

Food Week promotes conscious eating

BY SOPHIE LEHRENBAUM
Contributing Writer

Tufts Food for Thought, in conjunction with the Tufts Sustainability Collective, held their annual Food Week from Oct. 13 to Oct. 17. The week featured a robust schedule of events to promote food consciousness and encourage students to take sustainable measures as consumers.

First held in 2012, Food Week has typically occurred later in the semester to correspond with Massachusetts Food Day, according to Food for Thought member Juleen Wong. This year the event was held in conjunction with Sustainability Week.

"The goal [of holding Food Week and Sustainability Week at the same time] was to give freshmen and everyone else on campus an idea of what Food for Thought does, the issues we talk about and the kinds of events we'll hold in the future," Wong, a sophomore, said.

Wong described Food Week as a unifying force to bring together like-minded Tufts community members who are interested in sustainable living.

"It was actually a really good networking opportunity for people within the sustainability clubs who are already aware about this kind of stuff," she said.

Food for Thought presented a wide array of events to appeal to a broad range of students, includ-

ing a film screening of "Food, Inc." (2008), a documentary that examines the food industry on a corporate level, Munch Crunch Brunch, a midday make-your-own parfait and granola stand and the Edible Campus Tour, an exploration of the edible, on-campus flora led by Associate Professor of Biology George Ellmore.

The events boasted strong student attendance, according to Food for Thought President Ellie Doyle.

"[The turnout] was pretty good actually. I was impressed," Doyle, a sophomore, said.

Doyle and Wong explained that Food for Thought organized discussions and group brainstorming where the group agreed upon what events to hold, based on the audiences they hoped to appeal to directly and the messages they wanted to convey. Putting together the actual events demanded collaboration and effective communication from the members.

"It was definitely a group effort," Doyle said. "On some events, we had a point person, like the Raisin Meditation was led by Sophia Goldberg, and she did almost all of the planning ... in other cases like the Munch Crunch Brunch, we pretty much divided up the tasks ... Most of the events were pretty evenly divided I would say, especially the big ones."

see **FOOD**, page 2

MS MR to headline next month's Cage Rage Concert

BY PATRICK MCGRATH
Daily Editorial Board

Concert Board announced yesterday that dance-pop duo MS MR will headline the fifth-annual Cage Rage Concert at Cousens Gymnasium's Carzo Cage on Nov. 15. Indie-pop group Gentlemen Hall and electronic band STRFKR will play as the concert's openers.

The lineup features performers who have been popular recently, according to Concert Board Co-Chair Kathryn Gibb, a junior. This year, MS MR was a headliner at the Bonnaroo Music and Arts Festival, STRFKR performed at the Coachella Valley Music and Arts Festival and Gentlemen Hall opened at Boston Calling Music Festival.

Tickets, which will be available on Tufts Tickets starting Nov. 3, cost \$10 for Tufts students with a valid ID. Students can buy up to two guest tickets for \$15, according to Concert Board Co-Chair Matthew Marber. The concert will open its doors at 7 p.m. on Nov. 15, with the first act scheduled for 7:30 p.m., the second act for 8 p.m. and the headliner for 9 p.m.

Concert Board coordinates the event in collaboration with the Office for Campus Life (OCL) to cover the logistics of the event, Marber, a junior, explained.

The initial list of potential performers is first sent to Concert Board through a production company agent. The list features artists that are above, below and just around their budget, according to Marber. Gibb, a junior, said they also considered the number of



HENRY LAURISCH VIA WIKIMEDIA COMMONS

Dance-pop duo MS MR will headline the fifth-annual Cage Rage on Nov. 15.

followers each artist had on Spotify to ensure an even balance of popularity.

"From there, we see what we can afford and how that would balance out with openers," Marber said. "And then we send in our first bid based on what we think is the appropriate fit, while still making sure that we do have enough space in our budget for quality openers, so it's not just one overwhelming headliner and two unknown starting acts."

This year, Concert Board also released a playlist on Spotify to build buzz around potential performers, according to Marber. The playlist began with 38 possible artists, and Concert Board removed four to six artists per day to eventually reveal the lineup.

"The Spotify representative on campus, [senior] Kurt Oleson, reached out to us, and he said he would like to work with us, so we decided to not only use Spotify as a way of

publicizing who the headliner was, but in addition to that we are going to be working with them for a publicity push event on Nov. 10," Gibb said.

Aside from announcing the official performers for the concert, the Spotify playlist also entered Concert Board into a concert sweepstakes competition called Spotify Soundclash in which colleges across the country created playlists of 15 songs or more, according to Gibb. The school with the most followers on their playlist won a cash prize of \$5000.

"We didn't win, however, we got the most followers of the week, which was pretty impressive," she said, noting that Tufts only had its playlist up for one week.

Marber agreed that the competition helped bring attention to Tufts, given that it was competing with many larger schools.

"We made a really good name

see **CAGE**, page 2

U.S. ambassador to Greece visits the Hill

BY PATRICK MCGRATH
Daily Editorial Board

U.S. Ambassador to Greece David Pearce presented a lecture at Tufts on Oct. 10 about the history of diplomatic relations between the United States and Greece.

The event was sponsored by the Constantine G. Karamanlis Chair in Hellenic and European Studies at The Fletcher School of Law and Diplomacy, which is currently held by Professor of European Politics Kostas Lavdas. Lavdas is also the director of the Centre for Political Research and Documentation at the University of Crete.

Lavdas introduced Pearce, noting his extensive background in the foreign service and his previous work in journalism. He added that it was Pearce's undergraduate studies in classics that first got him interested in Greece.

"My basic thesis is that what happens in Greece matters — it matters a lot," Pearce said.

He began his discussion of the two countries' diplomatic history by first discussing the Greek War of Independence, which lasted from 1821 to 1832, and American interest in the struggle.

Pearce then explained that

Greece and the United States fought on the same side during World War I, after which time Greece took in over one million refugees. During World War II, Greece lost approximately 60,000 to 70,000 Jews, according to Pearce.

"Unfortunately, after World War II, the trauma continued because there was a civil war between [19]46 and [19]49," he explained.

The Greek Civil War sharpened the left-right political divide, which continues to this day, Pearce mentioned. Further, the continuous upheavals triggered waves of Greek immigration, notably to the United States. Approximately three million Americans trace their ancestry to Greece, he added.

"After World War II came the Cold War, the Iron Curtain, and that's when the U.S. devised the Marshall Plan," Pearce continued.

In the 1950s and 1960s, the tourism industry in Greece began to take off, but in 1967 a group of right-wing military officers staged a coup which led to seven years of military dictatorship in Greece, according to Pearce. He said that

see **GREECE**, page 2

Kiwanis Club of Medford to host Taste of Italy in Carzo Cage today

The Kiwanis Club of Medford will be hosting its 10th annual Taste of Italy — Medford, which will feature 30 local restaurants, music and more at the Cousens Gymnasium's Carzo Cage this evening from 6:30 to 9:30 p.m. according to President of the Kiwanis Club of Medford Rita Cornelio.

The attending eateries, which come from cities including Medford, Somerville, Saugus, Revere and Winchester, include local Italian restaurants as well as others, including Yoki Japanese Restaurant and Sushi Bar and Not Your Average Joe's, in addition to bakeries such as Modern Pastry, ice cream stores such as Colleen's Ice Cream and Sandwich Shop and wine distributors, according to Cornelio.

"You just basically go to each restaurant and try some of their local food then come back and

sit down or continue and try three or four restaurants, have some wine," she explained.

The event will also feature raffles and a DJ and will be hosted by Boston radio and television host Billy Costa, Cornelio added. There will be seating for close to 400 people at round-tables and high-tops. Special admission for Tufts students with their student ID is \$25, while normal admission for the event is \$40.

"It's a fundraiser, so all the money that is raised will go to Medford Kiwanis to help so many local sports ... food shelters, there's just many, many things that we do for Medford," she said.

The Kiwanis Club of Medford, which was founded in 1925, is a civic organization in Medford that focuses on helping children through initiatives such as sports programs. Cornelio said she has

been the chairperson of the Taste of Italy event since it started.

"I actually brought it to Medford in 2001 to open and celebrate Medford for Italian Heritage Month," she said, adding that she then brought it to the Kiwanis Club of Medford in 2004, after joining.

In previous years, the Kiwanis Club hosted the event at the warehouse of Accardi Foods in Medford, but the event began to grow too large for the venue.

"I really wanted to do it at Tufts to open it up to the Tufts students, and hopefully some of you will just come and check it out," she said, noting that she hopes the event will continue in years to come.

—by Patrick McGrath

Inside this issue

Professor Orians and his team explore the impact of climate change on tea.



see **FEATURES**, page 3

Tufts crew takes part in 50th annual Head of the Charles regatta.



see **SPORTS**, back

Today's sections

News	1	Op-Ed	9
Features	3	Comics	10
Arts & Living	5	Classifieds	11
Editorial Op-Ed	8	Sports	Back

Annual Food Week considered a success

FOOD

continued from page 1

For Doyle, another critical aim of Food Week was to make food consciousness a more accessible topic for students on campus. She noted the prevalence of students who have the drive to engage in more sustainable food practices but lack the ability to bring any changes to fruition.

"[The campus is rife with] people who want to think about what they're eating or what they are purchasing in terms of food and don't know how to or don't have access to the information or they don't know what to do with the information once they have it," Doyle said. "And I think that is really exciting for a group like Food for Thought because it means that ... we have a large group of people who are interested, so now all we have to do is put that into action."

Aaron Frankl said that he was inspired by events hosted by Food for Thought to look further into the culture of more sustainable eating practices.

Frankl, a first-year, took part in the Meatless Meal, a challenge posed to students to eat a vegetarian meal during dinnertime



EVAN SAYLES / THE TUFTS DAILY

Tufts Food for Thought gave away yogurt and homemade granola to help promote a "Retire Ronald McDonald" program.

in Dewick-MacPhie Dining Hall in order to reduce their carbon footprint.

"I do usually eat meat with both my lunch and dinner," Frankl explained. "Participating wasn't extremely difficult ... [and] I think a lot of my peers are very conscious about their decisions with food and more students should be ... I certainly became more aware due to those who challenged me to go meatless during that dinner."

By Doyle's standards, Food Week was a success for the organization and she is ready to build upon the momentum of the movement going forward into the year.

