<b>Community and Public Health Nutrition</b>				
Subject: NUTR	Catalog Nbr: 0228	2019 SPRG	Primary	Virginia Chomitz	Virginia.Chomitz@tufts.edu
<p>This intensive course provides presentations, readings and activities related to the broad range of community-based nutrition research, programs and policies in the U.S. today. Public health efforts in communities are implemented in many different types of settings, including community non-profit agencies, worksites, health centers, clinics, hospitals, schools, churches, supermarkets, recreational and sports centers, councils on aging/senior centers, and emergency feeding sites. Students will become familiar with community-based research and programs focused solely on nutrition as well as those in which nutrition is one component. Students will engage in skill-building and participatory activities, as well be introduced to case examples of creative and innovative approaches to community nutrition. Through field visits and guest speakers, students will have an opportunity to dialogue with public health experts and practitioners who can influence community nutrition practice. Upon completion of this course, the students will have a toolbox of skills to utilize and apply in a wide range of practice settings. Enrollment limited to 23 students. Prerequisites: NUTR 0202: Principles of Nutrition Science or equivalent and graduate standing or instructor consent.</p>					

<b>130716</b>	<b>Humanitarian Action in Complex Emergencies</b>				
Subject: NUTR	Catalog Nbr: 0229	2018 FALL	Primary	Daniel Maxwell	Daniel.Maxwell@tufts.edu
<p>The intent of the class is to introduce students to a broad range of research and writing that constitutes our knowledge on humanitarian action in complex emergencies, and to give the student the skills to read research and keep abreast of a rapidly evolving field. There is a strong emphasis on the practical application of this knowledge. The course simultaneously treats humanitarian action as a phenomenon to be understood and as a practice that urgently needs to be improved.</p> <p>This multi-disciplinary course will cover a broad range of subjects, and has a number of objectives. By the end of the course, students will be able to: Outline historical perspectives on humanitarian action; Describe and define the application of international humanitarian law, principles, and codes of conduct to humanitarian action in complex emergencies, and outline major debates surrounding these frameworks; Utilize the main</p>					

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analytical frameworks for addressing the protection of life, livelihoods, rights and safety of people caught in complex emergencies; Critically and quickly read, interpret and apply research on humanitarian action; Analyze the political economy of conflict and humanitarian assistance; Discuss the ethical and practical implications of incorporating human rights in humanitarian action; Utilize methodologies for improving the quality, effectiveness and accountability of humanitarian action; and Describe the evolving nature of conflict, crisis, and the architecture of the humanitarian system. This course is cross-listed with the The Fletcher School (DHP D230). Prerequisites: Graduate standing or instructor consent.

<b>130855</b>	<b>International Ngo's: Ethics And Management Practice</b>		
Subject: NUTR	Catalog Nbr: 0230		
<p>The course first examines the role and relevance of the non-governmental sector with a view to understanding the concepts underpinning NGO management, accountability and role in society. The course will then focus on a number of key issues essential for the effective running of NGOs. The course will end with an exploration of Southern NGOs and their relationship with the North and the future of international NGOs. This course will introduce students to such essential skills such as strategic planning, advocacy, the use of the press, fundraising, budgets and reading financial statements. It will also explore key questions including the role NGOs play in society and in international development and how and whether they are different from other institutions in society. This course focuses on key conceptual questions that are essential to understanding NGOs and on practical skills and tools needed for managing them.</p>			

<b>130915</b>	<b>Fundamentals of GIS</b>		
Subject: NUTR	Catalog Nbr: 0231		
2019 SPRG	Primary	Paul Cote	Paul.Cote@tufts.edu
<p>Many problems in agriculture, food and nutrition are inherently geographic in nature. For example, livestock production is increasingly concentrated in large feeding operations, leading to new spatial patterns of water and air pollution or foodborne illness. Spatial clustering is equally important for food consumption, nutrition and public health, as in hunger hotspots, food deserts and disease corridors. This course will equip students with the skills needed to capture, analyze and communicate spatial data in geographic information systems (GIS), using a variety of examples from agriculture, food and nutrition. Pre-requisite: Graduate standing or instructor consent.</p>			

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<b>130952</b>	<b>Nutrition Epidemiology Journal Club</b>			
Subject: NUTR	Catalog Nbr: 0232			
<p>The principal goals of the nutrition epidemiology journal club are 1) to enhance graduate students' understanding of the field of nutrition epidemiology and 2) to provide practice reviewing and critiquing research studies. In weekly sessions, the students will prepare a peer-reviewed or original article for class discussion that reinforces the principles of study design as they apply to nutritional epidemiology. This course will also help students to develop their peer review skills and thus become critical reviewers of epidemiologic literature.</p>				

<b>131013</b>	<b>Agricultural Science and Policy I</b>			
Subject: NUTR	Catalog Nbr: 0233			
2019 SPRG	Primary	Timothy Griffin	Timothy.Griffin@tufts.edu	
2019 SPRG	Primary	Christian Peters	Christian.Peters@tufts.edu	
<p>First part of a two-semester sequence required of AFE students. This course covers the major biological, chemical and physical components of agricultural systems. Each is discussed from the viewpoints of both the underlying natural processes and principles, and their significance for major agricultural, food safety, and environmental policy issues in the U.S. today. In the first semester, the topics covered are soils, water, nutrients, and genetic resources. Prerequisite: NUTR 0215: Fundamentals of U.S. Agriculture, and graduate standing or instructor consent.</p>				

<b>131043</b>	<b>Junior Clinical Rotations</b>			
Subject: NUTR	Catalog Nbr: 0235			
2019 SPRG	Primary	Kelly Kane	Kelly.Kane@tufts.edu	
<p>Required of junior standing students enrolled in the Combined Dietetic Internship/Masters Degree program. Grading is Satisfactory/Unsatisfactory.</p>				

<b>131317</b>	<b>Practicum in Bioresearch Techniques</b>			
Subject: NUTR	Catalog Nbr: 0236			
2017 FALL	Primary	Andrew Greenberg	andrew.greenberg@tufts.edu	
2017 FALL	Primary	Caren Smith	Caren.Smith@tufts.edu	
2018 SPRG	Primary	Dayong Wu	dayong.wu@tufts.edu	
2018 SPRG	Primary	Chao-Qiang Lai	Chao.Lai@tufts.edu	
2018 SUMR	Primary	Nirupa Matthan	nirupa.matthan@tufts.edu	
2019 SPRG	Primary	Xian-Dong Wang	xiang-dong.wang@tufts.edu	
<p>Biochemical and Molecular Nutrition students must enroll in one practicum in bioresearch techniques. Students who anticipate a career in basic nutritional sciences require extensive laboratory training. Practicums in bioresearch techniques, established as a single, 1.0 credit course, will provide students with an</p>				

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understanding of critical experimental evaluation as well as hands-on experience in essential techniques of modern biology. In the practicum, students will answer a specific biologic question through experimentation. Faculty in participating laboratories will be responsible for providing an overview of the biologic interest of the laboratory, overseeing the development of a specific, defined project, teaching the theory of specific techniques to be employed, and training the students in the application of these techniques. Students will be evaluated through a written report and oral presentation in a laboratory meeting-type setting. Pre-requisite: Graduate standing or instructor consent.

<b>131352</b>	<b>Economics for Food and Nutrition Policy</b>			
Subject:	Catalog Nbr:			
NUTR	0238			
2019 SPRG	Primary	William Masters		William.Masters@tufts.edu
<p>This course equips students with the economic principles used to explain and predict consumption and production choices, market interactions and government interventions in the food system. We use the graphical methods taught in standard, one-semester courses on the principles of economics, applied to current news stories and data sources about food and nutrition problems in the United States and around the world. In so doing students gain the skills needed to: (1) explain and predict consumption, production and trade in agriculture and food markets; (2) evaluate the social welfare consequences of market failure, collective action and government policies including regulation, taxation and enforcement of property rights in agriculture and food markets; (3) measure poverty and inequality in income, wealth, nutrition and health, as influenced by changes in markets and policies; and (4) describe macroeconomic relationships, fluctuations and trends in incomes, employment, economic growth and development. Textbook in syllabus is recommended not required. Pre-requisite: Graduate standing or instructor consent.</p>				

<b>131383</b>	<b>Emerging Technologies And Nutrition Communication</b>			
Subject:	Catalog Nbr:			
NUTR	0239			
<p>The course begins with an overview of the role of technology in nutrition communication through a grounding in core concepts and a survey of technology in the field of health and nutrition communication. It then provides an orientation to three specific uses of Internet-based communication technology (dissemination, collaboration, and knowledge) through hands-on opportunities that encourage students to use and evaluate specific tools and their appropriateness to various nutrition communication contexts. Throughout the course, students work on a group that utilizes one or more technologies covered.</p>				

<b>131447</b>	<b>Nutrition Science Journal Club</b>			
Subject:	Catalog Nbr:			
NUTR	0240			
2019 SPRG	Primary	Paul Jacques		paul.jacques@tufts.edu
2019 SPRG	Primary	Elizabeth Johnson		elizabeth.johnson@tufts.edu
<p>The principal goals of this student-run Nutrition Science Journal Club are to: (a) enhance graduate students' understanding of the current state of biochemical and molecular nutrition and (b) provide experience in reviewing and critiquing research articles. In alternate week sessions, students will critically evaluate</p>				

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peer-reviewed articles for class discussion that reinforce the principles of various research approaches (including in vitro experiments, animal models, observational studies, clinical trials) and analytical methods. This course will also help students to develop their evaluative skills and presentation performance. All BMN & NEPI MS and PhD students are encouraged to take this course within the first two years of matriculation to the Friedman School. This will be an intellectually stimulating course that will focus on recent findings in the field. In addition to the faculty advisor for this course, other faculty will be encouraged to attend to help facilitate discussions; for each session, faculty with expertise in a topic to be discussed during that class will be invited to participate. This approach also has the benefit of allowing students in their first and second year of their program to meet and interact with a variety of Friedman faculty. The primary format of this course will be student-selected and -led presentations of recent publications in the biochemical and molecular nutrition literature. The course covers two semesters, meeting every two weeks. During the year, all participating students will be required to give at least one PowerPoint presentation, and submit to the class a one-page summary that addresses the study aims, methods and results, and provides a critical assessment of the article. Presentation dates will be selected at the beginning of the semester. This course will also include two introductory faculty-led lectures on: (a) developing the skills and knowledge essential to understanding and critiquing research reports and (b) effectively communicating the relevant supporting material, results, and conclusions of primary research reports.

<b>131468</b>	<b>Food for All: Ecology, Biotechnology &amp; Sustainability</b>		
	Subject:	Catalog Nbr:	
	NUTR	0241	
<p>An interdisciplinary examination of the pros and cons of two divergent approaches to meeting the increasing global food demand: organic farming and genetic engineering. Contrasting crops grown in developing and industrialized countries serve as case studies to evaluate: (1) how ecological knowledge makes food production more sustainable; (2) what existing and emerging approaches can, in the face of climate change, contribute to a reliable supply of nutritious food; and (3) the political and economic drivers that shape who has access to these technologies. An important focus is developing communication skills for negotiating stakeholder-specific perspectives (growers, advocacy groups, industry, governmental agencies). Recommendations: Intro Bio or Intro Chemistry or equivalent. Cross-listed with AS&amp;E's BIO 0185.01.</p>			

<b>132234</b>	<b>Summer Internship</b>		
	Subject:	Catalog Nbr:	
	NUTR	0298	
Please see Departmental Website for detailed course description.			

<b>132248</b>	<b>Nutrition in the Life Cycle</b>		
	Subject:	Catalog Nbr:	
	NUTR	0301	
	2018 SPRG	Primary	Sarah Amin
			No Email on file.
<p>This course covers nutrition issues from preconception throughout life, with a particular emphasis on nutrition correlates of normal growth and development and on the consequences of under and over nutrition. It briefly considers the role of nutrition in the context of the normal physiologic changes that occur with aging. This is a</p>			

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1/2 credit course and meets the first half of the semester. Prerequisite: NUTR 0202: Principles of Nutrition Science or equivalent and graduate standing or instructor consent.

<b>132280</b>	<b>Risk And Disaster Management</b>		
Subject: NUTR	Catalog Nbr: 0302		
<p>(Cross-listed as DHP D233 (Fletcher). This course (requiring advance reading and extensive participation in discussion) serves as a bridge between classes on nutrition in a developmental context and those focused on relief in complex emergencies. Manifestations of household and national vulnerability differ in these contexts, but only by a matter of degrees. Risks of individual nutrition failure are related to risks of household food security, which in turn relate to risks inherent in the physical, economic, cultural and political environment that is the backdrop to household behavior. The conditions that determine food and nutritional stresses persist in countries undergoing economic transformation and political unrest, but also in those ill equipped to cope with the stresses of globalization, increasing poverty, and declining public sector responsibility. Much international work involves being able to assess the potential risks and returns of alternative development strategies in such diverse contexts. This course was formerly listed as NUTR 231.</p>			

<b>132292</b>	<b>Determinants of U.S. Food Policy</b>		
Subject: NUTR	Catalog Nbr: 0303		
2018 FALL	Primary	Parke Wilde	Parke.Wilde@tufts.edu
<p>Focuses on government food-related programs from an economic and political perspective. Reviews the evolution of a range of policies and programs, analyzing their effects on the U.S. economy and on household consumption and the farm economy, as well as on food consumption at the national, household, and individual level. Existing policies and programs are related to the political and economic environment and to changing food consumption patterns in American society. Food assistance programs (e.g., Food Stamps), nutrition programs, food supply and agricultural price policies, and consumer protection and information are considered. Prerequisites: NUTR 0203 or equivalent, and NUTR 207/NUTR 0307 or equivalent, and NUTR 238: Economics of Food Policy Analysis or instructor consent.</p>			

<b>132320</b>	<b>Nutrition, Food Security, and Development</b>		
Subject: NUTR	Catalog Nbr: 0304		
2018 FALL	Primary	Jennifer Coates	jennifer.coates@tufts.edu
<p>This course encourages critical, evidence-driven analysis of effective government policy responses to food security and nutrition challenges in low-income countries. Through lecture, discussion, case studies, and secondary data analysis, students will be able to: discuss the range of policy levers that are used to enact national food security policy in developing countries; describe evidence of the effectiveness of these policies and programs in improving food security, poverty, and nutrition in different contexts; analyze key sources of food and socio-economic data to understand and inform policy-relevant decisions; and produce reasoned and critical writing to influence critical policy debates. Prerequisites: NUTR 203: Fundamentals of Public Policy and NUTR 238: Economics of Food Policy Analysis, or instructor consent. NOTE: Prerequisites may not be taken</p>			

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concurrently with NUTR 304.

