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“Just One Friend”

If life gives us only one friend –
One who is faithful to the end,
Then life has given more than gold –
The heart greatest joy, a heart can hold.

If just one friend is ours to share –
To understand, believe and to care.
Then life is sweet. Complete and so true
Because of just one friend like you.

‘can you hear me ‘

When the door shuts.

can you hear me?

When I cry in the shower talking to you?

can you hear me?

When I lay on bed in my cell and looking up praying to you.

can you hear me?

When I am sad and no one here don't want to hear me.

can you hear me?

Lord I'm crying out for someone just to hear me, because I know you know at the end you can hear me and you do care.

‘One day I will be free from here’

Every day it gets harder than better.

I tell myself I will be free from here.

In my eyes no one can't take my freedom of thinking away from me.

Because one day I will be free from here that's what I tell myself.

I cry in the shower and tell myself this is not forever.

Because one day I will be free from here.

When the officer talks down to me and I want say something.

I tell myself one day I will be free from here.

When they tell me, I can't have highlighter or just a real hamburger.

one day I will be free from here.

At the end of the day I keep telling myself this is not forever.

Because one day I will be free from here.