"I think of this campus as being full of people that care about sustainability, who want to learn more," she said. "[Through Food Week, we were able to] get a lot of people thinking and talking about what it means to eat sustainably on this campus."

Concert Board uses Spotify playlist to announce Cage Rage performers

CAGE

continued from page 1

for ourselves," he said.

Gibb explained that the publicity about Cage Rage has so far been limited to painting the cannon — which Concert Board did last night — social media, flyering and videos. However, the publicity event on Nov. 10 with Spotify will also bring more attention to

the concert.

The publicity event will take place on the lower patio of the Mayer Campus Center — or inside if it rains — and will feature the music of the performing artists and free Spotify gear and cider, Gibb explained. This year Concert Board will also award 25 free tickets to a select group of the playlist's followers in an effort to advertise the

concert. Gibb also expressed excitement about the lineup of this year's concert.

"I do like all of them," she said. "I saw MS MR this year at Bonnaroo. I have very close friends that have seen STRFKR and they really enjoyed them as well. We heard good things about Gentlemen Hall this year too at Boston Calling."

Ambassador speaks about U.S.-Greek diplomatic relationship

GREECE

continued from page 1

his first trip to Greece was during this era, in 1971.

In 1974, Greece saw a number of developments, including the first crisis in Cyprus, the fall of the military government and the abolition of the Greek monarchy, according to Pearce.

"Another important effect of the fall of the dictatorship is that it unleashed a tide of leftist and anti-U.S. sentiment," he said.

Pearce said such anti-American sentiment grew in Greece in the 1980s, but there is a different atmosphere now.

"I think our relations are in a very good place," he said.

Because of disputes in Cyprus and in the Aegean Sea, Greece also had strained relations with Turkey during the 1980s and 1990s, Pearce said. Yet in 1999, after a significant earthquake, Greece and Turkey began to assist each other for relief, sparking a period of increased activity in business, art, education and more, he said.

Pearce also spoke about Greece's history in the European Union (EU), noting that in 1981 it became the tenth member to join the European Economic Community, as the EU was called then. He highlighted the 2004 Olympics Games in Athens and the opening of the new Acropolis Museum in 2009 as sources of increased tourism and commercial expansion.

Despite the economic growth spurred by the Olympics, "the economic clouds were gathering," Pearce said.

He explained that during the global economic recession, people initially thought Greece would be spared because unlike

other countries, it did not have a subprime mortgage problem. Prime Minister George Papandreou signaled the extent of the crisis in Greece in 2010, when he announced that the Greek government deficit was far higher than had been previously understood.

"Thus began Greece's wrenching financial crisis," Pearce said, mentioning the significant contractions in the country's economy, including its gross domestic product, personal consumption levels and investment levels.

During the crisis, Greeks felt frightened and angry, as the private sector began to shed jobs and lending froze, Pearce said. The homeless population grew in Athens for the first time since the 1940s.

"This year, finally, things are starting to look up," he said.

However, Pearce added that the country now faces a number of long-term problems, citing, for instance, that a large number of young professionals from Greece have left. He underscored the need for reforms, jobs and the restoration of hope among the Greek populace.

"So Greece is in transition ... but to what?" he asked the audience, suggesting that the next few years may provide an answer.

He concluded that the outcome of Greece's development and current situation ultimately matters to the United States for the stability of Greece, the eastern Mediterranean region and the entire EU.

"Greece and everything that it stands for still captures the imagination of most Americans," he said.

Public lecture and panel discussion on:

Ebola Outbreak

Causes & consequences at a global scale

Wednesday Oct 22

Keynote speaker:

Joia Mukherjee, MD

Partners in Health
Chief Medical Officer

Introduction by: Provost David Harris

Panelists:

Margaret McMillan, PhD
Economics Department, Tufts University

Elena Naumova, PhD
Civil and Environmental Engineering, Tufts University

Rosalind Shaw, PhD
Department of Anthropology, Tufts University

Christopher Whittier, DVM, PhD
Center for Conservation Medicine, Tufts University

This event forms part of Tufts' One Health series on Ebola. Co-sponsored by the Office of the President, the Office of the Provost, the Office of the Dean of Arts and Sciences, the Toupin-Bolwell Fund, Community Health, Environmental Studies, International Relations, Biology, Center for Interdisciplinary Studies and Tufts Institute of the Environment.

Tufts
UNIVERSITY

7:00 - 9:00 pm
Cohen Auditorium

Watch live here:

Computer: http://webcast.tufts-emc.org/live%20stream_environmental.html
Phone: <http://m.onsm.com/mvp/@tufts7>

In new research, Professor Orians explores effects of climate change on tea

BY KENDALL TODD
Daily Editorial Board

Organisms all over the planet, from walruses to bumblebees to shellfish, have been affected by climate change. Tea, its drinkers and its growers have earned their place on that list according to ongoing research by Professor of Biology Colin Orians.

Orians has launched a new study that explores the relationship between climate change and the cultivation of tea in China. In a four-year study funded by a \$931,000 grant from the National Science Foundation (NSF), Orians and his colleagues are testing the impact of extreme precipitation on tea by looking at the differences between teas harvested during the dry season and those harvested during monsoons.

The research team looks at the chemical composition of tea, as well as more consumer-oriented factors such as taste and mouth-feel (the tea tasting term for texture). They hope to use their findings to help tea farmers mitigate the effects of climate change in order to more consistently produce the high-quality teas that consumers like.

Part of the research process includes bi-weekly tea-tasting meetings, during which Orians and Co-Principal Researcher Selena Ahmed, among other colleagues, gather to taste a particular tea and rate various aspects of its palatability.

One such meeting occurred last Thursday, Oct. 16. Orians was in attendance, as well as graduate students at the School of Arts, Sciences and Engineering Nicole Kfoury, Amanda Kowalsick, Nick Wilton, Eric Scott and Julia Pilowsky; post-doctoral scholar Patrick Antle; Associate Professor of Chemistry Al Robbat; Associate Professor of Biology George Ellmore; Program Administrator of Environmental Studies Sara Gomez; and Rebecca Boehm, a graduate student at the Friedman School of Nutrition Science and Policy.

Kowalsick explained that the research is essentially a two-step process.

"What we're first looking at is how the climate factors such as rainfall are affecting the tea chemistry itself, so what's ... changing from the spring dry harvest to the monsoon wet harvest," she said. "The second part of the project is looking more at what the consumers are tasting, which is what we're doing now. So we have two different techniques ... We're able to see the effects of rainfall on actual tea that a consumer would drink as well."

According to Kfoury, one way that the researchers are able to analyze the chemical components of the different teas is by assembling a library of the various compounds. Kfoury said that this library allows them to scan through the different components of each tea, which helps to speed up the analysis.

"What we do first is we take one of the teas and we do what's called a two-dimensional GCS analysis, so we can basically



ALEX CHERRY / THE TUFTS DAILY

The tea tasters sip tea and record their observations about its taste and aftertaste.

pick apart the teas and generate a library of every compound that we find in the teas," Kfoury said. "By creating this library, one library for each kind of tea — one spring library and one monsoon library for each year — we can then use that library to scan through all of our other samples very quickly ... by comparing against our library and using data analysis software that Dr. Robbat has developed."

Orians said that the tea-tasting meetings are a way to qualify the more quantitative aspects of their research.

"We wanted to put together a sensory expert panel to evaluate teas, because we can measure the chemistry, but how do we know how that affects our sensory properties?" Orians said. "We are a panel of people who are a part of the project and people who are tangential to the project who are just really interested in ... exploring the chemistry and sensory properties of tea as a consequence of environmental variability and climate change."

The tea-tasting process is something that the researchers have honed to an exact science, Orians said. According to their brewing protocol, each tea sample must be brewed for three minutes exactly with water at 90 degrees Celsius. After the three minutes are up, the team begins tasting the tea and ranks its various aspects, such as balance, fullness, mouth-feel and total intensity of flavor. Then, at various time points after the tea has been brewed, they rank other aspects, such as aftertaste.

"We have to time it right down to the second because the flavor changes as the tea cools down," Pilowsky said.

Ellmore described how the flavor of tea would be compromised if the brewer is not careful with time and temperature.

"If the tea is made correctly, if it's brewed correctly with the Chinese method, there would not be any bitterness," he said. "Some people taste flowers and honey, and all sorts of different things — bitter-

ness is not one of [them]. If you leave the water in there for too long or too hot, all of a sudden there's this bitterness that comes through."

In general, the research team has found that tea from the dry season is higher-quality than tea from the monsoon season. This means that consumers tend to like tea from the dry season better, which creates a demand that tea farmers are incapable of filling, due to the uncontrollable nature of the weather.

"It's shown that the higher-quality tea, the tea that most consumers like, is from the dry season, not the monsoon season," Robbat said. "Farmers actually get much less money for monsoon-harvested tea, so we're trying to take a holistic approach. There are environmental factors that influence what the plant does."

Robbat also mentioned the implications of these findings, especially as they relate to the effects of climate change today.

"We're beginning to see longer and longer monsoon seasons, which means poorer and poorer quality and less quantity of the tea," he said. "So this is a project where we're trying to really understand what all these interactions are."

The researchers hope to use their findings to come up with ways tea farmers can mitigate the negative effects of climate change on their crops. Orians described one such possibility: allowing insects to feed on the growing tea leaves, especially during monsoon seasons.

"One of the things that we know is that plants produce ... chemicals, but these chemicals can change in response to insects feeding on them," he said. "There have been reports that tea leaves that have been fed upon by insects are often the most valued. In fact ... there's a particular tea in Taiwan which is incredibly sought-after because insects have [been] feeding on them, changing the chemistry of those leaves."

Orians explained that this finding could help tea farmers to grow tea that consumers would like better, and therefore buy in higher quantities.

"So one of the things that's part of the project is to look at whether or not a little bit of insects feeding on your plant is a good thing, especially as the monsoons hit," Orians added. "It turns out that when the rains hit, it's also the time the insects tend to come out, so ... perhaps farmers wouldn't want to spray against the insects when the monsoons hit because they can actually increase the quality of tea for those first few harvests during the monsoons."

Toward the beginning of the meeting, as Kowalsick and Kfoury poured the tea, spirits were high, and it was clear that the researchers were enjoying this project.

"Ah," Ellmore said, inhaling the aroma from his cup. "Another relaxing day of tea here at Tufts University."