<b>132334</b>	<b>Nutritional Epidemiology</b>			
Subject:	Catalog Nbr:			
NUTR	0305			
2018 FALL	Primary	Fang Fang Zhang		Fang_Fang.Zhang@tufts.edu
<p>This course is designed for graduate students at either the Master's or Ph.D. level, who are interested in conducting or better interpreting epidemiologic studies relating diet and nutrition to health and disease. There is an increasing awareness that various aspects of diet and nutrition may be important contributing factors in chronic disease. There are many important problems, however, in the implementation and interpretation of nutritional epidemiologic studies. The purpose of this course is to examine epidemiologic methodology in relation to nutritional measures, and to review the current state of knowledge regarding diet and other nutritional indicators as etiologic factors in disease. This course is designed to enable students to better conduct nutritional epidemiologic research and/or to better interpret the scientific literature in which diet or other nutritional indicators are factors under study. Prerequisites: NUTR 0202: Principles of Nutrition Science and NUTR 0204/PH 0201: Principles of Epidemiology and NUTR 0206: Biostatistics I/PH 0205: Principles of Biostatistics. Prerequisites may not be taken concurrently with NUTR 0305.</p>				

<b>132349</b>	<b>Communicating Health Information to Diverse Audiences</b>			
Subject:	Catalog Nbr:			
NUTR	0306			
2018 FALL	Primary	Laurie LaRusso		Laurie.Larusso@tufts.edu
<p>A review and analysis of how nutrition and health issues are presented by the media. This course will reinforce concrete journalism skills and an understanding of the values and practices required of a competent and thoughtful writer and is structured around class discussions, selected readings, and writing and editing assignments. Classroom discussions and assignments will also focus on how to report controversial issues in nutrition and health. Prerequisite: NUTR 220 or instructor consent. Enrollment limited to 15 students; priority given to Nutrition Communication degree program students. NOTE: Prerequisite may not be taken concurrently with NUTR 306.</p>				

<b>132363</b>	<b>Regression Analysis for Nutrition Policy</b>			
Subject:	Catalog Nbr:			
NUTR	0307			
2019 SPRG	Primary	Parke Wilde		Parke.Wilde@tufts.edu
<p>Part two of a one-year, two-semester course sequence in statistics. This course is intended for students whose main focus is non-experimental or survey-based research. The course covers non-experimental research design, simple linear regression, multiple regression, analysis of variance, non-linear functional forms, heteroskedasticity, complex survey designs, and real-world statistical applications in nutrition science and policy. Students will make extensive use of Stata for Windows. NOTE: Students cannot receive credit for both NUTR 307 and its second semester counterpart NUTR 309. Pre-requisites: NUTR 207 or NUTR 206 and graduate standing or instructor consent.</p>				

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<b>132377</b>	<b>Nutrition in Emergencies Policies, Practice and Decision-Making</b>			
Subject: NUTR	Catalog Nbr: 0308	2019 SPRG	Primary	Erin Boyd Erin.Boyd@tufts.edu
<p>Required for students enrolled in the Master of Arts in Humanitarian Assistance (MAHA) Program. This course will examine the central role and importance of nutrition security and food security in complex emergencies. The implications of addressing nutritional needs of affected populations for assessment, program design and implementation, and policy development will be examined. The course aims to provide an understanding of: nutrition outcomes in emergencies (malnutrition, morbidity and mortality); causes of malnutrition and mortality in emergencies; approaches to mitigate and address undernutrition in complex emergencies. The course will also develop a broader range of knowledge related to humanitarian response. This course is cross-listed (D237) with The Fletcher School. Pre-requisite: Graduate standing or instructor consent.</p>				

<b>132392</b>	<b>Statistical Methods for Nutrition Research II</b>			
Subject: NUTR	Catalog Nbr: 0309	2018 SPRG	Primary	Farzad Noubary Farzad.Noubary@tufts.edu
<p>Part two of a one-year, two-semester course covering descriptive statistics, graphical displays, confidence intervals, hypothesis testing, t test, chi-square test, nonparametric tests, multiple linear regression, multiple logistic regression, experimental design, multi-factor and multiple comparisons procedures. Students will make extensive use of SPSS for Windows. NOTE: Students cannot receive credit for both NUTR 309 and NUTR 307. Pre-requisites: NUTR 206 or NUTR 0207 and graduate standing or instructor consent.</p>				

<b>132420</b>	<b>Qualitative Research Methods for Nutrition</b>			
Subject: NUTR	Catalog Nbr: 0310	2019 SPRG	Primary	Ellen Messer ellen.messer@tufts.edu
<p>NUTR 310 teaches principles and practical skills of qualitative inquiry in an interactive seminar format. Participants will learn how to design and carry out qualitative research through weekly background readings and written assignments, critical case-study discussions, and practical class exercises. They will also take part in the design, implementation, analysis, and evaluation of a local qualitative research project that involves practical, hands-on experience. The first part of the course will focus on the foundations of qualitative inquiry, qualitative methods, their strengths and challenges, standards for quality, and tools for critical assessment of insights derived from these methods. The second part of the course will be dedicated to learning how to design qualitative studies, including data collection, data management strategies, and approaches to data analysis. Participants will gain practical experience by developing and implementing a small research study, which will include the elements of research design, field-note documentation, participant observation, in-depth interviews, focus groups, visual methods, analysis, and writing/dissemination. Students should have exposure to research methods in social or health sciences prior to enrollment in this course. Prerequisites: NUTR 207 or NUTR 206 and either NUTR 204 or NUTR 210, and graduate standing or instructor consent.</p>				

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<b>132434</b>	<b>Nutrition Data Analysis</b>			
Subject: NUTR	Catalog Nbr: 0311	2018 FALL	Primary	Robert Houser robert.houser@tufts.edu
<p>This course will cover knowledge of advanced Stata statistical computing, data base construction, error detection and correction, creation of composite variables, descriptive statistics, univariate analyses, regression analysis of continuous, binary and categorical outcomes, ANOVA &amp; ANCOVA, analysis of clustered data including cluster randomized trials, panel data analysis &amp; introduction to multilevel modeling, factor analysis; and the construction of scales and factor scores. Students pose a research question, identify appropriate statistical techniques for answering the research question, perform the analyses and report on the results in an article suitable for publication in an academic journal. Advanced Stata programming will be taught in weekly hands on lab sessions.</p>				

<b>132447</b>	<b>Nutrition and Chronic Disease</b>			
Subject: NUTR	Catalog Nbr: 0312	2019 SPRG	Primary	Kyla Shea Kyla.Shea@tufts.edu
<p>This course covers issues in modern nutrition, public health and chronic disease. We will focus on the major non-infectious diseases present in Western countries that are caused by modifiable lifestyle choices and the role that diet plays in maintenance of health and the risk of chronic diseases. Meets second half of the spring semester. Credit: 0.5</p>				

<b>132462</b>	<b>Nutritional Assessment</b>			
Subject: NUTR	Catalog Nbr: 0313	2019 SPRG	Primary	Sai Das sai.das@tufts.edu
<p>This course will provide an overview of the common nutritional and food security assessment tools. Laboratory and field methods for population wide nutritional deficiency assessment, nutritional screening and surveillance, dietary assessment, hunger and food security as well as diet diversity and food group indices will be examined. Clinical methods including body composition, biochemical and clinical factors related to macro and micronutrient deficiency will be discussed. Using practical training and demonstrations students will learn how to select and apply these methods in program-based or research-based settings. Issues of validity and reliability of these methods will be addressed mainly in the context of strengths and limitations of each method. At the end of the course, students should have some familiarity with the common nutritional assessment techniques as well as their practical applications at the individual and population wide levels.</p>				

<b>132476</b>	<b>Study Design in Nutrition Research</b>			
Subject: NUTR	Catalog Nbr: 0314	2019 SPRG	Primary	Adela Hruby Adela.Hruby@tufts.edu

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Successful interventions, in research or for programs, rely on intentional design that begins with a hypothesis that can be developed into a conceptual model and translated into an intervention. This course describes this process, from conception, through design, to execution and implementation. Students are guided through generating hypotheses and introduced to specific principles of designing feasible studies—including intervention and observational studies—that address these hypotheses. Students will learn how having a critical understanding of research-based approaches can inform programmatic intervention and evaluation. Guest lectures will present real-world examples that illustrate this process. Students will gain experience in identifying appropriate funding sources and developing proposals that meet the interests and missions of potential funders. Students will also present their proposals, and review and critique the work of their classmates. Enrollment limited to 12 students with priority given to NICBC degree program students. NUTR 207 or NUTR 206 or equivalent, NUTR 204 or equivalent, and familiarity with basic methods of dietary assessment, and graduate standing or instructor consent.

<b>132516</b>	<b>Applied Nutritional Biochemistry</b>			
Subject: NUTR	Catalog Nbr: 0315			
2018 FALL	Primary	Alice Lichtenstein	alice.lichtenstein@tufts.edu	
<p>This course will focus on human nutrition and metabolism. Emphasis will be placed on the biological ramifications of altering substrate load and essential nutrients caused by intended and unintended changes in dietary intake. The functional and regulatory roles of macronutrients and micronutrients will be stressed. Additional components of the course will include integrating nutrition policy with nutrition science. Students will be guided in connecting the lay and scientific literature in the areas of biochemistry and nutrition, and exploring how each informs the other. Opportunities will be available for preparing short written reports and oral presentations on contemporary research issues related to the essential nutrients and current topics. Current challenges in the field of nutrition will be related to the lecture material. Priority enrollment for MS/DI students. Pre-requisite: NUTR 0202 or equivalent, and one undergraduate level biochemistry course taken within the past five years, or instructor consent.</p>				

<b>132530</b>	<b>Advanced Medical Nutrition Therapy</b>			
Subject: NUTR	Catalog Nbr: 0316			
2019 SPRG	Primary	Kelly Kane	Kelly.Kane@tufts.edu	
2019 SPRG	Primary	Kathrina Prelack	kprelack@tufts.edu	
<p>Nutritional biochemistry and physiology as related to selected pathophysiological conditions, with attention paid specifically to dietary assessment and various indices of nutritional status. Conditions with particular relevance to clinical nutrition are emphasized. Pre-requisites: Graduate standing or instructor consent.</p>				

<b>132544</b>	<b>Positive Deviance for Behavior Change: A Course for Practitioners</b>			
Subject: NUTR	Catalog Nbr: 0317			
<p>Positive Deviance provides a unique approach for solving problems that require social or behavioral change. At its heart is the belief that in every community there are a few individuals "positive deviants" whose</p>				

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uncommon practices or behaviors enable them to outperform or find better solutions to pervasive problems than their neighbors with whom they share the same resource base. Identifying the positive deviants' special practices/behaviors reveals hidden resources already present in the environment, from which it is possible to devise solutions to pervasive community problems, solutions that are sustainable as well as cost-effective. Students will read and discuss positive deviance and behavior change literature, review and critique studies and programs, and design and carry out positive deviance inquiries in the Boston area. Grading is Satisfactory/Unsatisfactory (S/U). Course enrollment is limited to 15. This course was formerly listed as NUTR 291PD.

<b>132557</b>	<b>Statistical Methods For Epidemiology</b>		
Subject:	Catalog Nbr:		
NUTR	0318		
<p>This course focuses on the identification of confounding, effect modification and bias in epidemiological data. Methods of control of confounding for continuous, categorical and time to event data will be explored. Topics include analysis of data from normal, binomial and Poisson distributions, logistic and Poisson regression, and survival analysis using actuarial, Kaplan-Meier and Cox's proportional hazards, correlated data analysis, generalized estimating equations, and the mixed model. The art and science of statistical modeling and data reduction will be introduced. The course emphasizes practical application and makes extensive use of the SAS programming language.</p>			

<b>132570</b>	<b>Intermediate Epidemiology</b>		
Subject:	Catalog Nbr:		
NUTR	0319		
2019 SPRG	Primary	Fang Fang Zhang	Fang_Fang.Zhang@tufts.edu
<p>Intermediate Epidemiology exposes students to a variety of key concepts and methods when carrying out epidemiologic studies and teaches students applied skills in analyzing epidemiologic data and interpreting study findings appropriately. This course includes a 2-hour lecture session followed by a 1-hour lab session. The lecture session will present epidemiologic methods and concepts beyond the Principles of Epidemiology, and review relevant statistical methods and their applications in epidemiologic studies. The lab session will prepare students with practical skills in conducting and analyzing epidemiologic studies using SAS. The lab session will be taught in a computer lab equipped with SAS. Pre-Requisites: NUTR 204, NUTR 206 or equivalents and NUTR 309 or equivalents, or concurrently taking NUTR 309 or equivalents, or instructor consent.</p>			

<b>132584</b>	<b>Nutritional Impact on the Immune System and Related Diseases</b>		
Subject:	Catalog Nbr:		
NUTR	0320		
<p>This special topics course will review the impact of various nutrients (in both deficient and supplemental states) on maintaining the homeostasis of the immune system during physiological and pathological states as well as during different developmental stages of life. The implications for disease development and/or prevention will be discussed. Special emphasis will be given to understanding the mechanism of nutrients' effect on the immune system at biochemical, molecular and cellular levels. The role of nutrient status in</p>			

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maintaining "optimal" immune function and "disease prevention" and its implications for determining the recommended dietary allowance will be discussed. This course was formerly listed as NUTR 291IM.

<b>132599</b>	<b>Dietary Antioxidants and Degenerative Diseases</b>			
Subject:	Catalog Nbr:			
NUTR	0321			
<p>This course will discuss the role of dietary antioxidants and pro-oxidants on the pathogenesis of degenerative diseases at molecular, cellular and whole body level. The balance of pro-oxidants-antioxidants on free radical generation, lipid peroxidation, protein oxidation, DNA damage and cell injury will be reviewed in the context of chronic and acute diseases such as cardiovascular disease, cancer, diabetes, arthritis, Alzheimer's disease. This course emphasizes the role of dietary antioxidant vitamins E and C, carotenoids, polyphenols, selenium, iron, zinc and copper on oxidative stress and antioxidant defense mechanisms. This course was formerly listed as NUTR 291DA.</p>				

<b>132614</b>	<b>International Humanitarian Response</b>			
Subject:	Catalog Nbr:			
NUTR	0324			
2018 SPRG	Primary	Daniel Maxwell	Daniel.Maxwell@tufts.edu	
2019 SPRG	Primary	Gregory Gottlieb	Gregory.Gottlieb@tufts.edu	
<p>This course will offer a practical and in-depth analysis of the complex issues and skills needed to engage in humanitarian work in field settings. Through presentations offered by the faculty of the Humanitarian Studies Initiative and guest speakers who are experts in their topic areas, students will gain familiarity with the primary frameworks in the humanitarian field (human rights, livelihoods, Sphere standards, international humanitarian law) and will focus on practical issues that arise in the field, such as rapid assessments, application of minimum standards for humanitarian response, and operational approaches to relations with the military in humanitarian settings. Each student will be part of a team representing an international humanitarian non-governmental organization. Topics covered: Humanitarian response community and history; International Humanitarian Law and Human Rights Law; Sphere standards and sectoral applications (shelter, water and sanitation, food security, health); Civil-military relations, media skills, logistics, and budgeting; Monitoring and evaluation, accountability, and livelihoods; Personal security, mental health, stress, and teamwork; and Humanitarian technology.</p> <p>IMPORTANT TO NOTE: These topics will provide the foundational knowledge and skills needed to perform successfully during a three-day intensive field simulation of a humanitarian crisis that will take place April 27-29, 2018). There is a \$300 fee to cover camping gear hire, food, and other equipment costs. The course starts January 24, 2018 and ends May 9, 2018. This course is cross-listed with The Fletcher School (D213) and enrollment is limited to 10 Friedman students and 17 Fletcher students. Priority enrollment for Friedman is given to: 1) FPAN students pursuing the Humanitarian Assistance Specialization, 2) MAHA students, 3) Graduating and Second-Year students, 4) First-Year students. Prerequisite: Graduate standing or instructor consent. Course meets on Harvard campus; check with instructor for room location.</p>				

<b>132626</b>	<b>Evidence-Based Interventions for Child Malnutrition</b>			
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# Course Bulletin

