

# Transportation Development and Child Nutrition in Nepal

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NIL Scientific Symposium IV  
Kathmandu, 18 July 2016



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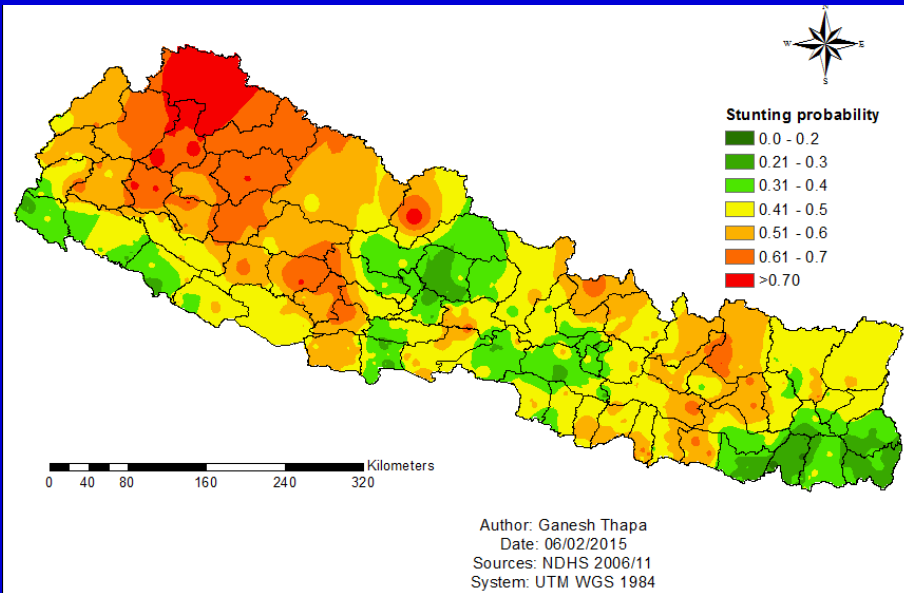
Gerald J. and Dorothy R.  
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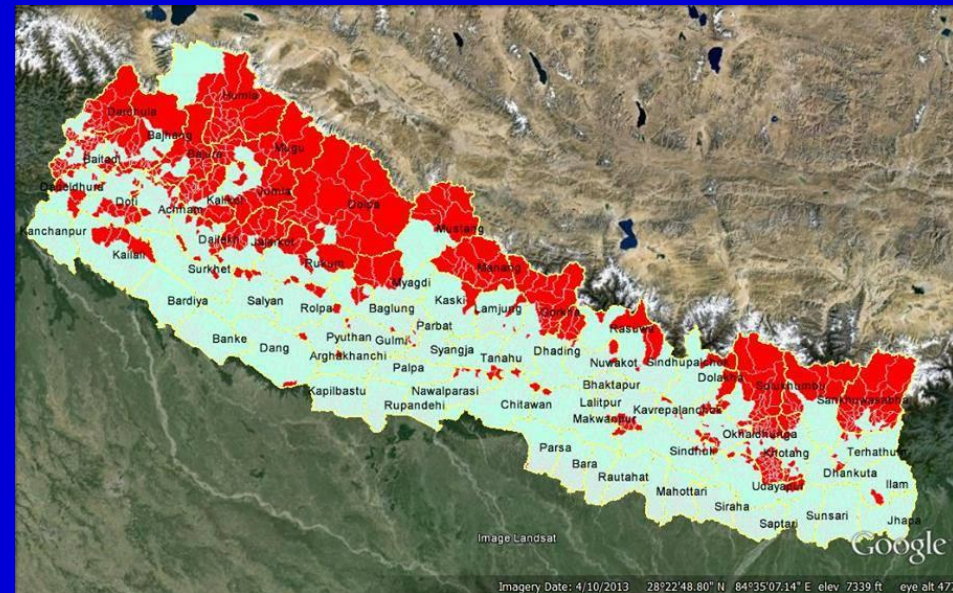
# Research Motivation

## High Prevalence of Child Malnutrition in Nepal

Only 43% of population has access to all-weather roads (WB 2011)



Nationwide probability of stunting among U5s



Red patches are VDCs without all-weather roads

**Research question: *do roads improve nutrition?***

# Research Motivation

Numerous connections between transportation and nutrition:

- agricultural prices (Bell & van Dillen, 2014)
- access to agricultural inputs and output markets (Olsson, 2009)
- access to employment, education and health facilities
- lower overall poverty (Warr, 2008)

Few studies for Nepal that measure the economic impacts of roads (UNDP, 2011; Dillon et al., 2011; Jacoby, 2010; Charlerly et al., 2016).