LAUREN SAMUEL | WANDERERS IN SPACE

I found you, Miss New Booty



On a cold and lazy mid-October evening, my good pal Brennan and I decided to go geocaching. You see, long before the world of iPhones and Androids, adventurous little rebels formed a community where strangers created these "geocaches," containers ranging from Nalgene to fake rocks to small plastic tubes, which held small notes, and sometimes even treasures and goodies, and the finders could log their names. Without GPS, people would learn the coordinates of a location on the Internet and approach it themselves. Though there was (and is) sometimes booty in the caches, the real rush has to do with seeking out the mysterious container, as well as getting to add your name to the log.

Now, in what we can only call the most modern of ages, the rules of the game have changed ever so slightly, but the essence remains the same. Though a Google-maps-esque screen will come up in your phone indicating the location of the desired target, you will not get directions or the exact information about where it is. Rather, you will see that it is in, for example, a park next to X and Y road and then you, with your phone, must gradually wander through the area until the cache is found. While there are thousands of geocaches across the world, and the application highlights the ones within a less than ten mile radius to you, I was disappointed to learn that the closest two to Tufts are in Davis Square! That's it, two! I live in a middle-of-nowhere New Jersey suburb that is essentially the boondocks and there were about 15 locations near my house, so this was a sad discovery. I encourage all of us at Tufts to make more. There is something so wonderful and communal about them and I wish there were more opportunities to find them around here.

Anyway, as Brennan and I headed toward the back of Davis Square, we spotted a small parking lot that corresponds with the area the target seemed to be in on my phone. Only knowing that the geocache was "Davis Square"-themed, and contained some goodies, we gleefully walked over and scoured around. As you get very close to the cache, the app then gives you a hint. Ours informed us, "Davis Square belongs to those who guard it." Perusing the area and getting surprisingly familiar with a large tree, we were having no luck. Just as we were about to give up, a final moment of inspiration consumed us and we ended up finding the cache! While I obviously can't reveal where it was found, just know the hint helped immensely. Inside were assorted knick-knacks, like a quarter from the Grand Canyon, a rubber cockroach and my personal booty, a German public transportation pass. After leaving a note on the back of a Curious George sticker in return we got to scribble our geocache team name and the date, Oct. 19, 2014.

Though we wanted to hop to the other site, it was a bit farther than expected so we are saving it for another day. A lot of my friends were making fun of the running around aspect, but to be honest and wildly cliché, that is the best part. It really is the search of discovery, the hope and the process, over the reward itself. Do it with a best friend, a partner, a group of friends or just yourself. Make geocaches, log geocaches and experience the weird concept of strangers everywhere facilitating this random exchange of goods because hey, it's an excuse to be a treasure hunter for a day.

Lauren Samuel is a sophomore majoring in peace & justice studies. She can be reached at Lauren.Samuel@tufts.edu.



ALEX CHERRY / THE TUFTS DAILY

These special teapots brew the tea leaves in hot water in a way that optimizes positive taste qualities.

IS THERE HOPE FOR PEACE IN THE MIDDLE EAST?

LEARN WHAT HOPE THERE IS FOR ISRAELIS AND PALESTINIANS

October 22 • 8 pm • Cabot



About Ambassador Dennis Ross

Counselor and William Davidson Distinguished Fellow
at the Washington Institute for Near East Policy

Point man in peace process during George H.W. Bush
and Bill Clinton administrations

Was a key player in: 1995 Interim Agreement, 1997
Hebron Accord, 1994 Israel-Jordan peace treaty

Spent two years as special assistant to President
Obama and and a year as special advisor to Secretary
of State Hillary Rodham Clinton

Presented by



TV REVIEW

'Grey's Anatomy' struggles with eleventh season

BY DREW ROBERTSON
Daily Editorial Board

It happened to "How I Met Your Mother" (2005 – 2014). It happened to "Gossip Girl" (2007 – 2012) and,

Grey's Anatomy

★★★★☆

Starring Ellen Pompeo, Patrick Dempsey and Chandra Wilson

Airs Thursdays at 8 p.m. on ABC

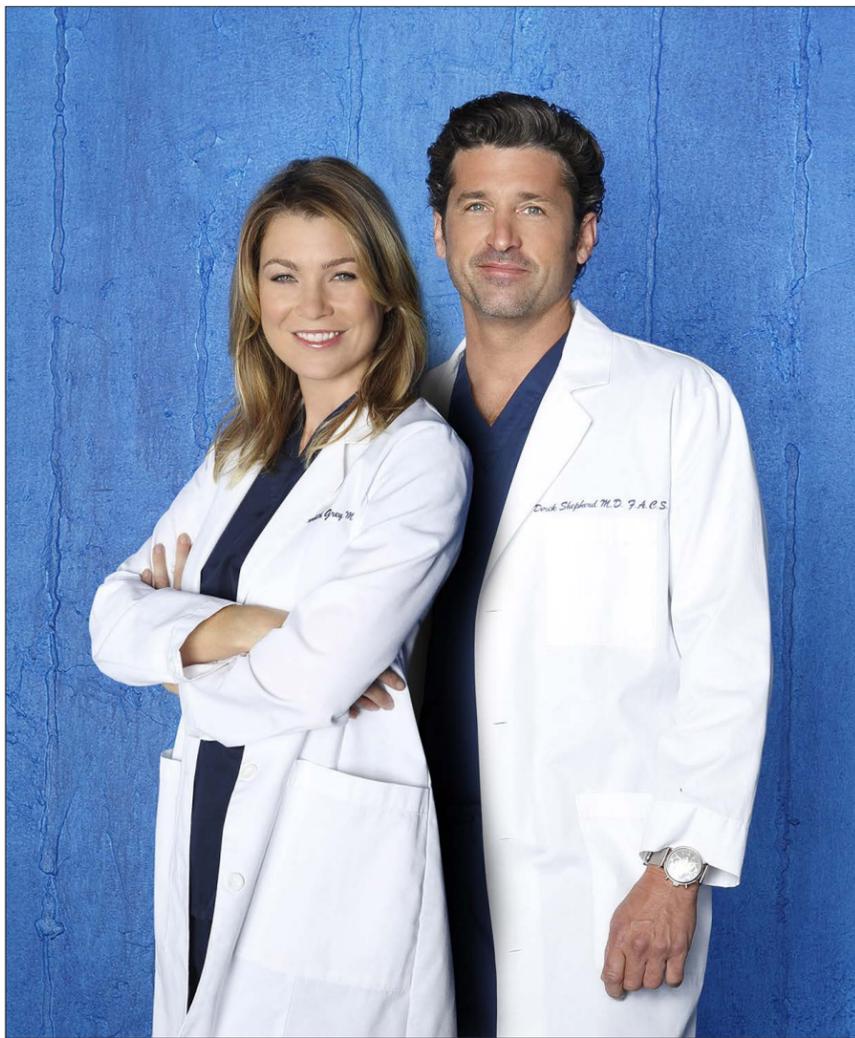
most tellingly, it happened to "Private Practice" (2007 – 2013). When a TV show is on the far side of the hill, audiences can tell.

And, as the writers behind "Friends" (1994 – 2004) — undoubtedly the sitcom of its time — demonstrated so elegantly, when a beloved series is past its prime, sometimes creators and audiences alike have to be cruel to be kind. Know when to say goodbye; put it out to pasture; send Rover to live on the farm with Auntie Marge. Choose a trite expression to soften the blow, and then, for the love all things good — end it!

Now at the start of its 11th season — that's right, it's been more than a decade since Meredith and McDreamy first met in Joe's Bar (some perspective: The average Tufts senior was 11 years old when the series started) — "Grey's Anatomy" (2005 – present) is in desperate need of some tough love.

Limping along week to week, "Grey's" four new episodes lack focus, feeling at once scattered and repeti-

see GREY'S, page 6



DISNEY | ABC TELEVISION GROUP VIA FLICKR CREATIVE COMMONS

ABC's "Grey's Anatomy" stars Ellen Pompeo as Dr. Meredith Grey and Patrick Dempsey as Dr. Derek Shepherd.

TV REVIEW

'The Walking Dead' begins what could be best season

BY GRACE SEGERS
Daily Editorial Board

Over the course of four previous seasons, the quality of "The Walking Dead" (2010 – present) has been very

The Walking Dead

★★★★☆

Starring Adam Lincoln, Jon Bernthal, Chandler Riggs, Norman Reedus

Airs Fridays at 11:30 p.m. on AMC

inconsistent. The first season, while only six episodes long, was arguably the best in terms of pacing, and introduced the apocalypse with disturbing panache. The second and third seasons

were often slower and less engaging, although they introduced many of the moral gray areas that the first season lacked. It was in these seasons that the audience learned that people were to be more feared than the undead — humanity is the real monster.

The fourth season started out strong and then had a crisis of identity. The first few episodes focused on the main cast of characters hiding in the prison, then there were a couple of aggravating episodes centered on the Governor. After the fight with him ends in the destruction of the prison, the gang splits up and spends the second half of the fourth season looking for each other.

see WALKING, page 6



GAGE SKIDMORE VIA FLICKR CREATIVE COMMONS

Adam Lincoln continues to develop his character, Rick, in the new season.

ALBUM REVIEW

New Caribou album pleasant, yet unoriginal

BY VERONICA LITTLE
Daily Editorial Board

Dan Snaith, the mastermind behind the beloved indie-electronica band Caribou, is by no means a new-

Our Love

★★★★☆

Caribou

Merge/City Slang

comer to the music scene. With more than a few studio albums, a loyal following and some critical recognition, Caribou had seemingly found an uncomplicated plateau to rest in after their 2010 release "Swim." Snaith is back, however, after a four year hiatus with his latest attempt, "Our Love" (released Oct. 7). The album, riddled with the same samples, delicate melodies and synth-based percussion that mark many of Caribou's tracks, is not so much a step forward as it is a hop and a skip to the side. That is to say, "Our Love" is an interesting diversion for Caribou. Unfortunately, the album does not showcase any substantial growth in terms of method or melody for Snaith. On "Our Love," Snaith employs the same techniques and skills on every subsequent album — for better or for worse.

For Caribou, "Swim" was a transformative release. Gaining widespread play and attention in certain circles, "Swim" saw Caribou attracting a unique audience and getting

see CARIBOU, page 6

EVA BATALLA-MANN |
HOW TO MAKE A MIXTAPE



Polyrhythms

Avid music bloggers and Strokes fans have been in a tizzy lately trying to figure out how Julian Casablancas actually feels about brunch after crass comments regarding the culture surrounding this union of two meals. He has finally put the controversy at bay, saying that he's "not against the concept of weekend late breakfast, which people of all freedoms and hues should enjoy." He dodged a bullet with that one.