Subject:	Catalog Nbr:			
NUTR	0325			
2018 FALL	Primary	Irwin Rosenberg		irwin.rosenberg@tufts.edu
2018 FALL	Primary	Shibani Ghosh		Shibani.Ghosh@tufts.edu
<p>This course will build on current knowledge and translation of nutrition science basis for interactions for prevention and treatment of child malnutrition (wasting and stunting) in developing countries. The emphasis will be on protein quality, micronutrient content especially iron, Vitamin A, zinc, folate and essential fatty acids. Current interventions will be analyzed and discussed in this manner with emphasis on criteria for effectiveness studies.</p>				

<b>132640</b>	<b>Food and Agricultural International Trade</b>			
Subject:	Catalog Nbr:			
NUTR	0326			
2018 FALL	Primary	Norbert Wilson		Norbert.Wilson@tufts.edu
<p>The course is an exploration of international trade policy related to food and agriculture. We will review trade theory, trade policy, and value chains. Students will develop policy briefs on topics of interest. Prerequisite: NUTR 238, graduate standing or instructor consent.</p>				

<b>132654</b>	<b>Food Systems and Sustainable Diets</b>			
Subject:	Catalog Nbr:			
NUTR	0327			
2018 FALL	Primary	Hugh Joseph		hugh.joseph@tufts.edu
<p>Perspectives on food systems and diets will cover of social, economic, governance, health, culture, and environmental dimensions. Systems-based, multi-disciplinary approaches explain key issues from holistic perspectives. Topics include biodiversity, climate change, local food systems, food waste, livestock/meat; literacy; oceans &amp; seafood; water and beverages; sustainable dietary guidelines. A particular emphasis are sustainable diets and dietary guidance. How can food consumption serve as a critical change model for producing a more sustainable food system? The course emphasizes active class participation, including student-led presentations and group activities designed to build skills in applying sustainability and food system concepts to real-world situations. Assignments will focus on understanding the interplay of multiple facets of sustainable food systems, and how to navigate their complexities to produce practical outcomes in domains such as public policy, agricultural and food industry practices, public health nutrition, NGO advocacy, and communications. As an advanced course, first year students should have reasonable background in food systems education and/or experience. If unsure, please contact the instructor or enroll and come to the first class to evaluate your readiness for it. Prerequisite: Graduate standing or instructor consent.</p>				

<b>132667</b>	<b>Understanding Nutrition Science Using Systematic Review And Meta Analysis</b>			
Subject:	Catalog Nbr:			
NUTR	0328			
<p>Nutrition is an increasingly important topic for clinical medicine and public health policy. An unbiased assessment of the scientific literature is critical when formulating public health policy, allocating health care</p>				

# Course Bulletin

resources, reviewing and approving health claims, counseling patients who have varying biological needs and comorbidities, and targeting scarce research dollars. The large body of scientific literature, often with seemingly conflicting results, presents a formidable challenge to those making these decisions. This course will focus on the methods and uses of systematic reviews and meta-analyses for nutrition studies and their applications to the field of nutrition.

<b>132680</b>	<b>Agricultural Science And Policy II</b>			
Subject:	Catalog Nbr:			
NUTR	0333			
2018 FALL	Primary	Timothy Griffin	Timothy.Griffin@tufts.edu	
2018 FALL	Primary	Christian Peters	Christian.Peters@tufts.edu	
<p>Second part of a two-semester sequence required of AFE students. This course covers the major biological, chemical and physical components of agricultural systems. Each is discussed from the viewpoints of both the underlying natural processes and principles, and their significance for major agricultural, food safety, and environmental policy issues in the US today. In this second semester, the topics are best management practices, livestock systems, food systems, climate change and bio-energy. Major policy issues associated with these areas include protecting groundwater from nitrogen contamination; regulating and monitoring pesticide use; regulating agricultural biotechnology; and regulating "factory" animal production.</p>				

<b>132694</b>	<b>Senior Clinical Rotations</b>			
Subject:	Catalog Nbr:			
NUTR	0335			
2019 SPRG	Primary	Kelly Kane	Kelly.Kane@tufts.edu	
<p>Required of senior standing students enrolled in the Combined Masters Degree/Dietetic Internship program. The grading basis for this course is Satisfactory/Unsatisfactory. Prerequisite: Graduate standing or instructor consent.</p>				

<b>132709</b>	<b>Nutritional Genomics And Epigenomics</b>			
Subject:	Catalog Nbr:			
NUTR	0336			
<p>The course, which consists of two modules, Nutritional Genomics and Nutritional Epigenomics, will offer a state of science approach to unravel the effects of diet on health. In the Nutritional Genomics module, students will learn how nutrients affect gene expression, how nutrients and genes interact, and how nutrients affect the process of diseases such as cardiovascular diseases and metabolic syndrome through genetic mechanism. The Nutritional Epigenomics module will provide the most recent knowledge regarding epigenetic phenomenon, a mechanism that alters gene expression without genetic changes, how nutrients affect epigenetic phenomena, and how nutrients affect physiologic and pathologic processes such as embryonic development, aging, and cancer by modifying epigenetic phenomena.</p>				

<b>132722</b>	<b>Economics of Agriculture and the Environment</b>			
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# Course Bulletin

Subject:	Catalog Nbr:			
NUTR	0341			
2019 SPRG	Primary	Sean Cash		Sean.Cash@tufts.edu

This course is recommended for AFE students and highly recommended for any Friedman student with an interest in economic aspects of the food/environment interface. In this class we will be studying a broad range of environmental and natural resource problems through the tools and concepts of microeconomics - the social science that deals with balancing our (seemingly unlimited) wants and needs within the limitations of our personal, social, and natural environments. It therefore provides useful frameworks for considering issues such as how we protect and use our land, forests, and oceans; the impact of climate change on food production; societal investment in land, water, and soil quality; and how private and social incentives can help overcome market failures. Economic aspects of environmental and agricultural policies will be a major focus. Pre-requisite: NUTR 238 or a similar course in microeconomic principles or consent of instructor.

<b>132736</b>	<b>Nutritional Biochemistry and Physiology: Macronutrients</b>			
Subject:	Catalog Nbr:			
NUTR	0370			
2018 FALL	Primary	Stefania Lamon-Fava		stefania.lamon-fava@tufts.edu
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<p>Required of all students in the Biochemical and Molecular Nutrition and Nutritional Epidemiology programs. The course will expand understanding of the biological roles of nutrients and their metabolism using basic knowledge in physiology, biochemistry, cell biology and molecular biology. It will integrate information on the roles of macronutrients in nutrition and health especially on their relationship to cardiovascular disease, diabetes and cancer, as well as provide a forum for discussing the experimental approaches to studying macronutrient metabolism and function. NUTR 370 is an advanced course in the nutrition sciences and will cover topics related to carbohydrates and energy metabolism, fiber, protein and amino acids, and lipids. Students are expected to be familiar with the material covered in NUTR 202, as well as the biochemistry and physiology courses offered at Tufts.</p>				

<b>132750</b>	<b>Nutritional Biochemistry and Physiology: Micronutrients</b>			
Subject:	Catalog Nbr:			
NUTR	0371			
2018 SPRG	Primary	Edward Saltzman		edward.saltzman@tufts.edu
2019 SPRG	Primary	Elizabeth Johnson		elizabeth.johnson@tufts.edu
<p>Required of all students in the Biochemical and Molecular Nutrition and Nutritional Epidemiology programs, NUTR 371 is an advanced course in nutritional sciences. NUTR 371 will cover topics related to minerals, watersoluble micronutrients and fat-soluble micronutrients. Students are expected to be familiar with the material covered in an introductory nutrition course, as well as the biochemistry and physiology courses. Prerequisites: BCHM 0223 (Graduate Biochemistry), NUTR 202, NUTR 208, or equivalent.</p>				

<b>132762</b>	<b>MS Continuation Part Time</b>			
Subject:	Catalog Nbr:			
NUTR	0395			

# Course Bulletin

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<b>132774</b>	<b>MS Continuation Full Time</b>
Subject: NUTR	Catalog Nbr: 0396

<b>135600</b>	<b>Directed Study</b>		
Subject: NUTR	Catalog Nbr: 0397		
2017 FALL	Primary	Susan Roberts	susan.roberts@tufts.edu
2017 FALL	Primary	Gail Rogers	gail.rogers@tufts.edu
2017 FALL	Primary	Jennifer Sacheck	jennifer.sacheck@tufts.edu
2017 FALL	Primary	Lynne Ausman	lynne.ausman@tufts.edu
2017 FALL	Primary	Sean Cash	Sean.Cash@tufts.edu
2017 FALL	Primary	Corby Kummer	Corby.Kummer@tufts.edu
2017 SUMR	Primary	Dayong Wu	dayong.wu@tufts.edu
2017 SUMR	Primary	Erin Hennessy	erin.hennessy@tufts.edu
2017 SUMR	Primary	Alice Lichtenstein	alice.lichtenstein@tufts.edu
2017 SUMR	Primary	Sai Das	sai.das@tufts.edu
2017 SUMR	Primary	Chung-Yen Chen	Oliver.Chen@tufts.edu
2018 FALL	Primary	Virginia Chomitz	Virginia.Chomitz@tufts.edu
2018 SPRG	Primary	Sara Folta	sara.folta@tufts.edu
2018 SPRG	Primary	David Hastings	david.hastings@tufts.edu
2018 SPRG	Primary	Stefania Lamon-Fava	stefania.lamon-fava@tufts.edu
2018 SPRG	Primary	Jeanne Goldberg	jeanne.goldberg@tufts.edu
2018 SPRG	Primary	Joel Mason	joel.mason@tufts.edu
2018 SPRG	Primary	Patrick Webb	patrick.webb@tufts.edu
2018 SPRG	Primary	Nicola McKeown	nicola.mckeown@tufts.edu
2018 SPRG	Primary	Kelly Kane	Kelly.Kane@tufts.edu
2018 SPRG	Primary	Kathrina Prelack	kprelack@tufts.edu
2018 SPRG	Primary	Daniel Maxwell	Daniel.Maxwell@tufts.edu
2018 SPRG	Primary	Timothy Griffin	Timothy.Griffin@tufts.edu
2018 SPRG	Primary	Fang Fang Zhang	Fang_Fang.Zhang@tufts.edu
2018 SPRG	Primary	Shibani Ghosh	Shibani.Ghosh@tufts.edu
2018 SPRG	Primary	Gitanjali Singh	Gitanjali.Singh@tufts.edu
2018 SPRG	Primary	Sarah Amin	No Email on file.
2018 SPRG	Primary	Norbert Wilson	Norbert.Wilson@tufts.edu
2018 SUMR	Primary	Christina Economos	christina.economos@tufts.edu
2018 SUMR	Primary	Robert Houser	robert.houser@tufts.edu
2018 SUMR	Primary	Paul Jacques	paul.jacques@tufts.edu
This Directed Study course is a 1.5 semester hour unit (SHUs) course with a Satisfactory/Unsatisfactory			

# Course Bulletin

Grading Basis. This course is a mechanism for a student to receive academic credit for work completed under the tutelage of a Friedman faculty member sponsor. This is generally on a one-to-one basis with the student taking major responsibility for his/her progress. Research conducted in a laboratory during a Directed Study course project can be either problem-oriented or technique-based. Directed Study courses must be supervised by Friedman School appointed faculty. Students cannot independently enroll themselves in this course via SIS and must complete a Directed Study Proposal Form, obtain the Friedman Faculty Sponsor's approval, and approval of their Division Chair/Program Director, and submit the completed form to Friedman's Registrar in order to be manually enrolled in SIS. The deadline for submission of the Directed Study Proposal Form is the Add Deadline for the semester (refer to Friedman's Academic Calendar at: <https://nutrition.tufts.edu/students/registrar>). No more than 12 semester hour units (SHUs) may be applied for fulfillment of a Friedman degree and no more than 6 semester hour units (SHUs) may be taken with the same Friedman faculty member. Students may not use the mechanism of enrollment in a Directed Study course with a supervising Friedman faculty member in order to enroll in a course that is offered at a school that is not an approved cross-registration partner (no reciprocity) with the Friedman School. The Directed Study Proposal Form is available online at: <https://nutrition.tufts.edu/students/registrar/forms>.

<b>135642</b>	<b>Doctoral Candidacy Preparation</b>
Subject: NUTR	Catalog Nbr: 0399
PhD students preparing for their PhD Qualifying Examination need to enroll in this course, NUTR 0399 (full-time equivalent course), in order to remain in active status.	

<b>135681</b>	<b>Advanced Analytic Methods For Nutrition Policy Research</b>
Subject: NUTR	Catalog Nbr: 0401
This course teaches advanced methods for food and nutrition policy research. A central theme is the difficulty of inferring causation using non-experimental data, because of "omitted" or "confounding" factors. We focus on four strategies for addressing omitted variables: a) proxy variables, b) the "difference-in-differences" approach, c) simple models for panel data (fixed effects and random effects), and d) instrumental variables (two-stage least squares). We also address methods for solving the most frequently encountered data problems, such as multicollinearity, complex survey design, and outliers. Most methods are drawn from the field of econometrics, but they are chosen for their likely usefulness for social science research more generally. Using examples of real nutrition policy research questions in the United States and around the world, the course demonstrates the use of advanced analytic methods for defensible and convincing policy analysis. This course was formerly listed as NUTR 281.	

<b>135708</b>	<b>Phd Thesis Only Part Time</b>
Subject: NUTR	Catalog Nbr: 0402

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<b>135787</b>	<b>Phd.Thesis Only</b>			
Subject:	Catalog Nbr:			
NUTR	0403			
PhD students after completing their PhD Qualifying Exam and while preparing for their Dissertation Defense must enroll in this course, NUTR 0403 (full-time equivalent course), every semester to remain in active status.				

<b>135801</b>	<b>Doctoral Research Seminar: Food and Nutrition Policy</b>			
Subject:	Catalog Nbr:			
NUTR	0404			
2019 SPRG	Primary	Irwin Rosenberg	irwin.rosenberg@tufts.edu	
<p>This seminar is designed to offer doctoral students a forum for discussing issues, methodologies, and research findings at a higher plane of analysis. Will represent a venue for in-depth, cross-disciplinary exploration of challenging topics. Under the direction of one or more faculty members, students will be expected to facilitate topic discussions and guide each other's research, evaluate methods, and critique research findings, often in fields outside of nutrition. Students will be actively challenged to explore cutting-edge topics in innovative ways. The seminar offers students an opportunity to apply new methodologies or insights directly to their own work and return to the seminar at different stages of preparation for further review. In addition, students will further develop their presentation skills, and learn the art of giving and receiving constructive criticism. The grading basis for this course is Satisfactory/Unsatisfactory.</p> <p>NOTE FPAN PHD REQUIREMENT: Food Policy and Applied Nutrition doctoral candidates are required to fulfill at least two semesters during the period of their doctoral program; participation by FPAN doctoral students beyond the requirement two is strongly encouraged. Strongly recommended for doctoral students in the (former) World Hunger, U.S. Food and Nutrition Issues programs and AFE program. Other doctoral students are welcome. Prerequisite: The seminar is open to doctoral program students or Masters-level students already admitted to the doctoral program. Other Masters students may be considered only with instructor's consent.</p>				

<b>136001</b>	<b>Directed Study</b>			
Subject:	Catalog Nbr:			
NUTR	0497			
2017 FALL	Primary	Xian-Dong Wang	xiang-dong.wang@tufts.edu	
2017 FALL	Primary	Beatrice Rogers	beatrice.rogers@tufts.edu	
2017 FALL	Primary	William Masters	William.Masters@tufts.edu	
2018 SPRG	Primary	Allen Taylor	allen.taylor@tufts.edu	
2018 SPRG	Primary	Sean Cash	Sean.Cash@tufts.edu	
<p>This Directed Study course is a 1.5 semester hour unit (SHUs) course with a Letter Grading Basis. This course is a mechanism for a student to receive academic credit for work completed under the tutelage of a Friedman faculty member sponsor. This is generally on a one-to-one basis with the student taking major responsibility for his/her progress. Research conducted in a laboratory during a Directed Study course project can be either problem-oriented or technique-based. Directed Study courses must be supervised by Friedman School appointed faculty. Students cannot independently enroll themselves in this course via SIS and must complete</p>				

# Course Bulletin

a Directed Study Proposal Form, obtain the Friedman Faculty Sponsor's approval, and approval of their Division Chair/Program Director, and submit the completed form to Friedman's Registrar in order to be manually enrolled in SIS. The deadline for submission of the Directed Study Proposal Form is the Add Deadline for the semester (refer to Friedman's Academic Calendar at: <https://nutrition.tufts.edu/students/registrar>). No more than 12 semester hour units (SHUs) may be applied for fulfillment of a Friedman degree and no more than 6 semester hour units (SHUs) may be taken with the same Friedman faculty member. Students may not use the mechanism of enrollment in a Directed Study course with a supervising Friedman faculty member in order to enroll in a course that is offered at a school that is not an approved cross-registration partner (no reciprocity) with the Friedman School. The Directed Study Proposal Form is available online at: <https://nutrition.tufts.edu/students/registrar/forms>.