No previous attempt to link roads to child nutrition, despite a recognition that infrastructure is a basic determinant of economic development.

Objectives:

1. Measure the causal effect of roads on child nutrition (HAZ and WHZ) using a dose response function;
2. Test for spatial externalities associated with roads.

# Main findings

## Broad and beneficial nutrition payoffs from roads:

- on average, each additional 100km/km<sup>2</sup> increase in sealed-road-equivalent density is associated with a 0.22-0.28 point higher average HAZ and 0.04-0.09 point higher district-average WHZ
- These treatment effects differ by age group
- Some evidence of positive spatial spillovers of roads across districts

## Policy implications:

- investments in infrastructure support nutrition & health interventions
- construction and upgrading of roads (and bridges) will translate over time into improved child nutrition outcomes.

# Empirical Approach

Analysis conducted at the district level

## Data

- NDHS Survey - Child nutrition data  
(average district-level HAZ and WHZ in 2006 and 2011)
- DOR, Nepal- Strategic roads  
(total length of sealed, gravel and earthen roads in district)
- Other data from NCBS, NMOAD, NMOPH, Dept. of Hydrology

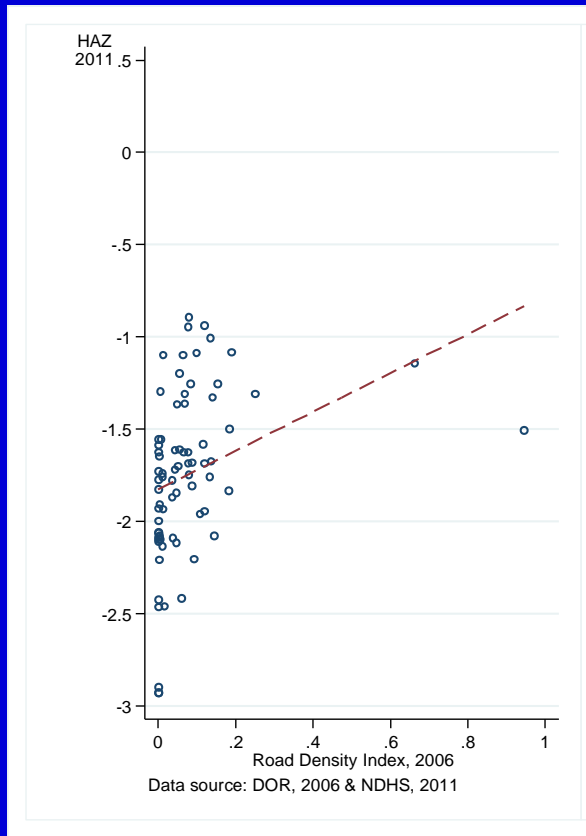
## Methods

- IV and Generalized Propensity Score (GPS) approach
  - road density = continuous treatment
- Spatial Externality
  - adjustments to account for spatial spillover benefits from roads
- Separate analyses for children below five; age 3-5, and < 3

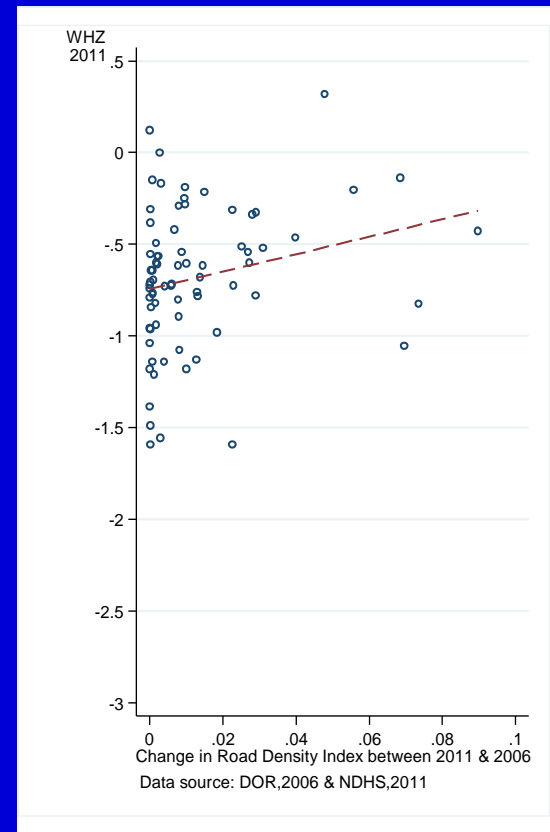
# Methods

Weighted Road Index to account for length, quality (travel time) and density:

$$\text{Index} = 1.00 \times \text{sealed road} + 0.20 \times \text{gravel road} + 0.02 \times \text{earthen road}$$