Okay, now that that's off my chest, let me tell you what I'm really thinking about...

While social media surfing the other day, I came across a video that a musician friend of mine posted of a recording session in a hotel room in which he is taping himself biting into a purple cabbage to put the sound on a track of his music. I couldn't quite figure out what time signature it was, but I still enjoyed it.

I started thinking of various sounds that have yet to be recorded and incorporated into music. When The Beatles released "Revolution 9" (1968) it reimagined many sounds that were typically found in popular music. It included talking, the screeching of a car, various loops and sound effects. This created a transfixing cacophony expanding the confines of what was considered "music." Some people thought it was pretty cool and others took a more intense approach, like Charles Manson misconstruing Lennon's shouting of "right!" as a call to "rise" up in revolt — yet another cautionary example of the need for careful listening.

Bob Dylan's use of a police car siren in "Highway 61 Revisited" (1965), the Pixies' use of synthesizers in "Velouria" (1990) and the instrumentalism of rubber ducks, chains and aerosol cans in Nirvana's "Drain You" (2011) provide new and challenging experiences for the listener. Or, in the same vein as my cabbage eating friend, Paul McCartney chomps on celery in "Vegetables" (1967) by the Beach Boys and Scott Walker plays a slab of pork like a conga drum in "Clara" (2006).

A slightly more polished and cliché spin-off of the understated and profound "Once" (2006), the film "Begin Again" (2013) centers around the making of an album in different corners of New York City, with the urban sounds boldly incorporated into each track. Cars honking, people talking, children playing and water running create an interesting background track that adds a lively pulse unlike music recorded in the vacuum of a studio.

It's thought provoking to see how the incorporation of sounds from different cultures has evolved. Starting with artists like Herbie Hancock and Paul Simon, these marriages of sound have found themselves along a spectrum ranging everywhere from groundbreaking creativity to bordering on cultural appropriation. These mergers have greatly changed what we consider to be familiar sounds, scales and tempos.

A cultural collaboration that I found enthralling from a young age was captured thoughtfully in the film "Genghis Blues" (1999), in which Paul Pena, a blind blues musician, travels to the Russian state of Tuva and learns traditional Tuvan throat singing. Simply put, Tuvan throat singing incorporates the singing of two notes at once, creating an interesting and mesmerizing frequency. A more contemporary example is psych-folk singer Joanna Newsom, whose music incorporates the influence of polyrhythms, two or more conflicting rhythms that are simultaneously used in a composition. This, incorporated with her untrained and child-like voice, creates a soulful and oftentimes eerie combination.

All this points to the diverse sounds that can be created by the human voice. Whether Tuvan throat singing, Yoko Ono's wailing or the languid and surprisingly operatic riff at the end of "Fantasy" (1977) by Earth, Wind & Fire, the possibilities within our very vocal chords are endless.

Sometimes we don't dare disturb the limits of what we conventionally consider musical. But in the words of Oscar Hammerstein, "all

Eva Batalla-Mann is a junior majoring in peace and justice studies. She can be reached at eva.batalla_mann@tufts.edu.

Addictive 'Second Chances' a bright spot on unremarkable album

CARIBOU

continued from page 5

some relatively substantial airtime. And the album was more than deserving of the praise. Musical restraint, particularly in indie genres and bands, is something of a rarity. It seems as though indie newbies have flooded their albums with increasingly dissonant, unpleasant and abrasive noises for the sake of "new" and artistic music. Unlike its contemporaries, Caribou has consistently maintained a dignified stylistic center around which its music rotated. The real genius of Snaith came through his combination of nuanced electronic melodies and house/hip-hop percussion. This combination,

which was so novel on Snaith's "Swim," continues to add unique character to Caribou's growing discography.

Unfortunately, this once-novel sound does not pull its weight on "Our Love." The 10 track album, while pleasant and well constructed, can force the listener into a gentle stupor. Many songs seem to blend from one into the other seamlessly — and it's hard to tell whether or not that is a good thing. Though different tracks drift in and out without defining characteristics, there are a few notable moments where addictive samples and bizarre sounds make their way to the forefront. One such track is "Second Chance," featuring the stunning vocals of an up-and-coming

electronic songstress Jessie Lanza. The song has shiny synth and well-punctuated bright moments juxtaposed against a firm bass and pounding percussion. A love letter to R&B, "Second Chance" serves to remind listeners that Caribou has serious musical chops.

Unfortunately, tracks like "Second Chance" are the exception and not the rule on "Our Love." The album opener, "Can't Do Without You," is well produced but fairly generic. What's more, the title track, "Our Love," is bursting with potential that never comes to fruition. It seems that one of Caribou's hallmark strengths — namely, restraint — is functioning as a double-edged sword here. It is easy to find yourself wanting

more from the song and from the album as a whole.

Snaith's talent is indisputable and his solid place with Caribou in the indie-electronic scene is well deserved. However, this comfortable position, while pleasant and easy, is not as engaging as Caribou's former albums have been. With such tremendous potential, even after a long and illustrious career in the music business, it's hard to watch Caribou rest on its laurels. Musically attractive and sonically lovely, it's hard to criticize "Our Love," even while wishing for just a little bit more from Snaith's incredible brain. Hopefully, we won't have to wait another four years to hear Snaith's next attempt.

Lackluster writing wears down hit ABC show

GREY'S

continued from page 5

tive. Meredith (Ellen Pompeo) and Derek (Patrick Dempsey) fight over whose career is more important while Callie (Sara Ramirez) and Arizona (Jessica Capshaw) duke it out over how

— and if — to make time for a new baby between their busy schedules and career aspirations. Alex (Justin Chambers) and Bailey (Chandra Wilson) also get caught up in professional conflict, turning mentor against mentee. Couple

after couple acts out the tragic struggle of the over-educated, I'm-too-smart-for-my-scrubs mid-career professional, constantly seeking endless love and Harper-Avery awards. Unfortunately, this conflict feels just as flat and uninterest-

ing the second and third time as it did the first. Repetitive themes make each subsequent scene feel monotonous and unnecessary, even within the same episode.

Worst of all, the series now lacks drama, a requisite ingredient for a great season of "Grey's." It seems all that professional angst has left little room for the darker, steamier content that characterized the show in its heyday. Where are the life-and-death moral dilemmas: to LVAD or not to LVAD? Where are the pulse-pounding liaisons in on-call rooms and supply closets? Where are the bombs encased in body cavities? Gone, all gone. Pass the tequila, please.

In all seriousness, however, fan favorites like Chandra Wilson, Patrick Dempsey and, of course Ellen Pompeo, continue to churn out satisfactory performances, punctuated by the familiar quirks and pizzazz of their characters. But even Dempsey's killer smile and perfect hair can't make up for stagnant storylines and lackluster writing.

As the familiar faces of the show bicker and fade, a transfusion of new blood — Dr. Amelia Shepherd (Caterina Scorsone), transplanted from the "Grey's"

spinoff "Private Practice," and Dr. Maggie Pierce (Kelly McCreary) — is a thin attempt to keep things fresh. While both Scorsone and Pierce do admirably, the sister-sister act (Amelia is Derek's little sis, and Maggie is Meredith's half sister) already feels tired. And, at least so far, neither comes close to filling the hole left by Cristina Yang (Sandra Oh) when she left the series at the end of last season.

Simply put, the new season of "Grey's Anatomy" confirms fans' worst fears — the show is truly on its way out. All that remains to be seen is if it will make a graceful exit, a la "Friends," and give out with a final, gasping breath (see: the death of "HIMYM") or slowly fade out of relevance like "Private Practice." The best option for a Meredith Grey fix already exists on Netflix; at least ten previous seasons means there are plenty of re-runs.

The final nail in the coffin? New episodes are no longer available for free on the ABC website the day after they air. Sad but true: It's just not worth it anymore.

But if, like a tragic accident, it's just too hard to look away, "Grey's Anatomy" is still airing on ABC at 8 p.m. on Thursdays.



MORGAN VIA FLICKR CREATIVE COMMONS

Grey's Anatomy's eleven seasons leave a considerable legacy.

AMC series continues to grow

WALKING

continued from page 5

Each character study was interesting, but definitely lacked the ensemble chemistry — a large part of what makes "The Walking Dead" so appealing.

However, by the explosive first episode of the fifth season (pun intended), the gang is mostly all back together and ready to take down the bad guys of Terminus, the cannibalistic group which entrapped them in a boxcar. Terminus is led by a man named Gareth (Andrew J. West), whose youth and ideology make him a terrifying adversary. The opening sequence of the episode is incredibly tense and horrifying, reminiscent in tone of the pilot episode, in which Rick (Andrew Lincoln) discovers the apocalypse as he escapes the hospital. The writer of the episode and producer, Scott M. Gimple, is making a clear statement: This world is horrific, there is no going back and this season will be different.

The fifth season premiere, aptly named "No Sanctuary," was one of the best episodes "The Walking Dead" has ever given its viewers. It was tense, emotional, terrifying and excellently acted. Each character has something interesting to offer, from the resilient morality of Glenn (Steven Yeun), to the protective and destructive instincts of Tyreese (Chad L. Coleman) and the ostensible main character Rick's never-ending cycle of redemption and failure.

But the clear MVP of "No Sanctuary" is Carol (Melissa McBride), who has had some of the best development of any character on television. She began the show as a timid, abused wife and mother. After the loss of her husband and daughter, she has become strong to protect her new family. Carol still remains a deeply emotional

character, but she channels her emotion into fighting and helping others. McBride truly understands Carol, and gives her a depth and nuance which elevates the character and the show to greater levels.

The season's second episode, entitled "Strangers," was calmer than the first, although it featured some incredibly shocking moments. The fifth season is settling into its narrative, and it is a compelling one. The stakes are no longer simply life or death: Rick is reminded by Glenn, and then his son Carl (an excellent Chandler Riggs), that fighting through the apocalypse isn't enough. They have to retain their humanity in order to prevent themselves from becoming the monsters they kill. The dichotomy between Rick's group and Gareth's group is clear. One is a family and the other is a hunting pack.