<b>136015</b>	<b>Research Practicum</b>
Subject: NUTR	Catalog Nbr: 0501
Required of Post-Doctoral and Training Grant Fellows. Grading is Satisfactory/Unsatisfactory.	

<b>138644</b>	<b>Transfer Credit</b>
Subject: TRAN	Catalog Nbr: 9999

<b>138799</b>	<b>Anthropology of Food and Nutrition</b>
Subject: NUTR	Catalog Nbr: 0330
2019 SPRG	Primary Ellen Messer <a href="mailto:ellen.messer@tufts.edu">ellen.messer@tufts.edu</a>
<p>This course provides an advanced introduction to anthropological theory and methods designed for food and nutrition science and policy graduate students. Section 1 covers anthropology's four-field modes of inquiry, cross-cutting theoretical approaches and thematic interest groups, their respective institutions and intellectual concerns. Section 2 demonstrates applications of these concepts and methods to cutting-edge food and nutrition issues. Assignments and activities incorporate background readings, related discussions, and short writing assignments, plus an anthropological literature review on a focused food and nutrition project, relevant to their particular interests. The course overall encourages critical thinking and scientific assessment of anthropology's evidence base, analytical tools, logic, and meaning-making, in the context of contributions to multi-disciplinary research and policy teams. Pre-requisites: Some social science background and graduate standing or instructor consent.</p>	

<b>138933</b>	<b>Supply Chain Management</b>
Subject: CRBU	Catalog Nbr: 0854
Supply Chain Management	

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<b>139207</b>	<b>Nutritional Biochemistry with Community/Clinical Applications: Macronutrients</b>			
Subject:	Catalog Nbr:			
NUTB	0205			
2018 FALL	Primary	Lynne Ausman		lynne.ausman@tufts.edu
<p>Students will explore the fundamental roles of nutrients in biological systems and the implications of macronutrient biological functions on food and nutrition policy. Emphasis will be placed on the function of nutrients as defined by their chemistry, interrelations among nutrient functions, mechanistic approaches in the analysis of nutrient-disease relationships, and recent advances in the basic sciences related to nutrition and nutrient function. The course will integrate examples of community, clinical and public health policy applications throughout the term. Published journal articles from the peer reviewed literature, case histories, and public policy documents will form the basis for critical review and discussion. This is the first of a two-course sequence (NUTB 205 and NUTB 305; these courses may be taken in either order). Prerequisite: Biochemistry This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.</p>				

<b>139208</b>	<b>Economics for Food and Nutrition Policy</b>			
Subject:	Catalog Nbr:			
NUTB	0238			
2018 FALL	Primary	William Masters		William.Masters@tufts.edu
<p>This course equips students with the principles used for economic analysis of food and nutrition policies around the world. We use the graphical methods taught in standard, one-semester courses on the principles of economics, but our motivation, examples and applications are focused on food and nutrition problems in the United States and elsewhere. On completion, students will be able to obtain the data and apply the analytical methods needed to: (1) explain and predict consumption, production and trade in agriculture and food markets; (2) evaluate the social welfare consequences of market failure, collective action and government policies including regulation, taxation and enforcement of property rights in agriculture and food markets; (3) measure poverty and inequality in income, wealth, nutrition and health, as influenced by changes in markets and policies; and (4) describe macroeconomic relationships, fluctuations and trends in incomes, employment, economic growth and development.</p> <p>Prerequisite: Economics Primer (<a href="http://nutrition.tufts.edu/sites/default/files/documents-forms/MNSPEconomicsprimerfall2017.pdf">http://nutrition.tufts.edu/sites/default/files/documents-forms/MNSPEconomicsprimerfall2017.pdf</a>). This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.</p>				

<b>139209</b>	<b>Statistical Methods for Health Professionals I</b>			
Subject:	Catalog Nbr:			
NUTB	0250			
2018 FALL	Primary	Robert Houser		robert.houser@tufts.edu
<p>Students will critically evaluate, compare, interpret, judge, summarize and explain statistical results published in research articles in health and nutrition journals from the United States and around the world that are influencing the practice of nutrition science, policy and research. Students learn and use Stata® statistical software for their homework. This course is open only to students who are in the Blended Master of Nutrition</p>				

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Science and Policy Program.
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<b>139222</b>	<b>Field Research Methods in Humanitarian Settings</b>
Subject: NUTC	Catalog Nbr: 0235

<b>139239</b>	<b>Intermediate Biostatistics: Regression Methods</b>
Subject: NUTR	Catalog Nbr: 0323
2018 FALL	Primary
Kenneth Chui	Kenneth.Chui@tufts.edu
<p>This course provides a survey of regression techniques for outcomes common in biomedical and public health studies including continuous, count, and binary data. Emphasis is on developing a conceptual understanding of the application of regression techniques to solving problems, rather than on numerical details. The first half of the course focuses on modifications to linear regression models when various assumptions do not hold. The second half of the course explores more advanced topics including logistic regression, Poisson regression, and complex survey weighting. Students will have opportunities to experience the whole life cycle of a statistical manuscript--using real world data given by the instructor as well as data of their own--from cleaning the data, writing the analysis plan, constructing the model, to presenting the work in forms of written report and oral presentation. Prerequisite: NUTR 0309: Statistical Methods in Nutrition Research II or NUTR 307: Regression Analysis for Nutrition Policy or course equivalent (students who wish to use other statistics course as prerequisites please gather a syllabus of the said course and contact the instructor for consent before the end of the Add deadline).</p> <p>IMPORTANT TO NOTE: NUTR 0323 is cross-listed with PH 0206 only in the Fall semester so Friedman students may enroll via SIS (8 seats available). However, this course is not cross-listed in the Spring semester so Friedman students need to pursue enrollment in PH 0206 (Intermediate Statistics at Tufts Public Health) via the cross-registration process.</p>	

<b>139241</b>	<b>Food Security and Nutrition in Emergencies</b>
Subject: NUTC	Catalog Nbr: 0232
<p>The course will take a practical programming approach by first, reviewing issues of food security and nutritional assessment, interpretation and response analysis, followed by a focus on the core food security and nutrition actions including food assistance, direct nutrition interventions and interventions to protect and promote food security and livelihoods more broadly. Programming examples explored cover a range of applications from acute emergencies to protracted crises, recovery, and in some cases, food security and nutrition elements of social protection. The evidence base for these actions will be reviewed, along with related international policies, standards and guidelines. A broader range of related and topical issues will also be considered, including humanitarian protection, disaster risk reduction and emergency preparedness, coordination, capacity development, recovery and transition.</p>	

# Course Bulletin

<b>139243</b>	<b>Statistical Methods for Health Professionals II</b>			
Subject:	Catalog Nbr:			
NUTB	0350			
2019 SPRG	Primary	Robert Houser	robert.houser@tufts.edu	
<p>The purpose of this course is to help students gain proficiency applying statistical concepts and procedures for the analysis of health and nutrition data. Statistical analysis techniques used for the analysis of data from experimental and non-experimental research studies covered in this course will include multiple regression assumptions, diagnostics, transformations and robust standard errors, multiple logistic regression, analysis of variance and covariance and analysis of data from cluster randomized trials. In this course students critically evaluate, compare, interpret, judge, summarize and explain statistical results published in research articles in health and nutrition journals that are influencing nutrition science, research, policy, and clinical practice. Students will learn how to formulate research questions, how to identify appropriate statistical techniques, how to perform the analysis with Stata statistical software and report results in tables, text and figures. Prerequisite: NUTB 250 or equivalent and permission of the instructor. This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.</p>				

<b>139371</b>	<b>Directed Study</b>			
Subject:	Catalog Nbr:			
NUTR	0397			
2017 FALL	Primary	Gitanjali Singh	Gitanjali.Singh@tufts.edu	
2017 SUMR	Primary	Sai Das	sai.das@tufts.edu	
2018 FALL	Primary	Dayong Wu	dayong.wu@tufts.edu	
2018 SPRG	Primary	Jose Ordovas	jose.ordovas@tufts.edu	
2018 SPRG	Primary	Janet Forrester	janet.forrester@tufts.edu	
2018 SPRG	Primary	Christina Economos	christina.economos@tufts.edu	
2018 SPRG	Primary	Carole Palmer	carole.palmer@tufts.edu	
2018 SPRG	Primary	Alice Lichtenstein	alice.lichtenstein@tufts.edu	
2018 SPRG	Primary	Patrick Webb	patrick.webb@tufts.edu	
2018 SPRG	Primary	Kelly Kane	Kelly.Kane@tufts.edu	
2018 SPRG	Primary	Kathrina Prelack	kprelack@tufts.edu	
2018 SPRG	Primary	Eileen Kennedy	Eileen.Kennedy@tufts.edu	
2018 SPRG	Primary	Timothy Griffin	Timothy.Griffin@tufts.edu	
2018 SPRG	Primary	Christian Peters	Christian.Peters@tufts.edu	
2018 SPRG	Primary	Fang Fang Zhang	Fang_Fang.Zhang@tufts.edu	
2018 SPRG	Primary	Sean Cash	Sean.Cash@tufts.edu	
2018 SPRG	Primary	Norbert Wilson	Norbert.Wilson@tufts.edu	
<p>This Directed Study course is a three semester hour unit (SHUs) course with a Satisfactory/Unsatisfactory Grading Basis. This course is a mechanism for a student to receive academic credit for work completed under the tutelage of a Friedman faculty member sponsor. This is generally on a one-to-one basis with the student taking major responsibility for his/her progress. Research conducted in a laboratory during a Directed Study course project can be either problem-oriented or technique-based. Directed Study courses must be supervised by Friedman School appointed faculty. Students cannot independently enroll themselves in this</p>				

# Course Bulletin

course via SIS and must complete a Directed Study Proposal Form, obtain the Friedman Faculty Sponsor's approval, and approval of their Division Chair/Program Director, and submit the completed form to Friedman's Registrar in order to be manually enrolled in SIS. The deadline for submission of the Directed Study Proposal Form is the Add Deadline for the semester (refer to Friedman's Academic Calendar at: <https://nutrition.tufts.edu/students/registrar>). No more than 12 semester hour units (SHUs) may be applied for fulfillment of a Friedman degree and no more than 6 semester hour units (SHUs) may be taken with the same Friedman faculty member. Students may not use the mechanism of enrollment in a Directed Study course with a supervising Friedman faculty member in order to enroll in a course that is offered at a school that is not an approved cross-registration partner (no reciprocity) with the Friedman School. The Directed Study Proposal Form is available online at: <https://nutrition.tufts.edu/students/registrar/forms>.

<b>139426</b>	<b>Nutrition Child Development</b>
Subject: NUTR	Catalog Nbr: 0212
<p>This course provides an overview of development during gestation, infancy, childhood, and adolescence, and enables students to think critically about the role of nutrition in child development. We will focus primarily on current issues and controversies in the United States, notably for health promotion and obesity prevention, with international perspectives incorporated during select units. This course complements NUTR 301 (Nutrition &amp; the Life Cycle), as well as NUTR 272 (Physical Activity, Nutrition and Health); the only prerequisite is NUTR 201 (Fundamentals of Nutrition Science) or equivalent.</p>	

<b>139427</b>	<b>Food Politics and Policy in the US</b>
Subject: NUTR	Catalog Nbr: 0340
<p>This course uses contemporary food issues to examine core elements of the U.S. system of government and to illuminate dynamics in American politics and policymaking. Its primary purpose is to develop a clearer understanding of how government institutions function, and how politics broadly understood shape what we end up calling (perhaps with some overstatement) "food policy." As such, the course focuses its attention on such elements as the constitutional foundations of the U.S. system of government, how the structure of the election system affects policy debate and outcomes, why some organized societal interests have greater access to and leverage with policymakers than others, and, overall, why obtaining fundamental policy change is difficult – yet not impossible</p>	

<b>139428</b>	<b>Food Systems Modeling and Analysis</b>
Subject: NUTR	Catalog Nbr: 0342
2019 SPRG	Primary Christian Peters Christian.Peters@tufts.edu
<p>Agriculture and food industries are a subject of growing interest in terms of their resource requirements, ecological impacts, and sustainability. This course will provide a foundation in some of the methods of modeling and analysis used to study food systems. We will address several types of approaches, generally building in complexity, starting with net balances of production and consumption and continuing through modeling food production capacity, foodshed analyses, life cycle assessment, and system dynamics and</p>	

# Course Bulletin

integrated modeling. Students will learn what types of questions are best addressed through modeling approaches, the methods used to conduct food systems models, and the data required to complete the analyses. In addition, they will have opportunities to conduct simple analyses through in-class exercises. Finally, students will learn how models might be relevant to the development of policy related to local and regional food systems or dietary changes to reduce environmental impact. Pre-requisite: Introductory GIS course or instructor's consent. The pre-requisite may not be taken concurrently with NUTR 342. Recommended: NUTR 233 Agricultural Science and Policy I AND NUTR 333 Agricultural Science and Policy II.