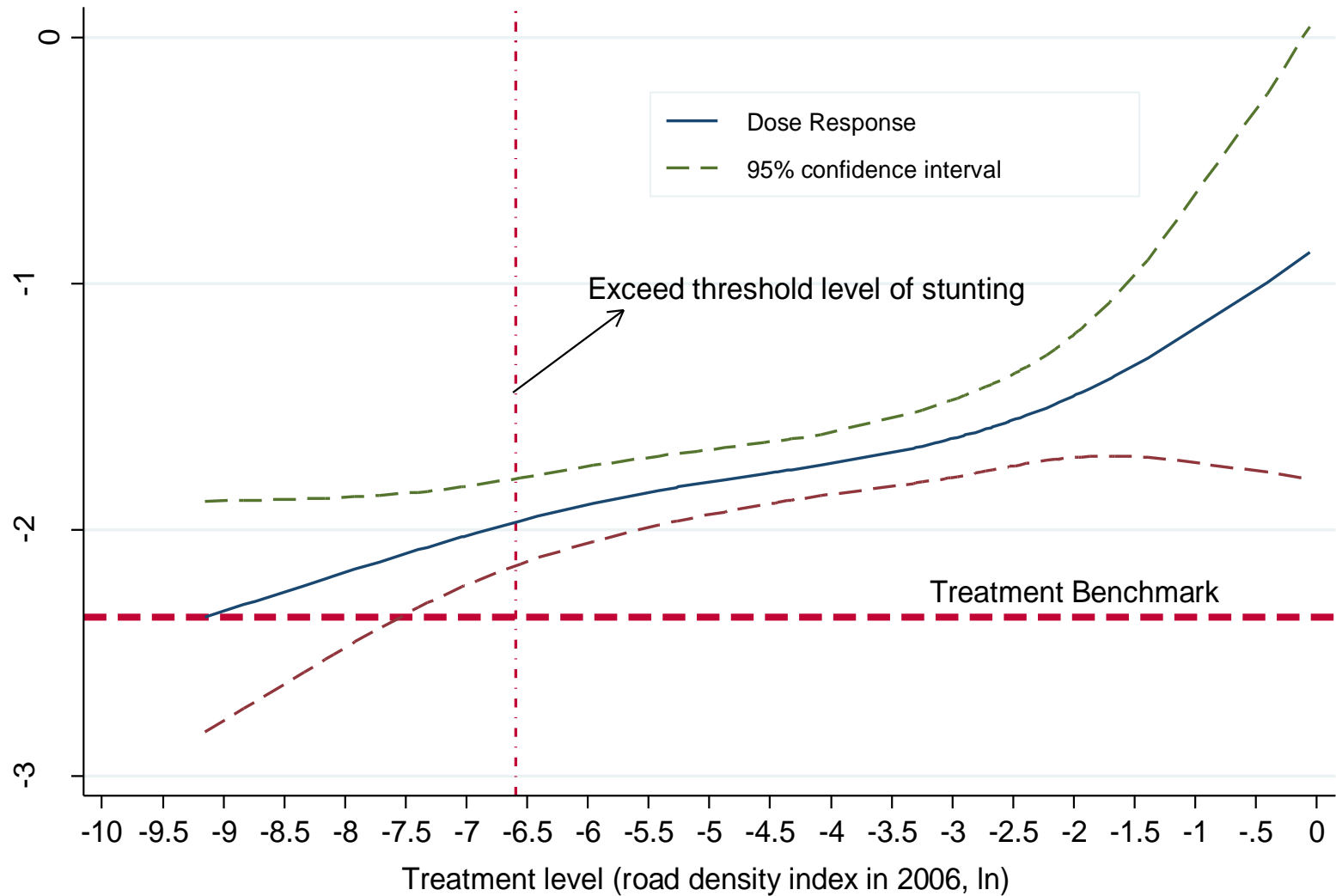
Outcome: HAZ 2011  
Treatment: Index 2006