Despite its uneven track record, "The Walking Dead" is one of the most popular shows on television. 17.3 million people tuned into the fifth season premiere, making it the highest rated episode of the series. Furthermore, if "No Sanctuary" and "Strangers" are anything to go by, the fifth season of "The Walking Dead" will be the best yet. The actors and writers appear comfortable with their characters and with this story, and it seems that the show may finally have found the consistency it lacked in the past.

"The Walking Dead" is compelling, not only because of the violent depiction of apocalyptic America it offers, but also because it explores who people choose to be in the face of extraordinary circumstances. As characters face impossible moral decisions, the audience is reminded of their own humanity, and therein lies the power of the show.

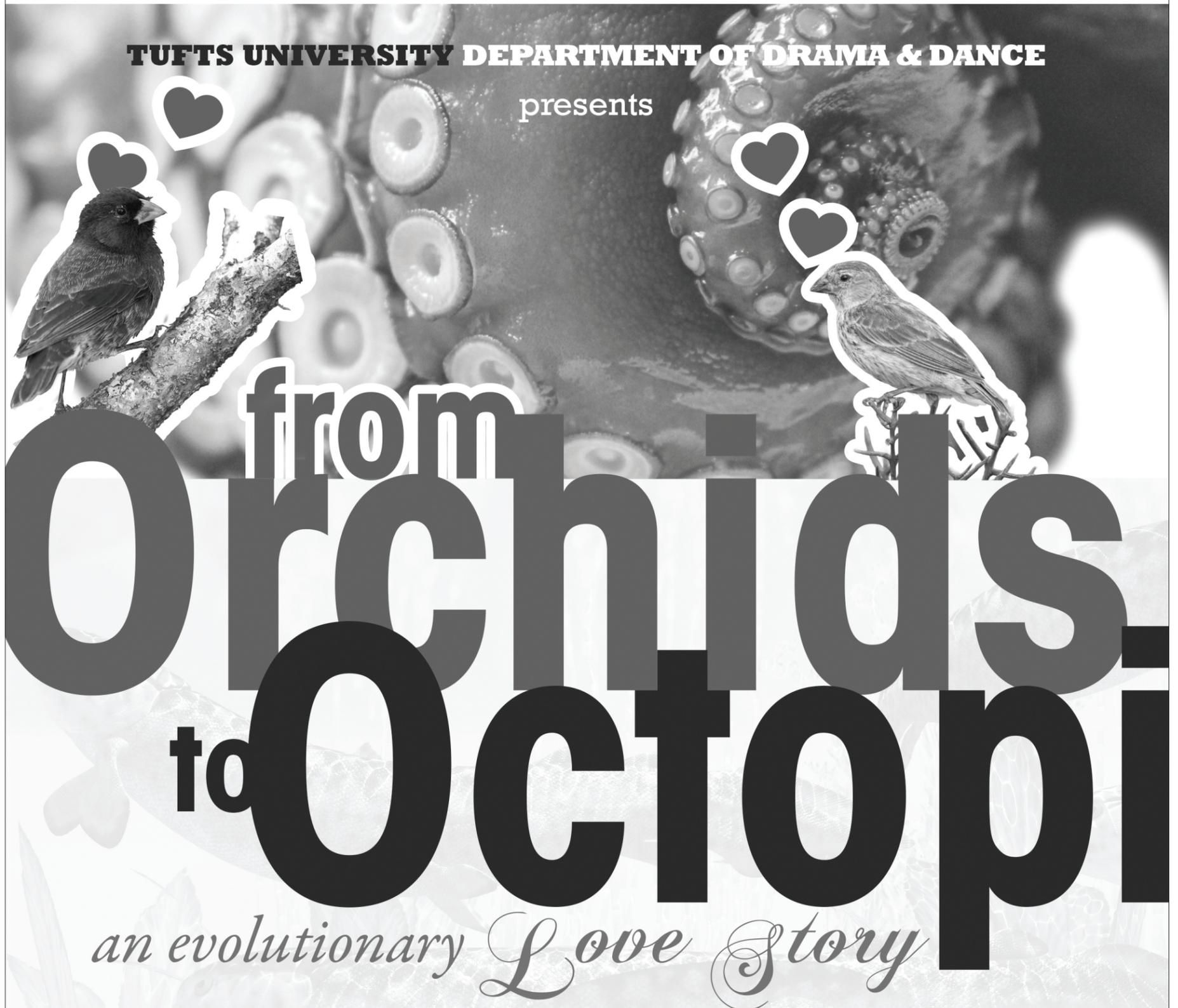


Melissa McBride shines in her role as Carol.

MINGLE MEDIA TV VIA WIKIMEDIA COMMONS

TUFTS UNIVERSITY DEPARTMENT OF DRAMA & DANCE

presents



from
Orchids
 to **Octopi**
an evolutionary Love Story

By MELINDA LOPEZ

Directed by NATALYA BALDYGA

BALCH ARENA THEATER
2014-2015 SEASON

October 23-25 and 30 at 8:00 pm
November 1 at 2:00 pm and 8:00 pm

For tickets call: 617-627-3493
for more information visit dramadance.tufts.edu

TICKET PRICES

\$10 Tufts ID/Seniors	\$10 on October 23
\$15 General Public	\$1 on October 30

At the Balch Arena Theater, Tufts University

Presented by the Department of Drama and Dance

THE TUFTS DAILY

ALEXANDER J. SCHROEDER

Editor-in-Chief

EDITORIAL

Justin Rheingold

Lily Sieradzki

Managing Editors

Patrick McGrath Executive News Editor

Daniel Bottino News Editors

Jenna Buckle

Abigail Feldman

Shana Friedman

Daniel Gottfried

Nina Goldman

Dana Guth

Stephanie Haven

Alexa Horwitz

Audrey Michael

Kathleen Schmidt

Jei-Jei Tan

Denali Tietjen

Melissa Wang

Sarah Zheng

Jessica Mow Executive Features Editor

Maya Blackstone Features Editors

Hannah Fingerhut

Charlotte Gilliland

Kendall Todd

Jake Taber

Shannon Vavra

Sophie Dasinger Assistant Features Editors

Mengqi Sun

Annie Gill

Drew Robertson Executive Arts Editor

Veronica Little Senior Arts Editor

Dana Guth Arts Editors

Nika Korchok

Timothy Charouk Assistant Arts Editors

Abigail Feldman

Charlotte Gilliland

Grace Segers

Alex Connors Executive Sports Editor

Marcus Budline Sports Editors

Sam Gold

Jake Indursky

Alison Kuah

Tyler Maher

Jorge Monroy-Palacio

Maclyn Senear

Jason Schneiderman

Chris Warren Assistant Sports Editors

Steven Hefter

Wil Glavin

Annabelle Roberts Executive Op-Ed Editor

Susan Kaufman Op-Ed Editors

Ruchira Parikh

Olivia Montgomery

Ray Bernoff

Amy Bu

Keran Chen Cartoonists

Jehan Madhani

Ty Enos

Jennifer Lien Editorialists

Nicholas Golden

Bailey Werner

Naomi Ali

Chloe Perez

Nicholas Pfosi Executive Photo Editor

Praekarn Nirandara Photo Administrator

Annie Levine Sports Photographers

Ethan Chan Senior Staff Photographers

John Hampson

Matthew Schreiber

Christie Wu Staff Photographers

Maya Blackstone

Alexander Knapp

Kelly Fahey Stock Image Editor

Caroline Ambros Social Media Editor

Rachel Sheldon Executive Multimedia Editor

Blair Nodelman Senior Multimedia Editor

Aastha Chadha Multimedia Editors

Ethan Chan

Jade Chan

Kristie Le

Tanay Modi

Nimarta Narang

Josh Podolsky

Grace Segers

PRODUCTION

Andrew M. Stephens

Production Director

David Westby Executive Layout Editor

Betsy Allman Layout Editors

Hannah Fingerhut

Kathy Lu

Montana Miller

Reid Spagna

Noah Habeeb Executive Copy Editors

Reena Karasin Copy Editors

Aastha Chadha

Nina Goldman

Sophie Krakoff

Julia Russell

Rachel Salzberg

Jei-Jei Tan

Yan Zhao Assistant Copy Editors

Arthur Beckel

Andrew Kager

Serena Kassam

Caroline Watson

Nitesh Gupta Executive Online Editor

Qinyue Yu Marketing Director

Richard Yuxuan Zhang Strategy Manager

Caroline Talbert Media Coordinator

BUSINESS

Daphne Wu

Executive Business Director

Li Liang Receivables Manager

Chris Chininis Ad Director

Jade Chan Ad Managers

Kristie Le

Tanay Modi

Yiran Xu

P.O. Box 53018, Medford, MA 02155

617 627 3090 FAX 617 627 3910

daily@tuftsdaily.com

EDITORIAL

Take newfound school spirit to every game

Tufts students were no doubt surprised, and then elated, to hear that their football team won a game for the first time in years. After many seasons, the football team has won not just one game but all three home games, keeping an undefeated home record. What stands out the most at these games, alongside the massive success of the team, is the participation of the Tufts community. So far this season, Tufts has the highest total attendance to football games of any NESCAC school, averaging over 3,000 fans at all three home games. While many students only celebrated school spirit on homecoming, this high turnout has created an encouraging atmosphere for our Jumbo athletes.

It's a relatively accepted idea that Tufts is not sports-oriented. Yet, we only need

look around the vicinity of the gym to see the many students running, training and putting in hours to excel at their respective sports. In the past, Tufts students have worked to build a solid community of school supporters through Fan the Fire, but today there's something more. Excitement about the football team's first win since 2010 and the current undefeated streak at home have added to that budding sense of school spirit.

Emphasizing the athletic elements of Tufts can be very positive. Coming out for a shared cause helps to foster a sense of community, which can sometimes feel lacking outside of events centered on heavy drinking. Our community will be stronger when we start celebrating sports as efforts deserving of attention and respect. Sports can bring

us together, just as activism, academics and art can and must do.

Our school spirit should be shared across the many sports that we play, both men's and women's. Our men's soccer team currently sits atop the NESCAC as the No. 1 seed, while last year, our women's basketball team finished its exciting campaign winning its first NESCAC championship and journeying to Wisconsin for the NCAA Div. III semifinals. Men's lacrosse and softball took home a pair of National Championships in the spring, marking men's lacrosse's second title in five years and softball's second title in a row. As Tufts students, we should get out and support all of our teams. Who knows, maybe it'll keep the winning streak going.