<b>139456</b>	<b>Nutritional Biochemistry with Community/Clinical Applications: Micronutrients</b>			
Subject: NUTB	Catalog Nbr: 0305			
2019 SPRG	Primary	Lynne Ausman	lynne.ausman@tufts.edu	
<p>Students will continue the exploration of the fundamental roles of nutrients in biological systems and the implications of micronutrient biological functions on food and nutrition policy. As with NUTB 205, emphasis will be on the function of nutrients as defined by their chemistry, interrelations among nutrient functions, mechanistic approaches in the analysis of nutrient-disease relationships, and recent advances in the basic sciences related to nutrition and nutrient function. This is the second of a two-course sequence (NUTB 205 and NUTB 305; these courses may be taken in either order). Prerequisites: prior completion of an undergraduate biochemistry course or its equivalent. This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.</p>				

<b>139457</b>	<b>Global Nutrition Programs</b>			
Subject: NUTB	Catalog Nbr: 0227			
2018 FALL	Primary	Sujata Dixit-Joshi	Sujata.Dixit_Joshi@tufts.edu	
<p>The goal of this course is to expose students to major global nutrition programs and strategies designed to lessen the global burden of nutrition related morbidity and mortality. Both prevention and treatment options for major nutrition related disorders that dominate contemporary populations will be discussed. This course will cover: a) current debates in the cause, prevention and treatment of global nutrition challenges, b) the range of options for interventions that exist, and actually implemented, c) the strength of the evidence base underpinning actions, d) approaches to problem assessment, (including the process of considering alternatives according to context), e) examples of successful nutrition interventions, f) constraints to success (what makes or breaks major program successes), and g) key global organizations involved in nutrition policy and programming. Each session will seek to cover: a) main problems still needing to be resolved; b) priority/target populations; c) interventions used/not used. Students will examine solutions at the local, national, and international level, including policy impact on programs, public health interventions, and public health practices. Prerequisite: One semester nutritional biochemistry and one Policy course. This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.</p>				

<b>139458</b>	<b>Theories of Behavior Change</b>			
Subject: NUTB	Catalog Nbr: 0211			

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2019 SPRG	Primary	Sara Folta	sara.folta@tufts.edu
<p>This course explores the theories of behavior change most commonly used in nutrition and public health. Includes an examination of several individual-based, social-based, organization-based and eco-social theories, including the Health Belief Model, the Theory of Planned Behavior, the Trans-theoretical Model, Decision-Making, Social Support, Social Learning Theory, and Diffusion of Innovations. Understanding and being able to apply these theories will help researchers and practitioners design program interventions based on psychological, biological, social, cultural and organizational frameworks. This course is open only to students who are in the Master of Nutrition Science and Policy (MNSP) Degree Program.</p>			

<b>139459</b>	<b>Interpreting Nutrition Evidence</b>		
Subject: NUTC	Catalog Nbr: 0230	2019 SPRG	Primary
		Adela Hruby	Adela.Hruby@tufts.edu
<p>This course will familiarize students with the terms and tools required to navigate the scientific literature and dissect the components of nutrition research articles. The course covers literature searches, study designs, anatomy of a research paper, and common statistical terms. Through “hands-on” exercises, including a literature review and case studies of how nutrition-related scientific evidence is translated in press releases and social media, students will gain the skills required to translate and communicate this body of knowledge responsibly. Prerequisites: NUTC 0200, NUTC 0202, or a prior course in general nutrition.</p>			

<b>139468</b>	<b>Obesity and Energy Regulation</b>		
Subject: NUTB	Catalog Nbr: 0242	2019 SPRG	Primary
		Sai Das	sai.das@tufts.edu
<p>This course is a perspective from the intersection of food and biology and will build upon principles of energy balance that were developed in Nutritional Biochemistry. In the first section, physiologic regulation of body weight and its dysregulation leading to obesity will be explored. The interaction between hormonal/neuroendocrine systems and dietary factors will be featured. In the second half of the course, lifestyle, pharmacologic and surgical approaches to obesity treatment as well as maintenance of lost weight will be presented. Prerequisite: Prior completion of a course in nutritional biochemistry of the macronutrients or its equivalent. This course is open only to students who are in the Master of Nutrition Science and Policy (MNSP) Degree Program.</p>			

<b>139509</b>	<b>Systematic Reviews: Theory and Practice</b>		
Subject: NUTR	Catalog Nbr: 0369		
<p>This course is designed to train students how to conduct a systematic literature review and how to report it in a research article suitable for an academic journal. This course combines classroom sessions with substantial individual or group work to create a systematic literature review plan. Students will be taught how to perform each step in a review and will then be expected to apply it to a topic of their choosing. They will get feedback at each stage in the process. The final deliverable for the course will be a protocol for a systematic literature review.</p>			

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Both masters and doctoral students can use the course as an opportunity to become an expert on a particular topic of interest. Masters students can use the written review protocol as a writing sample when applying for employment after graduation and some students might eventually complete the systematic review and publish it in an academic journal. Doctoral students can use the literature review as the basis for dissertation letter of intent since conducting a systematic review is a good first step in developing a research proposal.

Several course sessions and labs will be devoted to mathematical meta-analysis concepts and procedures. The primary course objectives are to understand how to conduct a systematic literature search, how to critically evaluate the quality of each study selected for inclusion in the review and how to write up the review in a form suitable for submission to an academic journal.

<b>139588</b>	<b>Biology II: Cells, Genetics, Development and Physiology</b>			
	Subject:	Catalog Nbr:		
	CRBU	BI108		

<b>139604</b>	<b>Directed Study</b>			
	Subject:	Catalog Nbr:		
	NUTR	0497		
	2017 FALL	Primary	Erin Hennessy	erin.hennessy@tufts.edu
	2017 SUMR	Primary	Elena Naumova	elena.naumova@tufts.edu
	2018 FALL	Primary	Jeanne Goldberg	jeanne.goldberg@tufts.edu
	2018 FALL	Primary	Sean Cash	Sean.Cash@tufts.edu
	2018 SPRG	Primary	Sarah Amin	No Email on file.

This Directed Study course is a three semester hour unit (SHUs) course with a Letter Grading Basis. This course is a mechanism for a student to receive academic credit for work completed under the tutelage of a Friedman faculty member sponsor. This is generally on a one-to-one basis with the student taking major responsibility for his/her progress. Research conducted in a laboratory during a Directed Study course project can be either problem-oriented or technique-based. Directed Study courses must be supervised by Friedman School appointed faculty. Students cannot independently enroll themselves in this course via SIS and must complete a Directed Study Proposal Form, obtain the Friedman Faculty Sponsor's approval, and approval of their Division Chair/Program Director, and submit the completed form to Friedman's Registrar in order to be manually enrolled in SIS. The deadline for submission of the Directed Study Proposal Form is the Add Deadline for the semester (refer to Friedman's Academic Calendar at:

<https://nutrition.tufts.edu/students/registrar>). No more than 12 semester hour units (SHUs) may be applied for fulfillment of a Friedman degree and no more than 6 semester hour units (SHUs) may be taken with the same Friedman faculty member. Students may not use the mechanism of enrollment in a Directed Study course with a supervising Friedman faculty member in order to enroll in a course that is offered at a school that is not an approved cross-registration partner (no reciprocity) with the Friedman School. The Directed Study Proposal Form is available online at: <https://nutrition.tufts.edu/students/registrar/forms>.

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<b>139617</b>	<b>Policy, Systems, and Environmental Change for Physical Activity</b>			
Subject: NUTC	Catalog Nbr: 0212			
2018 SUMR	Primary	Rebecca Boulos		Rebecca.Boulos@tufts.edu
2018 SUMR	Primary	Richard Fenton		Mark.Fenton@tufts.edu
<p>Behavior change efforts alone are not sufficient to elicit population level improvements in physical activity and nutrition. This course will address policy and environmental approaches that are being utilized nationwide to create physical and cultural settings that routinely support healthier choices at all levels. The basics of physical activity measurement, epidemiology, and guidelines will be outlined, along with fundamental lessons of individually targeted approaches to physical activity and nutrition. The socio-ecological model will frame the evidence for systems-based approaches to population physical activity and nutrition, such as: key elements of the built environment that support routine activity and healthier food systems; policies such as land use plans and zoning, transportation networks and funding, and site design guidelines; school policies affecting physical activity (e.g., physical education and recess, shared-use agreements, Safe Routes to School) and nutrition (e.g., vending policies, concessions, fund-raising). The result will be a broad understanding of the evidence and best practice-based approach to healthy community development. Prerequisites: junior or senior standing, or consent of the Online Graduate Certificate Program Director. If you are a Tufts undergraduate student, please copy and paste this url: <a href="https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbfEklbX">https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbfEklbX</a> into your browser and complete the online Qualtrics form. Once you submit the online form, you will be contacted by the Program Director with enrollment status information. All inquiries about this course should be directed to Diane McKay at <a href="mailto:diane.mckay@tufts.edu">diane.mckay@tufts.edu</a></p>				

<b>139618</b>	<b>Assessing and Measuring the Impact of Humanitarian Aid</b>			
Subject: NUTC	Catalog Nbr: 0302			
<p>Progress has been made on monitoring and evaluation of humanitarian programs, yet little has been achieved in the field of measuring and understanding the impact of aid, both short and long term; leading to limited evidence of the effectiveness of humanitarian aid. This problem relates to both the methodological challenges of measuring impact in complex, remote or insecure humanitarian contexts, and a set of institutional constraints that hinder organizational and personal learning. This course will explore problems of impact assessment for emergency operations and will provide training in some of the most promising methodologies of impact assessment, paying attention to participatory assessment methodologies. The course explains the trade-offs between 'hard' quantitative approaches and methods in humanitarian situations, and 'soft' qualitative approaches and methods, leading to understanding of the benefits of mixed methods for impact assessment. Through analysis of institutional constraints to impact assessment, the course provides guidance on ways to use evidence to influence policy and programming in humanitarian contexts.</p>				

<b>139619</b>	<b>Master's Thesis</b>			
Subject: NUTB	Catalog Nbr: 0300			
2018 SUMR	Primary	Robert Houser		robert.houser@tufts.edu

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2018 SUMR	Primary	Lynne Ausman	lynne.ausman@tufts.edu
Faculty will oversee the selection, scope and mentoring for a thesis project.			

<b>139620</b>	<b>Global Food and Nutrition Policy</b>		
Subject:	Catalog Nbr:		
NUTB	0206		
2018 SUMR	Primary	Eileen Kennedy	Eileen.Kennedy@tufts.edu
<p>Varying global and national forces drive food production and consumption within and among nations. The possibilities and limitations facing nutrition professionals in any given situation require an understanding of policy and the basic principles of policy formation. In order to be effective, professionals need an understanding of the indicators that are available to diagnose the situation, the skills to seek out information, and the ability to correctly interpret the results. Students will examine and apply these skills to specific case examples and evaluate the range of programs used to address over and under-nutrition, and which interventions are appropriate in varying circumstances.</p> <p>The class will cover: a) how science influences the policy agenda, and how policy debates influence the scientific and programmatic agenda; b) the scientific underpinnings of food and nutrition policies and development of normative guidance; c) how empirical findings in scientific research and operational programming make their way into policy and law; d) global debates and controversies in nutrition; e) how to evaluate what works best and what the alternatives should be considered; f) a review of key organizations involved in global food and nutrition policy and programming.</p>			

<b>139621</b>	<b>Management of Health and Nutrition NGO's</b>		
Subject:	Catalog Nbr:		
NUTB	0208		
2018 SUMR	Primary	David Hastings	david.hastings@tufts.edu
<p>Key concepts and principles for managing nutrition and health programs and organizations will be addressed to equip students to function as program directors and project managers. Case studies and readings will be used to convey a practical understanding of how to manage and coordinate business functions to achieve the goals and objectives of the organization. This course will deal with for-profit and nonprofit organizations. Topics will include business and project planning, management control systems, financial management, budgeting, performance measurement, pricing and marketing of services, operations management, cost analysis, human resource management, and the development of management information systems. The course is designed to provide students with practical tools.. The course is designed to develop an awareness of how each management function interacts and impacts the organization. Residencies will be comprised of lectures covering specialized topics, case discussions with student presentations, and journal discussions.</p>			

<b>139622</b>	<b>Advanced Medical Nutrition Therapy</b>		
Subject:	Catalog Nbr:		
NUTB	0316		
2018 SUMR	Primary	Kelly Kane	Kelly.Kane@tufts.edu
2018 SUMR	Primary	Kathrina Prelack	kprelack@tufts.edu
This course aims to expand student's knowledge on a variety of common pathophysiological conditions and			

# Course Bulletin

integrate this knowledge with the intervention of clinical nutrition therapies. Students will learn about the basic elements of medical nutritional therapy. These include nutritional assessment, which incorporates the use of anthropometric, biochemical and clinical data to determine nutritional status. Particular emphasis is placed on understanding energy expenditure and body composition and their components, and how these may change during physiological stress or illness. Students then learn about enteral and parenteral nutrition and fundamental aspects of nutrition support. These core elements are then applied in the study of various disease states and clinical nutrition therapy. Students also have the opportunity to explore diet and disease in an approved area of their interest through written and oral presentation. Prerequisite courses: Nutrition Science, General Chemistry, Organic Chemistry, Biochemistry, Human Biology or Physiology. This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.

<b>139777</b>	<b>Principles of Nutrition Science</b>			
Subject:	Catalog Nbr:			
NUTC	0202			
2018 FALL	Primary	Diane McKay		diane.mckay@tufts.edu
<p>This course presents the fundamental scientific principles of human nutrition. Students will become familiar with food sources; recommended intake levels; biochemical role; mode of absorption, transport, excretion; deficiency/toxicity symptoms, and potential major public health problems for each macro- and micronutrient. The student goals for this course are: 1) to describe the components of a healthy diet, 2) understand the major nutrition problems that affect individuals and populations from conception and throughout the life cycle, and 3) understand the scientific basis for nutritional recommendations brought before the scientific and lay communities. Prerequisites: Students are required to have taken a one semester college-level course in either human biology, chemistry, or physiology (preferred), junior or senior standing, or consent of the Online Graduate Certificate Program Director. If you are a Tufts undergraduate student, please copy and paste this url: <a href="https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX">https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX</a> into your browser and complete the online Qualtrics form. Once you submit the online form, you will be contacted by the Program Director with enrollment status information. All inquiries about this course should be directed to Diane McKay at <a href="mailto:diane.mckay@tufts.edu">diane.mckay@tufts.edu</a>.</p>				

<b>139834</b>	<b>Theories of Behavior Change and Positive Deviance</b>			
Subject:	Catalog Nbr:			
NUTC	0213			
2019 SPRG	Primary	Kristie Hubbard		Kristie.Hubbard@tufts.edu
<p>How do you achieve behavior change in challenging circumstances? This course explores that question by examining theories of behavior change commonly used in nutrition and public health and introducing the Positive Deviance (PD) Approach. In the first half, several individual-, social-, and organization based theories will be explored, with an emphasis on understanding core concepts and measurement issues. The second half will build on this base and cover the theory, history and application of PD. Students will develop their own problem statement and map out the steps required to apply the PD approach to their identified problem. Interactive activities and assignments will teach students when to apply each of the behavior change methods.</p>				

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<b>139852</b>	<b>Epidemiology for Nutrition Professionals</b>			
Subject: NUTB	Catalog Nbr: 0204			
2019 SPRG	Primary	Silvina Choumenkovitch	silvina.choumenkovitch@tufts.edu	
2019 SPRG	Primary	Gitanjali Singh	Gitanjali.Singh@tufts.edu	
<p>This course covers basic epidemiologic concepts and methods and introduces students to techniques, including dietary assessment methods, which are used in human nutrition research. Students will learn to calculate and interpret basic measures of disease frequency and measures of effect, will be introduced to methods for recognizing and addressing sources of error in human studies, and will learn the basics of study design and implementation for nutrition research. Prerequisite: Prior completion of a course in statistics (e.g., NUTR 0207 or NUTR 0206 or its equivalent). This course is open only to students who are in the Master of Nutrition Science and Policy (MNSP) Degree Program</p>				

<b>139853</b>	<b>Monitoring and Evaluation of Nutrition and Food Security Programs</b>			
Subject: NUTB	Catalog Nbr: 0210			
<p>Inadequate project monitoring and evaluation (M&amp;E) represent a major constraint in domestic and international programmatic efforts to address problems of malnutrition. The absence of sound M&amp;E processes in large numbers of nutrition projects, despite continued evidence of their value in assessing and improving project performance, suggests that many project planners and managers may not yet have the necessary skills or understanding to develop and operate such systems. In this course students will become familiar with the strategies and techniques for monitoring and evaluating projects, particularly those related to nutrition and food security. They will be exposed to multiple domestic and international examples of monitoring and evaluation systems. Students will gain experience in the design of regional monitoring and evaluation plans and be able to assess the adequacy of proposals and program evaluations designed by others.</p>				