Outcome: WHZ 2011  
Treatment:  $\Delta_{06-11}$

# Results

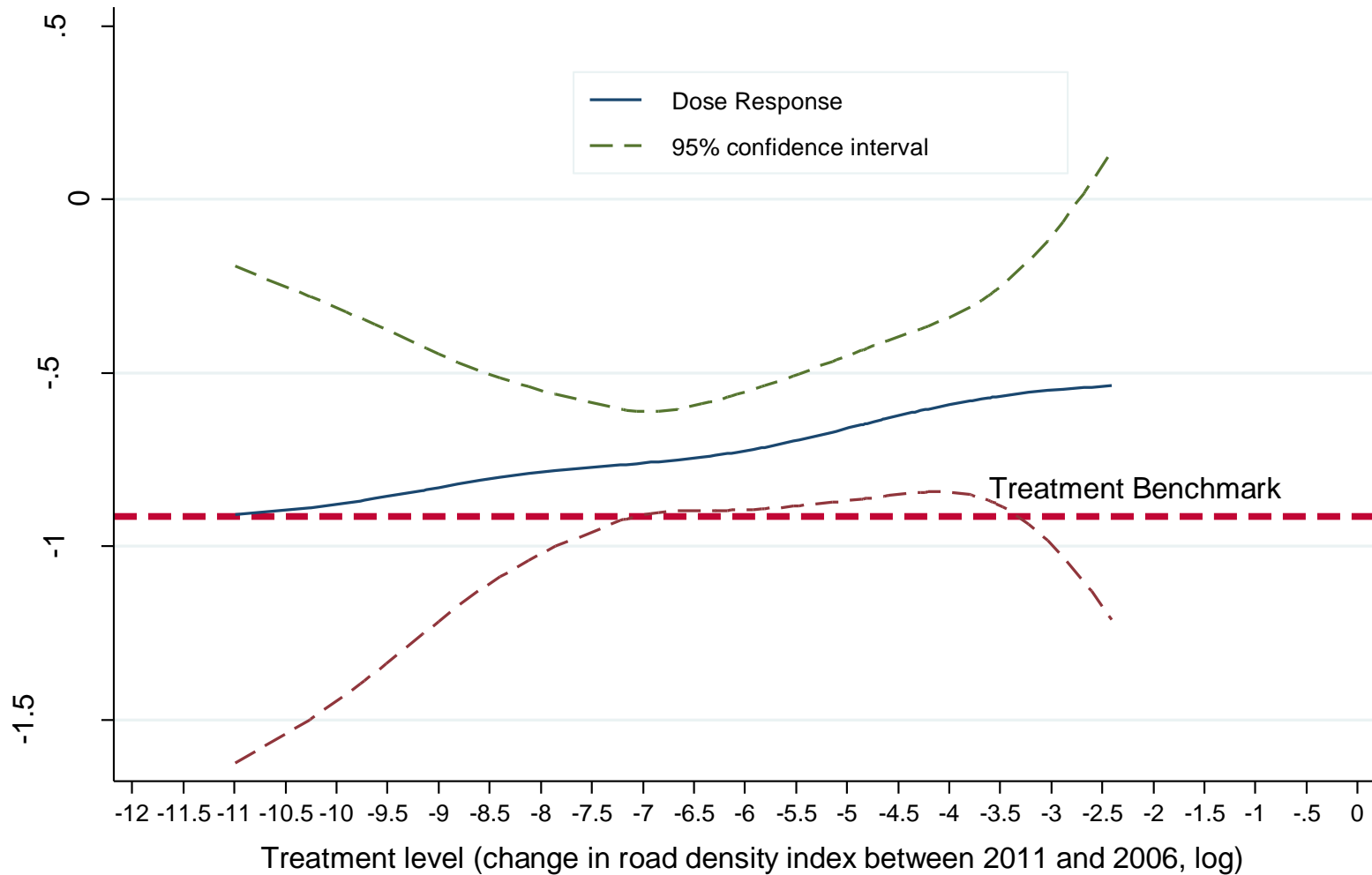
## HAZ response function (children < 5 years)



Confidence Bounds at .95 % level  
Dose response function = Linear prediction

# Results

## WHZ response function (children < 5 years)



Confidence Bounds at .95 % level  
Dose response function = Linear prediction



# Summary of Results

- Treatment effects differ across age cohorts
  - HAZ: marginal effects of roads are highest for children 3-5 yrs
  - WHZ: marginal effects of roads are highest for children < 3 years
- Local changes in road networks are associated with improvements in HAZ ( $\approx 1$  s.d.) and WHZ ( $\approx 1/2$  s.d.)
- Roads have positive spatial spillovers on HAZ, especially for children below age 3

# Conclusion

- ❖ Broad and beneficial health and nutrition payoffs from transportation development
- ❖ Policy implication: construction and upgrades of roads will translate over time into better child nutrition outcomes

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