KERAN CHEN



OFF THE HILL | UNIVERSITY OF ARIZONA

Clickers do little good for students

BY EMILEE HOOPES
The Daily Wildcat

Our time at the UA is about a variety of things, including learning, studying and socializing. But the rising clickers trend has been a catalyst for a new phenomenon: professors babysitting students.

I've suffered through my own fair share of lecture courses with hundreds of students enrolled. Luckily, my professors allowed their students' academic performances to represent their attendance patterns, as those who attended class frequently did better than those who did not.

However, not all UA professors take the same approach to learning and ensuring attendance. Elaine Marchello, professor and assistant dean of academic programs within the UA College of Agriculture and Life Sciences, uses clickers in her lecture courses.

Clickers are electronic devices that students can use to verify their attendance or answer multiple-choice questions.

"Since I have a large class of 800, I use clickers for a few reasons,"

Marchello said. "One, to see which students are coming to class regularly, but more importantly, I try to engage students by using clickers, as well as assessing their knowledge and understanding of concepts."

Elizabeth Eadie, professor and adjunct lecturer within the School of Anthropology, echoed similar reasoning.

"I decided to use clickers to make class more interactive," Eadie said. "I was hoping it would release some dopamine like a video game, so it would be more exciting for the students."

While I respect and admire a professor's efforts to ensure their students receive the education they are paying for, I simply cannot and will not agree with the implementation of clickers.

First and foremost, clickers are expensive. According to the UA's University Information Technology Services, new and used ResponseCard NXT clickers can be purchased from the UA Bookstore for prices ranging between \$40 and \$54. Keep in mind there are always students who only take one clicker-using class in their entire university careers. Clickers are an easy, unfair money grab that forces students

into buying a tool not needed by all university students.

But most importantly, clickers do not help students in the long run. Regardless of what any professor thinks, we're all adults here at the UA. We are no longer in junior high and the majority of us, hopefully, have envisioned our goals and futures. People who are half concerned with succeeding will take the initiative to attend class on their own. And if a professor can't make his or her class relevant and necessary without requiring arbitrary technological leashes, who can begrudge students who make a cost-benefit analysis and decide there are better ways to spend their time?

The fact that professors feel the need to keep tabs on their students is overbearing and claustrophobic. If we, the student body, need clickers to attend our courses, then who is going to create the clickers that enable us to attend our jobs every day and fulfill our daily tasks? Moral of the story: Self-motivation is key to success and likewise, self-motivation is not developed through implementing useless gadgets. The clicker policy is nothing but an attempt to nickel and dime students and control their right to make decisions for themselves.

OP-ED

Why rally?

BY JONATHAN SIROTA

Over 20 million people die each year due to inequities in global health and more than 100 million people each year are plunged into financial distress as a result of health care-related costs, according to the ICOD Action Network. This is a major contributor in the vicious cycle of poverty and sickness that plagues our world today. In Boston on Oct. 26 — and globally on Oct. 25 — students, leaders, activists and citizens from around the world will convene in major cities in an act of solidarity promoting global health equity by supporting Article 25 of the United Nations' Universal Declaration of Human Rights. This states that individuals have the right to a "standard of living adequate for the health and well-being of himself and his family ... including food, clothing, housing and medical care and necessary social services."

The U.N. originally drafted the Millennium Development Goals (MDGs) in an attempt to begin combating the sources of structural violence and adverse living conditions that threaten both peoples' well-being and ability to support themselves. These goals set targets for progress on child mortality, HIV/AIDS, maternal health, etc. as ways to combat the rampant inequity, inequality and injustice throughout the world.

Since the 1990s, progress in these categories has been remarkable. For example, global under-five mortality has been cut in half. The Brookings Institution, a think-tank, recently wrote about the impacts on their target markers, finding that "at least 7.5 million children have been 'saved' since the launch of the MDGs," and that "Africa's progress is matching the rest of the world — for the first time." These achievements represent unprecedented global gains and also establish a strong correlation between positive change and the creation of MDGs.

In 2015, the U.N. is scheduled to adopt a redrafting of the MDG to update their goals. Exactly what goals they set are up to us. The Global Day of Action on Oct. 25 focuses on the call for universal healthcare. Currently, those who receive health care are those who can afford it. Those who cannot afford it, especially in vulnerable populations, are left sick and unable to take care of basic needs. This is exemplified on the global scale by the deaths of 627,000 people due to malaria and 1.3 million deaths due to tuberculosis in 2012, both preventable diseases. Another 1.5 million children under the age of five died in 2008 from vaccine-prevent-



BERNARD POLLACK VIA WIKIMEDIA COMMONS

able diseases. Rights-based universal health coverage would ensure that governments guarantee health care and provide financial protection for these vulnerable groups, ensuring that they get at least the minimum level of care needed to function. Nobody should be denied care because they cannot afford it or because they do not have access.

Within the U.S. healthcare system today, healthcare coverage is not guaranteed for all citizens and will not provide full coverage without a gradual consolidation of America's healthcare organizations into a single, cost-effective entity. This idea is referred to as "single-payer healthcare," in which thousands of healthcare groups across the United States would be restructured and integrated to form a government-run entity that would act as the single healthcare fee collector and billing agency for the entire health industry. This reconstruction of the U.S. healthcare industry would enhance its overall efficacy, providing universal coverage and all-inclusive medical benefits to each patient while creating a system based on need, instead of on each patient's individual ability to pay. According to Healthcare-Now, not only would a single-payer billing system cover all essential services including "rehabilitative, long-term and home care; mental healthcare,

prescription drugs and medical supplies," but it would also systematically diminish the disparities in health outcomes that plague U.S. society. Article 25 seeks to provide universal coverage and medical care for individuals based on need. With the implementation of the single-payer system, more of these goals could be realized for the American public.

We, as students fighting for social justice, have a unique opportunity to see unprecedented levels of health equity arise within our lifetimes. According to an article written in *The Lancet*, our generation collectively has the "financial and ever-improving technical capacity ... to achieve a 'grand convergence' in health" by 2035. The first step toward making this goal is to ensure that receiving care is not dependent on wealth and location. As the next generation of leaders, policy makers and activists, we have a responsibility to change this archaic and ill-serving system. We hope to see you on the Boston Common on Oct. 26 to join in the voices of the world in demanding that everyone be given the right to be healthy.

Jonathan Sirota is a sophomore majoring in quantitative economics. He is a member of GlobeMed and can be reached at jonathan.sirota@tufts.edu.

REBECCA SOLOMON AND POOJA SIVARAMAN | NEW YORK STYLE DELHI

Serendipity



Amidst the midterm haze, the sweatpant craze, the Tisch cookies and the late night study rook-ies, we all are secretly searching for that something to get us through the day. Whether it's bumping into that person you hooked up with on Saturday night, making eye contact with that Zach Galafianakis look-alike you've been crushing on or simply having a beautiful stranger hold the door open for you — we're all holding out for that brief moment of serendipity to lighten our day. In case you don't already think Rebecca and I are unhealthily attached, let me tell you a story about our simultaneous serendipities. It was a rainy evening in Harvard Square, and Rebecca and I were in Staples — where all great love stories begin. Hers was on the top floor, where she met a very hunky Harvard boy while waiting in line to pay for a mechanical pencil. Meanwhile, I was downstairs in the basement, searching for the perfect 2014 planner — and that's when my serendipity happened. While I was weighing the benefits of a moleskin notebook, a man — mid 50s I'd say — with long shaggy hair, a slightly greasy grey t-shirt and a startling odor of beer and skunk came up to me. He stared down at my shoes and asked, "Are your shoes from India?" As I nodded cautiously, he gazed deep into my eyes, gave me a sassy wink and said, "That must be why they're so beautiful. All beautiful things come from India, like you." And that's when love happened.

Dear NYSD, I'm in love with my econ professor, it's bad and I know it, advice?

Pooja: I suggest you calculate the opportunity cost of this love, and then decide if it's worth it. I know the low supply and high demand of attractive Tufts folk can leave one feeling a shortage of love, but you can't just give up and subsidize. With scarcity comes trade-offs, and its time to take some calculated risks in this love game theory. Life is not perfect...ly competitive, so use your leverage and monopolize the love market. (I think my bad jokes went into surplus, I apologize.)

Dear NYSD: How do I get a girl I've never spoken to before to notice me?

Rebecca: Ahh the Tufts crush! I get chills just thinking of mine. Sometimes, we are not as lucky as Pooja and do not have an unlimited supply of Indian shoes to catch the eyes of our suitors. Clearly, the only way to get her attention is to dress in bright colors. If you look like an air traffic controller, who can ignore you? I joke, but as I have said before, I live my life by two mottos: Positive thinking yields positive results and most of life is just showing up. So with a positive attitude, I encourage you to just show up, say yes when you want to say no and go to places you think that your crush will be. I am not saying stalk them, but sometimes a passing smile down Pro-Row is more than enough to break the ice. My Tufts crush and I first talked when he asked me about my ID card in the Commons. You never know when the stars will align. (Even if it is while you are waiting to pick up three Caesar snack wraps because midterms, duh.)

That's all we have for now. I hope that you hungrily wait for our next article as we hungrily wait for the reopening of the Commons, because Caesar snack wraps, duh. Until then, keep submitting questions to our Google Doc. We aim to answer everything you send us, even if it is "Does Anna hate Chipotle?" This question was submitted twice so it must be urgent. We'd like to argue that in a free market, competition is encouraged, so Anna must love Chipotle. So love us like Anna loves Chipotle and send us more queries.

Rebecca Solomon and Pooja Sivaraman are both juniors majoring in economics. Rebecca can be reached at rebecca.solomon@tufts.edu, and Pooja can be reached at pooja.sivaraman@tufts.edu.

OP-ED

American Enterprise Institute: a call for inclusive dialogue

BY SAM BERZOK AND ZACH SHAPIRO

Whether you've been here for two months or four years, it's no surprise that political discussions on this campus can get heated. We often find ourselves in Dewick or at a party, discussing the challenges our community and our country face. It's also no surprise that there is a majority holding similar beliefs here on campus and that Tufts is a liberal-minded institution. Still, it's no secret that Tufts students are divided in their political views. We know this diverse atmosphere could be more conducive to enriching conversation and exchanging ideas. But the fact of the matter is that there is not enough non-partisan conversation being had. The few instances of such productive exchange are informal, when a formal, safe and open atmosphere for any and all ideas should be our commitment as active citizens.