<b>139854</b>	<b>Nutrition, Brain and Behavior</b>			
Subject: NUTB	Catalog Nbr: 0243			
2017 FALL	Primary	Marcy Goldsmith	marcy.goldsmith@tufts.edu	
2018 FALL	Primary	Grace Giles	Grace.Giles@tufts.edu	
<p>During the past two decades there has been an increasing awareness of the interaction between nutrition and behavior. To examine this interaction, two general themes will be pursued. First, we will investigate the effects of nutritional variables on brain functioning and behavior. Second, we will study the influence of psychological variables in determining food intake and nutritional status. Examples of topics to be covered includes: the effects of protein- caloric malnutrition on brain development and intellectual functioning; obesity and other eating disorders; food additives and behavior; the role of brain mechanisms in determining nutritional intake; food choice; food as an addiction; and the importance of vitamins and minerals for behavioral functioning. Prerequisite: Nutritional biochemistry or permission from MNSP Program Director. This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.</p>				

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<b>139855</b>	<b>Nutrition and Aging</b>
Subject: NUTB	Catalog Nbr: 0241
<p>This course will address the impact of nutrition on aging and the impact of aging on nutrient needs. The worldwide population is experiencing a dramatic increase in the number of elderly, due to socioeconomic improvements, and advances in science, technology, medicine and nutrition. It is of primary importance to determine both the nutritional needs of the elderly and to adequately determine long-term nutrient needs that will prevent or ameliorate nutrition-related chronic diseases. Topics will include changes in body composition and their adverse effects such as frailty and sarcopenia, controversies about healthy weights for older adults, roles of micronutrients in ameliorating age-related deterioration in bone health and immune function, and therapies that may prevent cognitive decline. Approaches to maximizing healthy aging from physiological and sociologic aspects of these problems will be presented.</p>	

<b>139856</b>	<b>Food Science Fundamentals</b>
Subject: NUTB	Catalog Nbr: 0219
2018 FALL	Primary Lynne Ausman lynne.ausman@tufts.edu
<p>The foundation of knowledge for any nutrition professional is a thorough understanding the nutritional components of food and foodborne pathogens that are linked with disease and issues affecting food safety. Students will become adept with the basic groups of foods in the food supply and their nutrient profiles, their harvesting, processing and storage procedures and policies. The course will provide students a broad overview of certain aspects of the food supply both locally and worldwide and will examine issues affecting food safety including some of the mechanisms by which foodborne pathogens that cause disease in humans, as well as the human consequences of infection by major foodborne pathogens such as E. coli O157:H7, Campylobacter and Listeria. Pre-requisite: NUTR 0202 or equivalent. This course is open only to students who are in the Blended Master of Nutrition Science and Policy Program.</p>	

<b>140094</b>	<b>Sustainability on the Farm</b>
Subject: NUTC	Catalog Nbr: 0261
2018 FALL	Primary Timothy Griffin Timothy.Griffin@tufts.edu
<p>Agriculture is the single largest user of land and water and, thus, has broad environmental impacts. Gains in yield productivity over the last five decades have met increasing demands without increasing agricultural area in the U.S., but environmental, economic and social costs have been considerable. In this first course of the series, the farm level primary costs and benefits will be analyzed, along with a profile of current conventional and alternative approaches to food production in the U.S. Students will examine the policy response to environmental and conservation concerns, focusing on the balance between meeting increased demand while mitigating environmental and social costs. Prerequisite: Graduate standing or instructor consent.</p>	

<b>140108</b>	<b>Biology of Muscle Wellness &amp; Disease</b>
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Subject:	Catalog Nbr:
CRBU	HS560

<b>140148</b>	<b>Introduction to Epidemiology</b>
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Subject:	Catalog Nbr:
CRBU	0713

<b>140163</b>	<b>Principles of General Chemistry</b>
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Subject:	Catalog Nbr:
CRBU	CAS171

<b>140373</b>	<b>Sustainable Food Systems and Markets</b>
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Subject:	Catalog Nbr:
NUTC	0262

2019 SPRG	Primary	Natalie Valpiani	Natalie.Valpiani@tufts.edu
2019 SPRG	Primary	Robert Guillemin	Robert.Guillemin@tufts.edu

By preparing and distributing food, food processors, wholesalers, and retailers transform the very nature of what we eat and establish the economic, social and environmental terms that shape much of the food system. This course will examine the dominant food system and explore the alternative strategies that seek to provide a reliable, equitable, and sustainable food supply from the "middle of the food system."

<b>140392</b>	<b>Mass Spectrometry, Proteomics, &amp; Functional Genomics</b>
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Subject:	Catalog Nbr:
CRBU	BI793

<b>140478</b>	<b>Environmentally Sustainable Development</b>
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Subject:	Catalog Nbr:
CRBU	CAS304

Environmentally Sustainable Development

<b>140483</b>	<b>Social Networks in Strategic Communication Planning</b>
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Subject:	Catalog Nbr:
CRBU	0737

Social Networks in Strategic Communication Planning

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<b>140493</b>	<b>Biological Database Systems</b>		
Subject:	CRBU	Catalog Nbr:	BF768
Biological Database Systems			

<b>140539</b>	<b>Fundamentals of Writing About Nutrition and Health</b>		
Subject:	NUTR	Catalog Nbr:	0220
	2018 FALL	Primary	Christine Smith Christine.Smith@tufts.edu
<p>This introductory course is designed to teach the basic skills necessary to write nutrition- and health-related papers that are clear, accurate, and audience-appropriate. It is a practical review of grammar, writing, and revision, and will enable students to develop a clear, fluent, and readable style. The course will include both individual and collaborative exercises and will require several writing and editing assignments. NUTR 220 is a prerequisite for NUTR 306. Enrollment limited to 20 students. NOTE: NUTR 220 may not be taken concurrently with NUTR 306. Prerequisite: Graduate standing or instructor consent.</p>			

<b>140639</b>	<b>Sustainability and the Food Consumer</b>		
Subject:	NUTC	Catalog Nbr:	0263
	2018 SUMR	Primary	Sean Cash Sean.Cash@tufts.edu
<p>Every day, we make numerous choices about what to eat - and what not to eat. How do consumers and households make these choices, and how can the environments in which we make these choices be shaped to enhance sustainability without sacrificing our health or enjoyment of food? In this course we draw upon insights from economics, psychology, marketing, and nutrition to explore topics such as current food consumption patterns, determinants of food choice, the role of food labeling and market-based initiatives in enhancing sustainability, and the impact of regulation and "nudges" on consumer behavior around food. Prerequisites: junior or senior standing, or consent of the Online Graduate Certificate Program Director. If you are a Tufts undergraduate student, please copy and paste this url: <a href="https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX">https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeKlbX</a> into your browser and complete the online Qualtrics form. Once you submit the online form, you will be contacted by the Program Director with enrollment status information. All inquiries about this course should be directed to Diane McKay at <a href="mailto:diane.mckay@tufts.edu">diane.mckay@tufts.edu</a></p>			

<b>140640</b>	<b>Human Physiology</b>		
Subject:	NUTC	Catalog Nbr:	0268
<p>This course will introduce the functions of mammalian organisms as we understand them at various levels of organization - organ system, organ, cellular and subcellular levels. Our goal is to provide a broad overview of the fundamental properties and regulation of these systems so that the student can understand and relate</p>			

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this material to that learned in other nutrition science courses. This course will cover topics that are based upon biological and chemical concepts; however, no prior background in science is required. This course does not fulfill the degree requirement for NUTR 208.

<b>140715</b>	<b>Muscle Biology in Health &amp; Disease</b>			
	Subject:	Catalog Nbr:		
	CRBU	SAR560		
Muscle Biology in Health & Disease				

<b>140813</b>	<b>Consumer Behavior</b>			
	Subject:	Catalog Nbr:		
	CRBU	MK856		
Consumer Behavior				

<b>140824</b>	<b>Food Justice: Critical Approaches in Policy and Planning</b>			
	Subject:	Catalog Nbr:		
	NUTR	0285		
	2018 FALL	Primary	Julian Agyeman	julian.agyeman@tufts.edu
<p>This class offers students different lenses, such as critical race theory to see how the intersectionality of race, class, gender, sexuality, ability and citizenship play out in the development of systemic structural and socio-spatial inequities and injustices in food systems. It develops an understanding and contextualization of the role of food justice activism within the broader narrative of the alternative food movement and offers emerging ideas about how policymakers and planners can take a role in increasing food justice beyond the more mainstream and ultimately contested notions of what is 'local' and 'sustainable.' The course will help participants chart their role(s) in advocating for 'just sustainability' as a defining factor in becoming food systems planners and policymakers. Prerequisite: Graduate standing or instructor consent. This course is cross-listed with UEP 0285.</p>				

<b>140905</b>	<b>Biostatistics I</b>			
	Subject:	Catalog Nbr:		
	NUTR	0206		
	2017 FALL	Primary	Farzad Noubary	Farzad.Noubary@tufts.edu
	2018 FALL	Primary	Angie Rodday	Angie.Rodday@tufts.edu
<p>This course introduces basic principles and applications of statistics to problems in clinical research. Topics covered include descriptive statistics, probability and random variation, sampling, hypothesis testing, proportions, measures of frequency, t-tests, chi-square tests, one-way analysis of variance, correlation, linear regression and nonparametric statistics. This course has a required Laboratory (NUTR 0206.1L) linked to the NUTR 0206.01 course. NOTE: Students cannot receive semester hour units for both NUTR 206: Biostatistics I and its counterpart NUTR 207: Statistical Methods of Nutrition Science and Policy. Prerequisites: Graduate standing or instructor consent. Instructors: Dr. Angie Rodday and Dr. Musie Ghebremichael</p>				

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**IMPORTANT:** The first class session will meet September 10 and the first class session will meet September 12. Check syllabus for classroom location for each class session since multiple classroom locations have been assigned to the course. Also be sure to enroll in the required Biostatistics I Lab in SIS (NUTR 0206L; Class #: 81423), which meets Wednesdays, 1:30-3:30 PM in Sackler, Room 316. Students must bring laptops to Lab.

<b>141051</b>	<b>Gender and Human Security in Transitional States and Societies</b>			
Subject:	Catalog Nbr:			
NUTR	0242			
2019 SPRG	Primary	Elizabeth Stites	elizabeth.stites@tufts.edu	
2019 SPRG	Primary	Dyan Mazurana	Dyan.Mazurana@tufts.edu	
<p>This course uses gender as a key analytical tool to examine states and societies transitioning from armed conflict or other large-scale social and political upheaval. It explores key gender dimensions of such transitions and their implications for states, societies, and citizens, including those that have moved toward more democratic forms of governance and those that transitioned (or appear to be transitioning) into more authoritarian or fundamentalist regimes. The course will balance a population-focused approach (examining the evolving roles, expectations, norms and positions for both men and women, and to a lesser extent boys and girls) with an analysis of the health, humanitarian, development security, and justice/legal sectors. Prerequisite: Graduate standing and instructor consent.</p>				

<b>141052</b>	<b>Forced Migration</b>			
Subject:	Catalog Nbr:			
NUTR	0243			
2019 SPRG	Primary	Karen Jacobsen	karen.jacobsen@tufts.edu	
<p>This course is an introduction and overview of issues in forced migration, and how humanitarian and human security issues are related to displacement. The course provides an overview of the scale, scope and causes of global displacement, theories of forced migration, the impact of forced displacement on food security, livelihoods and protection, and the ways in which displaced people, governments and the international humanitarian system have responded, at the international, national and community levels. Prerequisite: Graduate standing and instructor consent.</p>				

<b>141063</b>	<b>Introduction to SAS Programming</b>			
Subject:	Catalog Nbr:			
NUTR	0237			
2018 FALL	Primary	Gail Rogers	gail.rogers@tufts.edu	
<p>This half-semester course will provide students with sufficient knowledge of how to obtain, manage, clean and prepare data in SAS for Windows. Emphasis will be placed on the basics of SAS programming and data manipulation. Upon completion, students should be able to use data in SAS and be familiar with the procedure steps required to import and export data, create SAS data sets, produce descriptive statistics, and clean and transform data in preparation for statistical analyses. In-class exercises and weekly homework assignments will allow students to acquire hands-on experience solving common SAS programming tasks. Important to Note: This course is designed for students with no SAS programming experience. Students with a</p>				

# Course Bulletin

basic knowledge of SAS should not take this course. Prerequisite: Graduate standing or instructor consent.  
Meets first half of fall semester.

<b>141108</b>	<b>Nutrition, Health, and Disease I: Pregnancy to Adolescence</b>			
Subject:	Catalog Nbr:			
NUTC	0269			
2019 SPRG	Primary	Kelly Kane	Kelly.Kane@tufts.edu	
2019 SPRG	Primary	Kathrina Prelack	kprelack@tufts.edu	
<p>This course examines the relationship between nutrition, health, and chronic disease spanning from pregnancy through the different stages of childhood. Energy and nutrient requirements to support pregnancy and lactation, as well as common nutrition related concerns during this life stage are addressed. Topics in pediatric nutrition encompass nutrient needs during infancy with an in depth focus on growth assessment and use of standard growth and special needs of preterm and full term infants. The course identifies specific nutrient requirements at the various phases of growth and development, as well as feeding practices and eating behaviors that accompany each stage. Medical nutrition therapy associated with common nutritional disorders of children with developmental disability, chronic disease, and obesity is introduced. Given the increased health risks associated with obesity, a comprehensive review of nutrition screening, diet therapy, and clinician based education of parents and children at various age groups is provided.</p>				

<b>141110</b>	<b>Genetic Epidemiology</b>			
Subject:	Catalog Nbr:			
CRHA	EPI507			
Genetic Epidemiology				

<b>141124</b>	<b>Computational Biology: Genomes, Networks, Evolution</b>			
Subject:	Catalog Nbr:			
CRBU	BE562			
Computational Biology: Genomes, Networks, Evolution				

<b>141193</b>	<b>Trending Insights: Social Media Analysis and Visualization</b>			
Subject:	Catalog Nbr:			
CRBU	0747			
Trending Insights: Social Media Analysis and Visualization				

<b>141194</b>	<b>Environmental Health Science, Policy and Law</b>			
Subject:	Catalog Nbr:			
CRBU	EH805			
Environmental Health Science, Policy and Law				

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<b>141195</b>	<b>Nutrition and Disease Prevention: A Life Course Approach</b>			
	Subject:	Catalog Nbr:		
	CRBU	HS742		
Nutrition and Disease Prevention: A Life Course Approach				

<b>141196</b>	<b>Food and Security</b>			
	Subject:	Catalog Nbr:		
	CRBU	ML712		
Food and Security				

<b>141197</b>	<b>Biological Database Analysis</b>			
	Subject:	Catalog Nbr:		
	CRBU	BF768		
Biological Database Analysis				

<b>141208</b>	<b>Social Media Marketing</b>			
	Subject:	Catalog Nbr:		
	CRBU	MK845		
Social Media Marketing				

<b>141379</b>	<b>Nutrition, Health, and Disease II: Adulthood</b>			
	Subject:	Catalog Nbr:		
	NUTC	0270		
	2018 SUMR	Primary	Kelly Kane	Kelly.Kane@tufts.edu
	2018 SUMR	Primary	Kathrina Prelack	kprelack@tufts.edu
<p>This course covers basic epidemiologic methods and concepts, including study design, calculation and interpretation of basic measures of disease frequency and measures of effect, sources of inaccuracy in experimental and observational studies, causal inference, and an introduction to the statistical evaluation and interpretation of epidemiological data. Students will discuss past and recent publications in order to apply their understanding of abstract concepts and specific quantitative methods to the interpretation and critique of published work.</p>				

<b>141462</b>	<b>Grant Writing</b>			
	Subject:	Catalog Nbr:		
	NUTR	0400		
	2018 SUMR	Primary	Robert Houser	robert.houser@tufts.edu
	2018 SUMR	Primary	Sarah Booth	Sarah.Booth@tufts.edu
Students will receive didactic training on the principles of the grant writing process. Students will be required				

# Course Bulletin

to write specific aims for a grant proposal on a topic of the instructor's choosing. A class on writing skills will help students form a clear and concise series of specific aims. A class on available citation databases and reference management techniques will guide students on effective literature searches and management of citations. The entire class will critique each set of specific aims in an interactive session. Thereafter, the student, working with his/her advisor if possible, will devise and write a research grant proposal using the format described below. During this time lectures will focus on specific topics relevant to grant writing. All will be encouraged to seek one-on-one assistance from participating statisticians while formulating the initial experimental design. Designated time outside of the classroom is required for each student to write a grant. The final grant will then be distributed to the entire class with advance time for the advisor, course instructors, and students to have time to read each grant, give feedback, and prepare questions. During the final weeks of the course, each student will defend their grant proposal in front of the class. Each student will be expected to explain to the class the formulated research question and the specific aims, and respond to questions and comments from the advisor, course instructors and other students. Throughout the course, case studies on responsible ethical conduct in research, including responsible peer-review, will be discussed to facilitate the student's development of ethical reasoning in research. Pre-Requisites: Enrolled in a doctoral program or by permission from course instructor.

