

What

Instruments

Are

Telling

Me

Ismenia

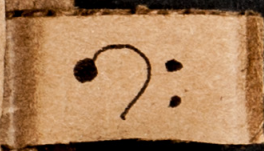
Ginebra

Dedicated to the youth  
of this world: May you  
continue to use your  
physical senses,  
emotional senses, and  
senses of the mind to  
understand and learn  
about yourself and  
those around you.



**When I hear drums, they remind me of my heartbeat. The drums sound strong, steady, and loud, just like how my heart sounds when I pay attention closely to it. The vibrations of the drum resound, just like my heart does in my chest. My heart is helping keep me alive, and drums sound very alive.**

What do drums sound like to you?



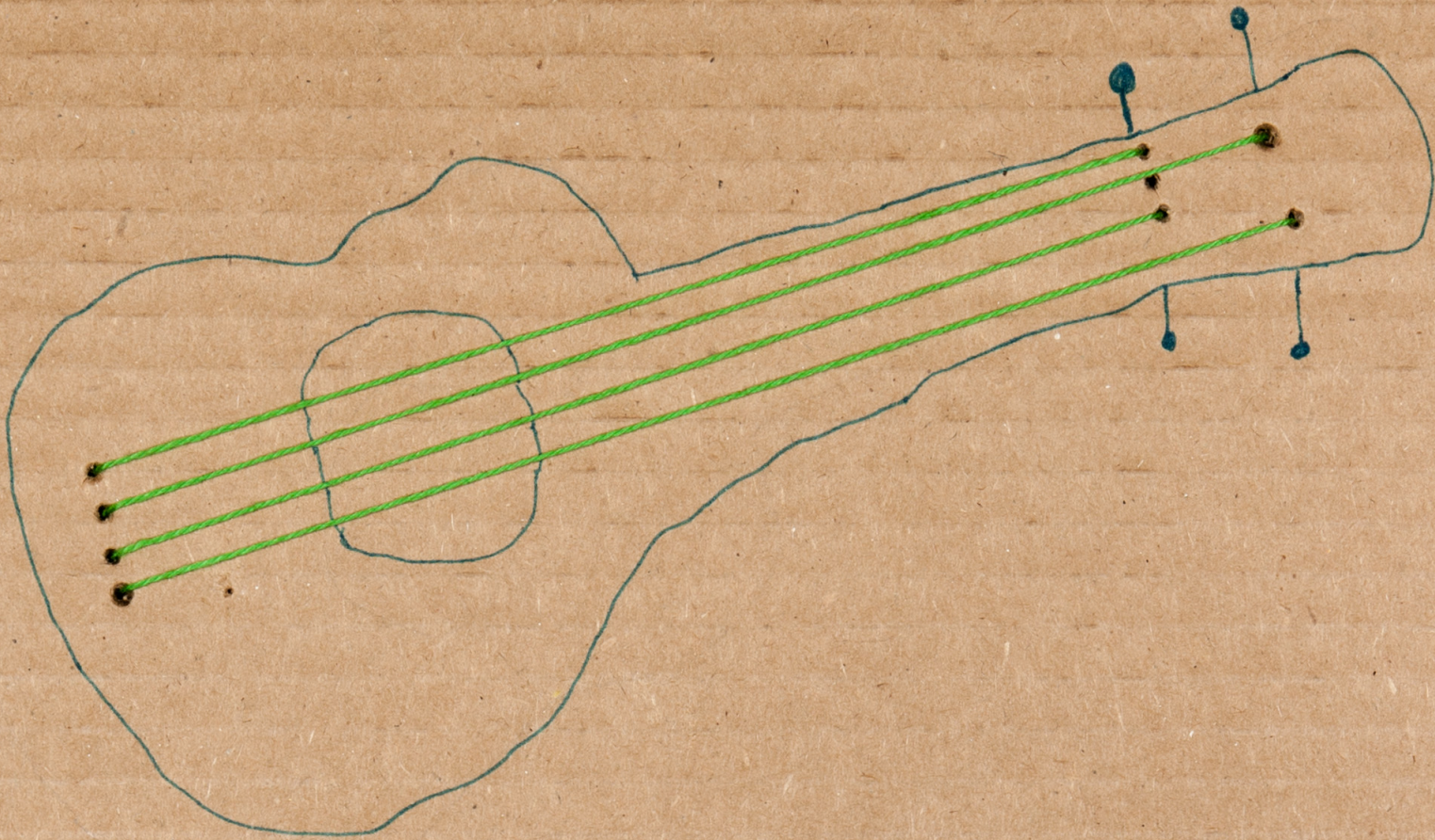
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The sound of the French horn sounds full and proud. It prompts me to sit proudly, walk bravely, and speak my mind with confidence. It reminds me of power, the power I have within me to achieve whatever I set my mind to.



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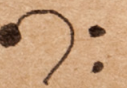
I love listening to the guitar. When I hear it, I pay attention to the different strings, and I love the sound that happens when they are played together. It reminds me of how much fun I have playing with my friends. We are people that have unique voices and different capabilities. Together with my friends, we all have a good and nice time.



What does the guitar sound like to you?



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When I hear singing, it makes me want to use my voice. I can whisper to say anything secretly, speak soothingly to calm someone down, and scream when I am excited about something. Seeing a group of people sing different parts helps me see how I can express my voice in a number of different ways for many people.





I feel magical whenever I hear the triangle playing. I can dream up all the possibilities of what a triangle sounds like: fairies flying, reindeer pulling a sleigh, or a clock chiming. The echo of the triangle seems to ring forever, just like my imagination.



 WATCH NOW

The next time you hear  
an instrument, pay close  
attention. It may be  
reminding you of  
yourself and what you  
love. And chances are, it  
may be telling you  
something about the  
people around you every  
day.