Our organization's goal is to formally expand and enhance open dialogue. We will create a space on campus where all viewpoints on a variety of political topics and discussions are heard, respected and debated. Our council will do this by bringing the engagement and influence of a committed think tank, dedicated to expanding liberty, increasing individual opportunity and strengthening free enterprise. To build this inclusive space for a new, more nuanced discussion we will bring contrarian and dissenting ideas and speakers to Tufts in addition to the voices of our university's own esteemed faculty.

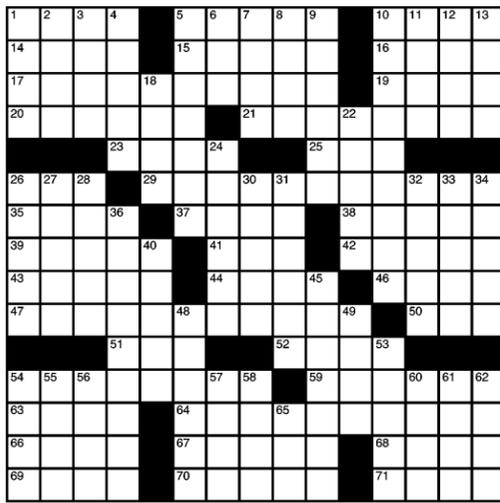
We should all take pride in the fact that Tufts is involved and engaged in national political discourse. But that does not preclude the fact that there is room for improvement. I am Zach Shapiro, a vocal conservative. And I am Sam Berzok, an outspoken liberal.

We sit on different ends of the political spectrum, but we both agree on the need for truly open and inclusive dialogue. We are the American Enterprise Institute at Tufts. We are dedicated to learning from our peers and exchanging ideas with members of our university community. For more information on the initiative and the American Enterprise Institute, visit aei.org and check out our Facebook page, American Enterprise Institute: Tufts Chapter.

Sam Berzok is a junior majoring in political science. He is Managing Director of the American Enterprise Institute and can be reached at Samuel.Berzok@tufts.edu. Zach Shapiro is a junior majoring in international relations. He is Chair of the American Enterprise Institute Executive Council and can be reached at zachary.shapiro@tufts.edu.

CROSSWORD

- ACROSS**
 1 Snoop's former "surname"
 5 Sinatra's "The Lady Is a ___"
 10 Fine
 14 Polynesian capital
 15 ___ roll
 16 Hard-to-explain feeling
 17 Bird between the partridge and French hen
 19 Exile isle
 20 In dreamland
 21 Smashes to smithereens
 23 Pique condition?
 25 Univ. aides
 26 Jamaican music
 29 Species of falcon also called an American kestrel
 35 Boot parts
 37 ___Ball: arcade game
 38 "I'm not kidding!"
 39 Dreads sporter
 41 What's always in poetry?
 42 "So Vain": Carly Simon hit
 43 Sci-fi regular
 44 Optic layer
 46 Feds under Ness
 47 Epic novel symbolized by the ends of 17- and 29-Across
 50 Future 32-Down: Abbr.
 51 "Go for the Goal" author Hamm
 52 Sales rep's tool
 54 Gym gear
 59 Musical ineptitude
 63 1998 Sarah McLachlan hit
 64 Author of 47-Across
 66 Witty remark
 67 Pasty
 68 Italian volcano
 69 Egyptian symbol of life
 70 Garden path piece
 71 After-school mall frequenter



By Jerome Gunderson

10/22/14

- DOWN**
 1 Crunched stuff
 2 Magnum ___
 3 Lass
 4 "Pirates of Silicon Valley" figure
 5 Knight crew?
 6 Bit of fishing tackle
 7 Give ___ to: okay
 8 Relocate
 9 Magic word
 10 Miss, as an intended target
 11 Roughly 2.2 pounds, briefly
 12 First name in advice
 13 Votes for
 18 Eyepiece piece
 22 Lion-colored
 24 Start, as a new hobby
 26 Camel's undoing
 27 Tree-dwelling marsupial
 28 Pantheon led by Odin
 30 Superman player
 31 Enjoy again, as a cherished book
 32 Ones who no longer have class?
 33 Cable installer, at times

TUESDAY'S SOLUTION

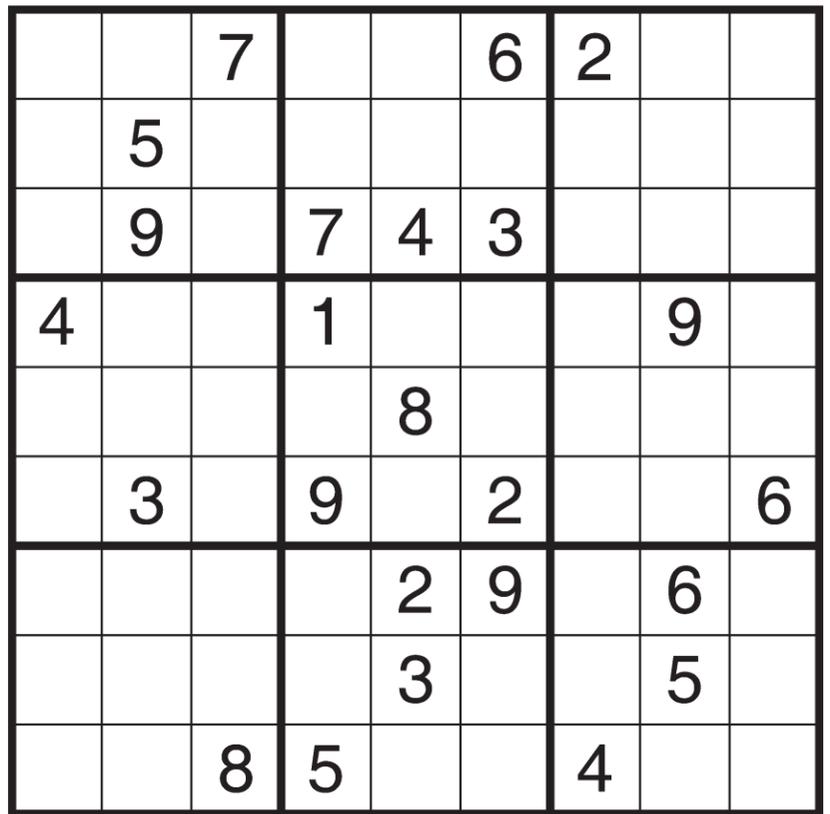


©2014 Tribune Content Agency, LLC 10/22/14

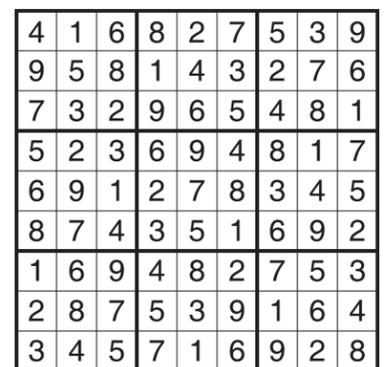
- 34 Wails
 36 Post-workout relaxation spot
 40 Musical set in an orphanage
 45 Salon solvent
 48 Texas city that spans five counties
 49 Oscar winner Jannings
 53 Start
 54 ___ California
 55 Yemen port city
 56 Put on the line
 57 For fear that
 58 Artsy Manhattan district
 60 Cigar butt?
 61 Primo
 62 Meg of "Sleepless in Seattle"
 65 Down-for-the-count count

SUDOKU

Level: Letting the sky fall.



Tuesday's Solution



Please recycle this Daily.

Annual ResLife

Film Shorts Contest



Share what your life as a jumbo is like at Tufts through a video story!

Call for entries is open now through November 3, 2014.

Prizes will be awarded to the top 3 Films.

Find contest details at:
www.ase.tufts.edu/reslife



Wanted

\$\$\$PERM DONORS WANTED\$\$\$
 Earn up to \$1,500/month for less than 5 hours' time.
 Help families through California Cryobank's donor program.
 Apply online: SPERMBANK.com

CLASSIFIEDS POLICY All Tufts students must submit classifieds in person, prepaid with check, money order or exact cash only. All classifieds submitted by mail must be accompanied by a check. Classifieds are \$20 per week or \$4 per day with Tufts ID or \$30 per week or \$8 per day without. The Tufts Daily is not liable for any damages due to typographical errors or misprintings except the cost of the insertion, which is fully refundable. We reserve the right to refuse to print any classifieds which contain obscenity, are of an overly sexual nature or are used expressly to denigrate a person or group. Questions? Email business@tuftsdaily.com.

Royals face off against Giants in World Series

INSIDE THE MLB

continued from back

Cain and Dyson seem to be good for one diving play per game. Left fielder Alex Gordon has also made multiple spectacular plays during these playoff games and, according to FanGraphs, had the highest Ultimate Zone Rating (a number that quantifies how many runs a player saved or gave up based on his fielding) among all outfielders in baseball this season.

But probably the most impressive and skilled part of the Royals' team is their bullpen. If they have a lead through six innings, the game might as well be over. The 7-8-9 inning trio of Kelvin Herrera, Wade Davis and Greg Holland has proven nearly unhittable through the ALCS. Across 25.2 innings so far this postseason, those three have recorded a combined 30 strikeouts — an average of 10 K's per pitcher — while posting a 1.05 ERA.

Excellence in these fundamental areas of baseball has helped propel the Royals to the AL pennant, one series away from a World Series title. Their run has been far from expected and greatly exciting to watch. Four of their eight wins have come in extra innings and two more were one run games. As the World Series begins, baseball fans wonder if they can continue their magical run.



KEITH ALLISON VIA FLICKR CREATIVE COMMONS

First baseman Eric Hosmer and the Kansas City Royals have relied on sound fundamentals to reach baseball's biggest stage.

TYLER MAHER | BEANTOWN BEAT

Time to rebuild... again



The World Series started last night, and you might have noticed that the Boston Red Sox are not in it. If you're Ben Cherington, general manager of the Olde Towne Team, how do you re-tool to give them a shot at making next year's Fall Classic? What do you do?

Because let's face it: You've got a lot of work to do. Your team just endured its second 90-loss season and last place finish in three years under your watch. It missed the postseason despite opening the season with baseball's fourth-highest payroll at just a shade under \$163 million. You kept the 2013 World Series champions largely intact, then spent the entire season trading them away. You have one of the deepest farm systems in baseball, but there's an odd mix of old veterans and emerging talent at the major league level, with few players in their athletic primes. You just dismantled your starting rotation to the point where only one-fifth of last year's original rotation remains: the erratic and injury-prone Clay Buchholz.