<b>141586</b>	<b>MAHA Capstone Project</b>				
	Subject:	Catalog Nbr:			
	NUTR	0299			
	2019 SPRG	Primary	Karen Jacobsen	karen.jacobsen@tufts.edu	
	2019 SPRG	Primary	Dyan Mazurana	Dyan.Mazurana@tufts.edu	
	2019 SPRG	Primary	Daniel Maxwell	Daniel.Maxwell@tufts.edu	
<p>All MAHA students must present an Oral and Written MAHA Capstone Project to fulfill the MAHA Capstone Project degree requirement. The MAHA Capstone Project (only available for MAHA students; enroll in NUTR 0299 via SIS for spring semester) is a unique opportunity for students to work long and hard—longer than one usually can in professional life, and with more intellectual freedom and rigor—on an issue that they are passionate about. Students draw on their learning at Tufts and previous humanitarian experiences to develop this comprehensive written study. The specific format of the final product is flexible to allow students to achieve their pedagogical aims for the study. Each student is matched with a MAHA Capstone Project faculty advisor who will help guide them through the process.</p>					

<b>141610</b>	<b>Scientific Basis of Nutrition: Micronutrients</b>				
	Subject:	Catalog Nbr:			
	NUTR	0245			
	2018 FALL	Primary	Edward Saltzman	edward.saltzman@tufts.edu	
<p>NUTR 245 is one course of a pair of courses designed to provide students with an in-depth understanding of nutrition and its scientific underpinnings. NUTR 245 focuses on micronutrients, including fat- and water-soluble vitamins and minerals. The second course of the sequence, NUTR 246, focuses on macronutrients and energy. The course will cover micronutrient sources; digestion and absorption; bioavailability; homeostasis; functions throughout the lifecycle including roles in promotion of health and prevention of disease; and deficiency and toxicity states. Additional concepts will include micronutrient fortification, dietary supplements as sources of micronutrients, gene-diet interactions, and the social</p>					

# Course Bulletin

determinants of micronutrient nutriture and their implications. Prerequisites: Undergraduate chemistry and biology, or by instructor permission.

141611	Scientific Basis of Nutrition: Macronutrients			
Subject: NUTR	Catalog Nbr: 0246	2019 SPRG	Primary	Erin Hennessy erin.hennessy@tufts.edu
<p>NUTR 246 is one course of a pair of courses (with NUTR 245) designed to provide students with an in-depth understanding of nutrition and its scientific underpinnings. NUTR 246 focuses on macronutrients and energy, and will cover topics related to energy metabolism, carbohydrates and fiber, lipids and lipoproteins, and amino acids and proteins while NUTR 245 focuses on micronutrients including fat- and water-soluble vitamins and minerals. The course has been designed to review and build upon students' existing knowledge of biology and chemistry, and will provide instruction in biochemical and physiologic principles necessary to understand the aspects of macronutrients described above. The focus of the course will be on the scientific basis for and real-world application of macronutrients and energy. The course is divided into 4 sections in 3-week cycles: energy/energy metabolism, carbohydrates and fiber, lipids and lipoproteins, amino acids and proteins. Each section will address five major questions: what, where, why, when, and how. For example, What is a carbohydrate? What is its function? Where do I obtain carbohydrates (food sources)? Why does my body need carbohydrates? When do my needs change (across the lifecourse)? How does my body digest/absorb/metabolize carbohydrates? Prerequisite: NUTR 0245: Scientific Basis of Nutrition: Micronutrients (first of two-semester sequenced course) and undergraduate-level biology and chemistry, or by instructor consent.</p>				

141612	Advanced Data Analysis			
Subject: NUTR	Catalog Nbr: 0394	2018 FALL	Primary	Elena Naumova elena.naumova@tufts.edu
<p>This project-based course capitalizes on student interests to formulate research questions with understanding of data limitations, conduct multi staged data analysis, and select proper data visualization and graphical representation tools. Students will learn advanced modern analytical tools and techniques essential for analysis in a variety of disciplines such as Climate, Environment, Nutrition and Health applications (knowledge of only one of these disciplines. This course also covers research design, the scientific method, data quality and validity, data management, and research ethics in data analysis. Students should attempt to identify data sets relevant to their specific interests prior to the course. Instructor will approve data set suitability. If students cannot identify appropriate datasets, the instructor will provide a dataset. Designated time outside of the classroom is required for each student to work with the team partner to provide and receive feedback on homework assignments. Prerequisites: Students should have basic working knowledge of statistical methods in environmental and/or nutrition research and epidemiology. Recommended courses that cover those topics include: Biostatistics I and II (NUTR 0206/0309) or Statistical Methods in Nutrition Research and Regression Analysis for Nutrition Policy (NUTR 0207/NUTR 0307) or equivalent. Ability to analyze data by use of R is preferable, but students may utilize other statistical programs as long as those programs are sufficient for the analysis that is proposed. This course is cross-listed with CEE Special Topics.</p>				

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<b>141649</b>	<b>Food Writing</b>	
	Subject: CRBU	Catalog Nbr: ML681

<b>141654</b>	<b>Marketing Social Change</b>	
	Subject: CRBU	Catalog Nbr: MK867
Marketing Social Change		

<b>141665</b>	<b>Fundamentals of Nonprofit Management</b>	
	Subject: CRBU	Catalog Nbr: OB841
Fundamentals of Nonprofit Management		

<b>141666</b>	<b>Financial Management</b>	
	Subject: CRBU	Catalog Nbr: FE722
Financial Management		

<b>141667</b>	<b>Global Supply Chains</b>	
	Subject: CRBU	Catalog Nbr: AD680
Global Supply Chains		

<b>141720</b>	<b>Social Media for Health and Nutrition Communication</b>	
	Subject: NUTR	Catalog Nbr: 0213
	2019 SPRG	Primary Marisa Hastie
		Marisa.Hastie@tufts.edu
<p>In this course we will examine the diverse uses of social media in the current health and nutrition field and develop a framework for students to apply for future social media usage in professional endeavors. Attention will be paid to the critical analysis of the appropriateness, potential target populations, communication and health behavior strategies, the risks and benefits, and the overall intended outcomes and reach of social media communication. In small groups, students will ultimately design, implement, and develop evaluation tools for a social media campaign/initiative of their choosing. Enrollment limited to 20 students. Priority enrollment is given to: 1) Nutrition Interventions, Communication, and Behavior Change (NICBC) students (for whom the course is a requirement); 2) Second-year students; 3) Students that need the course for their specialization.</p>		

# Course Bulletin

<b>141784</b>	<b>Nutrition and Entrepreneurship</b>		
Subject:	Catalog Nbr:		
NUTR	0280		
2019 SPRG	Primary	Jessica Deckinger	Jessica.Deckinger@tufts.edu
<p>This course is designed to introduce students to the theory and practice of entrepreneurship. Entrepreneurial theory and practice relevant to the nutrition/food space will be discussed from the perspectives of a stand-alone start-up company and within larger organizations. This course is designed for students interested in exploring how entrepreneurship can be incorporated into food and nutrition and who may wish to begin to build an entrepreneurial skill set. Course topics will include ideation, finding potential investors, pitch development and pitching skills, competitive analysis, market sizing, business plan development, basic entrepreneurial finance and legal issues, entrepreneurial ethics, and management skills needed to run an entrepreneurial venture. Final products of the course will be a pitch presentation and a written business plan. Prerequisite: Graduate standing or instructor consent.</p>			

<b>141821</b>	<b>Food Writing Media</b>		
Subject:	Catalog Nbr:		
CRBU	ML681		
Food Writing Media			

<b>141823</b>	<b>Fundamentals of Non-Profit Management</b>		
Subject:	Catalog Nbr:		
CRBU	OB841		
Fundamentals of Non-Profit Management			

<b>141855</b>	<b>Basic Neurosciences</b>		
Subject:	Catalog Nbr:		
CRBU	BN777		
Basic Neurosciences			

<b>141867</b>	<b>Applied Genetic Analysis</b>		
Subject:	Catalog Nbr:		
CRBU	BS859		
Applied Genetic Analysis			

<b>141868</b>	<b>Theory of Social Policy and Change</b>		
Subject:	Catalog Nbr:		
CRBR	HS508		

# Course Bulletin

## Theory of Social Policy and Change

<b>141958</b>	<b>Hot Topics and Controversies in Nutrition</b>			
Subject:	Catalog Nbr:			
NUTR	0286			
2017 SUMR	Primary	Edward Saltzman	edward.saltzman@tufts.edu	
2017 SUMR	Primary	Gitanjali Singh	Gitanjali.Singh@tufts.edu	
<p>Virtually no topic attracts more public attention or generates more controversies than nutrition. In this intensive week-long course, the scientific underpinnings of several hot topics and controversies will be explored. Topics will include exploration of popular diets (e.g., low glycemic index and the Paleo diet), dietary gluten, FODMAPS, the relationship between saturated fat and heart disease, and use of dietary supplements. For each topic, participants will learn why the topic is hot or controversial, and will gain an appreciation of the current state of scientific evidence as well as gaps in knowledge. The class will engage in debates and group discussions designed to illuminate perspectives of consumers, nutrition professionals and health care providers. Students will be assigned reading to be completed in advance of the course. Students will complete daily assignments and a final project that will be due after completion of the week-long course. No prerequisites. Community and Alumni Discounts are not available for this course.</p>				

<b>141959</b>	<b>A Complex Systems Approach to Healthcare and Its Impact on Diet and Nutrition</b>			
Subject:	Catalog Nbr:			
NUTR	0287			
2017 SUMR	Primary	Gabriel Novick	Gabriel.Novick@tufts.edu	
<p>Understanding healthcare systems is key to recognizing the role of nutrition in healthcare. Healthcare-related issues, such as the nature of healthcare systems, the social determinants of health, shifting demographics and the challenges of healthcare access are multiple, complex and they represent one of the greatest challenges of our time. This course will employ a complex system perspective to cover topics like healthcare policy, healthcare systems design and the essentials of healthcare management from a wide range of models, cultures and settings. From this perspective, the evolving relationships between patients, physicians, hospitals, insurers, employers, communities, and government will be explored. The role of nutrition science and nutrition delivery will also be examined within this framework. The intensive one-week course will call for the active participation of all class members through engagement in individual and group activities, debates and discussions. Students will be assigned reading to be completed in advance of the course. Students will complete daily assignments and a final project that will be due after completion of the week-long course. No prerequisites. Community and Alumni Discounts are not available for this course.</p>				

<b>141960</b>	<b>Global Diet and Cardiometabolic Risk</b>			
Subject:	Catalog Nbr:			
NUTR	0288			
<p>Diets around the world are undergoing a rapid transition, resulting in increased risk for many chronic diseases. This course is designed for a broad range of students who are interested in understanding the impact of diet on obesity, cardiovascular disease (CVD), and diabetes around the world. Participants will gain knowledge of global trends in dietary and cardiometabolic risk factors and will be introduced to methods that are used to</p>				

# Course Bulletin

learn to estimate disease burden that can be attributed to diet. Course participants will also be introduced to how effective population-based interventions to reduce the burden of cardiometabolic diseases through nutrition are developed and tested. This course is suitable for all students who are interested in global nutrition and health, and especially for those who are interested in the translation of epidemiologic evidence into public health policy. Students will be assigned reading to be completed in advance of the course. Students will complete daily assignments and a final project that will be due after completion of the week-long course. Prerequisite: NUTR 0204: Principles of Epidemiology or course equivalent or instructor consent. Community and Alumni Discounts are not available for this course.

<b>141961</b>	<b>Nutrition and Entrepreneurship</b>			
	Subject:	Catalog Nbr:		
	NUTR	0289		
	2017 SUMR	Primary	Jessica Deckinger	Jessica.Deckinger@tufts.edu
<p>This course is designed to introduce students to the theory and practice of entrepreneurship that is relevant to the nutrition and food. The didactic component of this course focuses on fundamentals of entrepreneurship. Application to nutrition and food will be developed during in-class activities such as discussions, by student pitch presentations, and by pitch presentation feedback from students and instructors. This course is designed for students interested in exploring how entrepreneurship can be incorporated into food and nutrition and who may wish to begin to build an entrepreneurial skill set. No pre-requisites or professional experience is required. Community and Alumni Discounts are not available for this course.</p>				

<b>141962</b>	<b>Intermediate and Advanced Data Analysis Retreat</b>			
	Subject:	Catalog Nbr:		
	NUTR	0290		
<p>The Intermediate and Advanced Data Analysis Retreat (IADAR) is a five-day intensive intended for students seeking statistical support analyzing research data. Lecture topics include Preparing Data Analysis Plan, Preparing Data for Analysis, Data Visualization, Characterization of Distributions, Correlation Measures, Trend Analysis, Modeling and Diagnostics, Elements of Spatial Data Analysis, and Writing Methods and Results. IADAR will provide students with resources to support their research, including individualized paper outline, code examples in R and Stata, labs, readings, as well as open work sessions with instructors and faculty for specific data analysis questions. This course is suitable for a wide variety of young professionals engaged in independent study or advanced research, from upper-level undergraduates to post-doctoral students from any discipline or department. Community and Alumni Discounts are not available for this course.</p>				

<b>142095</b>	<b>Pathophysiology of Human Disease</b>			
	Subject:	Catalog Nbr:		
	NUTR	EH208		
Pathophysiology of Human Disease				

<b>142096</b>	<b>Pathophysiology Human Disease</b>			
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Subject: CRHA	Catalog Nbr: EH208
Pathophysiology Human Disease	

<b>142097</b>	<b>Advanced Topics in Obesity Epidemiology and Prevention</b>
Subject: CRHA	Catalog Nbr: ID541
Advanced Topics in Obesity Epidemiology and Prevention	

<b>142098</b>	<b>Explaining Health Behavior: Insights from Behavioral Economics</b>
Subject: CRHA	Catalog Nbr: SBS503
Explaining Health Behavior: Insights from Behavioral Economics	

<b>142100</b>	<b>Strategic Logistics Management</b>
Subject: CRBU	Catalog Nbr: AD690
Strategic Logistics Management	

<b>142384</b>	<b>Food Marketing</b>
Subject: CRBU	Catalog Nbr: M565
Food Marketing	

<b>142517</b>	<b>Nutrition and Innovation</b>
Subject: NUTC	Catalog Nbr: 0280
2018 FALL	Primary
Barbara Lyle	Barbara.Lyle@tufts.edu
<p>Have you ever thought: "This would be a great idea for a new nutrition product or service?" but didn't get very far in pitching the idea to others? In this class you will develop skills for identifying and advocating solutions to important consumer needs through case studies, team discussions, and real-life assignments. You'll gain experience cultivating an innovator's mindset in order to effectively understand real consumer needs, identify, improve and prioritize solutions, and take your idea pitching skills to a new level. What you learn in this course applies to those engaged in industry as well as more broadly in the health field, including public and community health. This course is open only to students who are in the Online Graduate Certificate Program.</p>	

<b>142657</b>	<b>The Art and Science of Verbal Communication</b>
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Subject:	Catalog Nbr:			
NUTR	0300			
2018 FALL	Primary	Mihir Mankad		Mihir.Mankad@tufts.edu
<p>This course is intended to turn you into a more persuasive and effective public speaker – someone who speaks with the ease, confidence, clarity, and modes of persuasion that are critical in today’s health science, nonprofit, policy and business worlds. We will cover a range of speaking scenarios, including presentations, impromptu and prepared podium speeches, as well as simulations of a press conference or media interview on camera. The course helps you develop your own personal style by deepening your understanding of the persuasive tools, recommendations, refutations, modes of analysis, and variations in audiences that motivate listeners to turn business, policy and diplomacy ideas into action. Priority enrollment for NICBC students. Meets the second half of the fall semester. First class session: October 25.</p>				

<b>142739</b>	<b>Elementary Mathematics for Economics</b>			
Subject:	Catalog Nbr:			
CRBU	0505			
Elementary Mathematics for Economics				

<b>142881</b>	<b>Eco Epi Cntl of Impt Parasit Dis</b>			
Subject:	Catalog Nbr:			
CRHA	IID201			
Eco Epi Cntl of Imp tParasit Dis				

<b>142882</b>	<b>Health Literacy: Measuring Acc</b>			
Subject:	Catalog Nbr:			
CRHA	SBS515			
Health Literacy: Measuring Acc				

<b>142883</b>	<b>History of Food</b>			
Subject:	Catalog Nbr:			
CRBU	0880			
History of Food				

<b>142901</b>	<b>Basics of U.S. Public Policy</b>			
Subject:	Catalog Nbr:			
NUTR	0234			
2019 SPRG	Primary	Jerold Mande		Jerold.Mande@tufts.edu
<p>This course introduces students to the U.S. public policymaking process from our Constitution, through the three branches of government, to the press, with emphasis on food and nutrition policies and programs. Much of the course focuses on the nuts and bolts of policymaking and will utilize examples from current policy</p>				

# Course Bulletin

debates. Case studies, developed for the diverse interests of Friedman School students, are used to underscore policy lessons, facilitate small group discussion, and introduce students to several policy initiatives (e.g., food labeling) with which all Friedman students need to be familiar. Priority enrollment: MS/DI students. NOTE: For students in degree programs with NUTR 0203: Fundamentals of Nutrition Policy & Programming: How Science & Practice Interact as a course requirement, NUTR 0234 cannot serve as a substitute for the required course. Prerequisite: Graduate student or instructor consent.

<b>142902</b>	<b>Applying Social Psychological Principles &amp; Tech Innov Methods to Address Public Health Nutr Problems</b>			
Subject:	Catalog Nbr:			
NUTR	0273			
2018 SPRG	Primary	Sara Folta		sara.folta@tufts.edu
2018 SPRG	Primary	Eleanor Shonkoff		No Email on file.
<p>This project aims to develop a course that uses innovation techniques from the technology industry to generate intensive problem-solving experiences that result in transformational learning experiences. Students will participant in a Hackathon and complete an Innovation Time Off project geared toward public health issues (e.g., obesity, health care access). The course covers classic and new Social Psychological phenomenon applied to public health nutrition issues. After taking the course, students should be able to summarize key phenomena and generate insights about a particular nutrition problem of interest. Prerequisites: NUTR 0211: Theories of Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions is recommended, and graduate standing or instructor consent.</p>				

<b>142903</b>	<b>Science of Food</b>			
Subject:	Catalog Nbr:			
CRBU	0619			

<b>142904</b>	<b>Stat Genetics I</b>			
Subject:	Catalog Nbr:			
CRBU	0858			

<b>142905</b>	<b>Fnd Nonprof Mgmt</b>			
Subject:	Catalog Nbr:			
CRBU	0841			

<b>142906</b>	<b>Mktg Social Chg</b>			
Subject:	Catalog Nbr:			

# Course Bulletin

CRBU	0867
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<b>142907</b>	<b>Food Wrtg Media</b>
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Subject:	Catalog Nbr:
CRBU	0681

<b>142908</b>	<b>Lead Sust Ent</b>
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Subject:	Catalog Nbr:
CRBU	0835

<b>142909</b>	<b>Perinatal Epi</b>
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Subject:	Catalog Nbr:
CRBU	0759

<b>142910</b>	<b>Nutrition Product Regulations: Labeling and Claims</b>
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Subject:	Catalog Nbr:
NUTC	0281

2019 SPRG	Primary	Susan Mitmesser	Susan.Mitmesser@tufts.edu
2019 SPRG	Primary	Cathy Weir	Cathy.Weir@tufts.edu

Understanding the regulatory environment is critical to the successful development, manufacturing, labeling, and delivery of nutrition-related products to the consumer. Knowing how to manage risk while navigating the regulatory path to market is essential. Students in this course will become familiar with: the nutrition-related regulations applicable to the production and marketing of foods and beverages, dietary supplements and ingredients, as well as medical foods and devices; how to represent scientific evidence accurately and appropriately when substantiating label claims and advertisements; and develop a working knowledge of potential legal ramifications by examining relevant case studies

<b>142911</b>	<b>Underlying Causes of Malnutrition</b>
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Subject:	Catalog Nbr:
NUTC	0204

2019 SPRG	Primary	Soha Moussa	soha.moussa@tufts.edu
2019 SPRG	Primary	Heather Stobaugh	Heather.Stobaugh@tufts.edu

In this course, we will look at the different nutrition-sensitive interventions to address the underlying causes of malnutrition. Interventions affecting nutrition outcomes can be in multiple sectors, such as agriculture, early childhood development, education, water and sanitation, health systems, as well as social safety nets

# Course Bulletin

and poverty alleviation. At the end of the course, students will gain an understanding of the design and implementation, as well as opportunities and challenges of such interventions; be able to explain how nutrition-sensitive programs can integrate and promote nutrition as a goal of multiple sectors and contribute to achieving national development.

<b>143036</b>	<b>Success &amp; Challenges Health Behavior Change</b>			
	Subject:	Catalog Nbr:		
	CRHA	SBS508		

<b>143037</b>	<b>Appld Biomarkers in Cancer Epi</b>			
	Subject:	Catalog Nbr:		
	CRHA	EPI246		

<b>143038</b>	<b>Tumor Metabolism &amp; Signaling</b>			
	Subject:	Catalog Nbr:		
	CRHA	GCD213		

<b>143050</b>	<b>Introduction to Demographic Methods</b>			
	Subject:	Catalog Nbr:		
	CRHA	GHP220		

<b>143061</b>	<b>Data Visualization and Effective Communication</b>			
	Subject:	Catalog Nbr:		
	NUTR	0393		
	2018 SPRG	Primary	Corby Kummer	Corby.Kummer@tufts.edu
	2019 SPRG	Primary	Elena Naumova	elena.naumova@tufts.edu
<p>This course provides students with tools and techniques to analyze and critique current forms of data visualization in both public media and research literature; and to construct high quality graphical displays with a keen understanding of the ethical challenges and the role of communication. Using research data provided by the instructor, students will build a portfolio of graphical displays and descriptions intended for both scientific journals and popular media. Emphasis is on: a) developing a conceptual understanding of the statistical context that surrounds graphical displays; b) critically evaluating graphical displays from a broad range of disciplines; and c) building effective graphical displays for intended audiences.</p>				

# Course Bulletin

<b>143265</b>	<b>Current Controversies in Nutrition</b>		
Subject: NUTC	Catalog Nbr: 0285	2018 SUMR	Primary
		Adela Hruby	Adela.Hruby@tufts.edu
<p>Virtually no discipline attracts more public attention or generates more controversies than nutrition. The reasons for this vary. Food and nutrition can be viewed through multiple lenses: the personal, familial, communal, cultural, political, historical, and scientific. This course explores the scientific underpinnings of several hot topics and controversies, which will be examined from the perspectives of scientists and consumers (of food and media), with an undercurrent fostering self-understanding of implicit biases. The class will engage in debates and discussions designed to illuminate different perspectives. Students will have the opportunity to research, evaluate, and present their findings on a nutrition-related topic that is of concern to them. Prerequisites: junior or senior standing, or consent of the Online Graduate Certificate Program Director. If you are a Tufts undergraduate student, please copy and paste this url: <a href="https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeK1bX">https://tufts.qualtrics.com/jfe/form/SV_dd83GsQEbFeK1bX</a> into your browser and complete the online Qualtrics form. Once you submit the online form, you will be contacted by the Program Director with enrollment status information. All inquiries about this course should be directed to Diane McKay at <a href="mailto:diane.mckay@tufts.edu">diane.mckay@tufts.edu</a></p>			

<b>143279</b>	<b>PhD Continuation Summer</b>		
Subject: NUTR	Catalog Nbr: 0398	PhD Continuation Summer	

<b>143291</b>	<b>Applied Optimization in Food and Nutrition Policy</b>		
Subject: NUTR	Catalog Nbr: 0407	<p>Optimization problems arise in fascinating ways throughout food and nutrition policy: in regression, the fundamental algorithms are based on least-squares and maximum likelihood optimization; in economics, demand theory centers on utility maximization subject to a budget constraint, and supply theory uses cost minimization subject to a production target; in nutrition policy, USDA's Thrifty Food Plan minimizes a squared distance function subject to both a budget constraint and nutrition constraints; and in logistics, maximizing profit while minimizing the delivery cost from distribution centers to grocery stores explains key developments in the food retail industry. This course teaches (or, for some students, re-teaches) selected topics in differential calculus and matrix algebra as preparation for constrained optimization using the Lagrangian method and computational approaches in Excel and R. The course is designed for Ph.D. students (commonly in their first year) and mathematically curious master's students (commonly in their second year), as preparation for further study of advanced quantitative research tools.</p>	

<b>143298</b>	<b>Doctoral Seminar in Biochemical and Molecular Nutrition</b>		
Subject: NUTR	Catalog Nbr: 0250		

# Course Bulletin

2019 SPRG

Primary

Stefania Lamon-Fava

stefania.lamon-fava@tufts.edu  
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This course is designed to lay the foundation for nutrition research through a mix of student-led topic discussions and student presentations of research data, and faculty-led workshops on research methodologies. Students will become acquainted with a variety of approaches to research design, helping them to develop their own research projects and to evaluate the products of their research. This course is required for all doctoral students in the Biochemical and Molecular Nutrition (BMN) program and Masters students admitted to the BMN doctoral program. BMN students will be required to take this course for two years. Students from other Friedman School programs and Masters-level students may be considered only with the instructor's consent.

**143331****Writing Well About Food and Nutrition**Subject: Catalog Nbr:  
NUTR 0322

2018 FALL

Primary

Corby Kummer

Corby.Kummer@tufts.edu

This course is an intensive workshop on finding your own voice and using it to write clearly and powerfully about food, food policy, and nutrition. Skills acquired in this course are intended to complement other skills that Friedman School students acquire such as research design and interpretation, scholarly citation, and data analysis. Students will write a series of short and longer articles designed to help them learn to structure research and information gathered from a variety of sources into concise, persuasive, engaging narratives with a clear sense of direction that requires craft and practice. A series of short assignments will give students a chance to practice writing a family dietary history, an informational article, solving cooking problems, and other forms. A final assignment will bring together the elements introduced in class in a long-form reported article. Priority enrollment for NICBC students. Enrollment limited to 20 students. Prerequisite: NUTR 0220 or complete writing sample for exemption, and graduate standing or instructor consent. NUTR 0220 may not be taken concurrently with NUTR 0322.

**143444****Health Properties of Food**Subject: Catalog Nbr:  
NUTC 0206

In a world of conflicting food messages, how do we know which foods are good for us? And what is the evidence for why you might want to incorporate foods like avocados, beans, and berries more often into the meals you prepare? Students in this course will explore the relationship between diet and health by examining the habitual eating patterns (eg: Mediterranean-style, vegetarian, etc.) that have been shown to prevent and/or treat chronic diet-related conditions, such as hypertension, heart disease, type 2 diabetes, and certain cancers. They will also learn about the nutritional components of the foods and beverages commonly present in these healthy eating patterns, and look at the science-based evidence that supports the health effects of individual foods and beverages.

**143506****Food Law and Regulation**Subject: Catalog Nbr:  
NUTR 0284

# Course Bulletin

This interdisciplinary course focuses on food law, an area where many important legal, environmental, economic, and social justice concepts intersect in our society. Students will engage in analysis of the following topics: national regulation of food (production, safety, labeling, and marketing); food and consumer rights; food technology and the law (biotechnology, genetic modification of crops and livestock); food production (including an overview of the farm bill, the National Organic Program, and alternative food systems); food, energy, and water; food, nutrition, and public health; and food justice, including issues of equity, food access, land and labor rights. The course will introduce students to legal research, analysis, and writing. It will challenge students to understand and analyze a complex regulatory area where problem solving often requires careful assessment of various branches and levels of government (local, state, and federal), administrative authorities, and potential causes of action (statutory and common law). The course also explores the policy issues, intra-governmental relationships, and political dynamics that shape the regulation of food. Enrollment limited to 20 students. Prerequisite: NUTR 0203: Fundamentals of Nutrition Policy & Programming: How Science & Practice Interact OR NUTR 0215: Fundamentals of U.S. Agriculture OR NUTR 0234: Basics of U.S. Public Policy and graduate standing or instructor consent.

<b>143507</b>	<b>Water Science and Systems Analysis</b>			
Subject:	Catalog Nbr:			
NSWM	0200			
2018 FALL	Primary	Linda Abriola	Linda.Aabriola@tufts.edu	
<p>This course focuses on hydrology, water resources engineering, water quality analysis, and systems thinking aspects of water. Students gain a broad understanding of the scientific theories and principles related to processes governing water availability and quality and the practice of applying this theory, along with data and models, to address a range of problems of water resources engineering and management. The course is structured around model applications to case studies, which facilitates exploration of issues related to uncertainty, model complexity, and scale. Enrollment available to SWM-MS students only. Enrollment restricted to SWM-MS students only. Prerequisites: Prior course in calculus and graduate standing or instructor consent. First day of class: September 6, 2018.</p>				