First thing's first: You take care of that starting rotation. You go get James Shields, a battle-tested big game pitcher with proven success in the American League (AL) East. You make a run at Max Scherzer, who pitched about as well this year as he did when he won the AL Cy Young award last year. You try to trade for Cole Hamels and/or Jeff Samardzija, both borderline aces. Ideally, you land at least two top-of-the-rotation arms.

Then you try to add some bats, especially in the outfield. Yoenis Cespedes can hit, but with one year remaining on his contract he might be worth trading. Allen Craig was awful last year (.594 OPS), and shouldn't be counted on to rebound given his age (30) and injury history. Neither should Shane Victorino, who'll be 34 and coming off a year in which he played just 30 games. You're going to have to commit to Rusney Castillo in center after inking him to a seven-year, \$72.5 million deal this past summer, but don't be surprised if he struggles in his first full major league season. It would definitely be wise to invest in a corner outfielder who can hit, somebody like Melky Cabrera, Nelson Cruz, Alex Rios or Michael Cuddyer.

You're also probably going to need a third baseman, because Will Middlebrooks just isn't going to cut it. He's batted a combined .213/.265/.364 over the past two years with almost five times as many strikeouts (168) as walks (35). Xander Bogaerts got some reps there last year, but give him another crack at shortstop, his natural position. Brock Holt was awesome there (and everywhere, for that matter), but has fluke written all over him given how much he tailed off in the second half (.826 OPS through July 21, .530 after). There are quality options out there, as Pablo Sandoval and Chase Headley will be free agents, and Adrian Beltre and Josh Donaldson might be available via trade. Third base isn't a priority, but could definitely use an upgrade.

Essentially, you do what you did last time you rebuilt (and assembled a World Series-winning roster in the process). You spend, but you spend wisely. You pursue established veteran talent but avoid long-term deals to players over 30, which means you stay away from former Sox ace Jon Lester. You had your chance to sign him to a hometown discount, and you blew it with that laughable opening offer of \$70 million for four years. You tap into that loaded farm system to package prospects into trade offers.

You have the luxury of being a big market team teeming with minor league talent. All you have to do is use that to your advantage.

Tyler Maher is a senior majoring in economics and English. He can be reached at tyler.maher@tufts.edu.

Young runners gain crucial race experience

MEN'S XC

continued from back

junior Alex Apostolides finished 84th in 28:15, senior Joe Poupard finished 96th in 28:35 and sophomore Chris Warren ran the course in 30:42, leaving the Jumbos with 370 points, far behind the winners on the day, NYU, who finished with just 64.

Little's goal for the season was to earn some valuable experience, and he felt that the meet at Conn. College was a success in that regard.

"[I felt] what it was like to toe the line, race competitively and actually score," Little said. "Usually I fill in behind because I'm not in the top seven yet, but I actually got to be in the front."

In two weeks on Nov. 8, Little will be racing at ECACs and is excited to take on his first championship race on the Westfield State course, where Tufts will be looking to best its second place finish from a year ago.

But before that comes the NESCAC Championship, to be held at Middlebury, on Nov. 1. Last year, the Jumbos placed third at the conference meet. They find themselves with an interesting team composition that will make a big difference in how they fare this season. Rather than having a superstar that can place in the top five, the Jumbos have a solid top three that run well together, meaning that Tufts will be relying on strong performances up and down the lineup if it hopes to stay on the podium at NESCACs.

In that meet, the Jumbos will be looking to chase down Williams and Middlebury, the top two teams in the NESCAC from last season. With just two weeks left before the meet, it's time to see if the Jumbos are ready to make that step.

PIZZADAYS

\$5 off

any regular priced pizza orders \$10 or more

Open till 3am

everyday

order online: www.pizzadays.us

617-33-tufts

Please cut this coupon



INSIDE THE MLB

Keys to the Royals' playoff success

BY JOSHUA SLAVIN
Contributing Writer

An easy way to spot a liar: find someone who claims they predicted before the season that the Kansas City Royals would win the American League pennant. The organization last played postseason baseball in 1985 when it won the franchise's only World Series, and despite an encouraging year last season, there was no one picking the Royals to make it to the Fall Classic.

But everyone has jumped on the bandwagon this October, as the Royals' previous futility qualifies them as the perfect postseason underdog story. Rather than shying away and folding under the pressure of the late fall spotlight, the Royals have shined, sweeping their way through the American League playoffs and into the World Series, making their manager Ned Yost the first to ever win his first eight playoff games.

The Royals seem to have caught lightning in a bottle. But what is it that has gotten them this far? It certainly hasn't been flashy home runs or superstar players. More than anything, the Royals are playing great fundamental baseball. In this case, that includes smart baserunning, small ball, impressive defense and a lockdown bullpen.

Part of what makes this Royals team so intriguing then, is the departure from the high-octane offense brand of baseball. In the playoffs they have hit for a little more power than in the regular season, including a couple game-changing home runs, but this is still not an offensive juggernaut. The Royals ranked a pedestrian 14th during the season in runs per game, were dead last in home runs and isolated power and 19th in slugging percentage (according to TeamRankings). Instead, they won games by relying on their speed far more than their power.

"That's our game — we're going to run," outfielder Jarrod Dyson said. "We're going to run until the wheels come off, man."

Instead of relying on homers, which, fortunately for the Royals, have also come this postseason, they excel at manufacturing runs. Through stolen bases, bunts and sacrifice flies, the Royals have managed this postseason to continually get enough runs across the plate.

And on the other side of the ball, the Royals have kept up their stalwart defense from the regular season. Utilizing their impressive speed, the outfield corps seems capable of running down every fly ball hit their way — Lorenzo

see **INSIDE THE MLB**, page 11

CREW



JOHN HAMPSON / THE TUFTS DAILY

The 50th annual Head of the Charles regatta took place this weekend on the Charles River with over 10,000 competitors from 32 countries taking part in multiple age and rowing divisions.

Jumbos part of historic 50th Head of the Charles Regatta

BY ALISON KUAH
Daily Editorial Board

This weekend, both the men's and women's crew teams had the opportunity to be a part of one of the world's preeminent rowing competitions, the Head of the Charles Regatta. In the historic 50th Anniversary Regatta, which attracted 11,000 competitors and more than 400,000 spectators, both teams recorded commendable performances against teams from all three divisions.

"I think the experience of rowing in the Head of the Charles is really great, because even at such a big regatta we felt like a home team," junior Claire Markoff said. "There were a lot of people cheering for Tufts. We met our personal goals that we set for the [races] because it is such a big [event]. There were Division I schools, and there were schools with much bigger programs than us that we knew would probably do better than us, but we did beat other teams which we were happy with."

The women's team raced two boats — the club eights and the lightweight eight shell. In the club eights event on opening day, the Jumbos recorded a 17:41.72 time, placing them 20th out of 34 total entries. The next day in the 55th and final event of the regatta, Tufts' lightweight eight finished 11th out of 12 with a 19:18.83 time.

The Tufts club eight line-up consisted of sophomore stroke Natalia Kastenberg, senior 7-seat Rachel Paterson, senior 6-seat Taylor Maykranz, senior 5-seat Laura Washburn, senior 4-seat Emma Peabody, sophomore 3-seat Julia Davis, junior 2-seat Laura Hofmann, senior bow Brett Mele and sophomore coxswain Cori Jacoby. The lightweight eight shell boat was made up of freshman stroke Emma Conroy, senior 7-seat Emily Eickhoff, freshman 6-seat Arielle Mann, senior 5-seat Laura Aravena, junior 4-seat Emma Wells, 3-seat Markoff, freshman 2-seat Mary Gusentine, senior bow Madison Morley and sophomore coxswain Abigail Perelman.

The men's team participated in three events — the club eights, collegiate eight and lightweight four — spread out over the two days.

Racing for Tufts in the club eights event was junior stroke Andrew Warren, sophomore 7-seat Tyler McCullough, junior 6-seat Jon Williams, junior 5-seat Martin Van Mierlo, sophomore 4-seat Zach Merchant, senior 3-seat Dixon Minnick, sophomore 2-seat Griffin Richards, freshman bow Colton Karch and sophomore coxswain Connor Fallon. The team finished 40th out of 47 total entries with a 17:15.43 time.

The collegiate eights placed 36th out of 44 teams with a 16:56.55 time, a team consisting of senior stroke Samuel Helrich, senior 7-seat Chris Rickard, senior 6-seat Peter Estes, freshman 5-seat Andrew MacMillen, freshman 4-seat Andrew Bittles, sophomore 3-seat John Bailey, senior 2-seat Jeffrey Aalberg, junior bow Zhuangchen Zhou and senior coxswain Katherine Gawlas.

The lightweight four was the second-to-last men's event of the regatta, and the Jumbo team of junior stroke Jackson Horwitz, sophomore 3-seat Douglas Burt, freshman 2-seat Matt Cohen, senior tri-captain bow Krzysztof Danielewicz and junior coxswain Maria Karam were 16th out of 22 (18:10.12).

"The water was a little rougher than what we'd been used to, we've had good luck with the wind on the river the past week so we hadn't been able to practice on rough waters," Danielewicz said. "We got better as the race went on, it was a little rough in the beginning. It was for most of us, the first time racing in the Head of the Charles which was hard because we were more nervous than usual. We were really tense so at the beginning of the race we were a little more rushed and out of sync than usual."

Racing alongside a world-class field of competitors including elite athletes from

around the United States, Europe, Asia, Africa, Australia and New Zealand, it was natural for the Jumbos to feel overwhelmed. The Head of the Charles Regatta over the weekend saw the Croatian duo of Martin and Valent Sinkovic, the fluid and dynamic team that won the 2014 World Rowing Championship for men's double sculls in Amsterdam, en route to setting a world record of 5:59.72. The brothers did not disappoint, shattering the course record by an unprecedented 12 seconds with a smooth 15:40, beating out runners-up Tom and Peter Graves by 17 seconds.

Additionally, the 2014 regatta saw the return of the race's inaugural winner in the lightweight singles, Larry Fogelberg, who returned from Germany to participate in the race for the first time since he won in 1965. It also featured the final race of the seasoned Alte Achter Boat Club, the crew that won a silver medal in the 1972 Munich Olympics and was inducted into the National Rowing Hall of Fame in 2012. They have been rowing the Head of the Charles since 1972 and have returned every year since, making this their 43rd straight race.

"It was crazy to row by Olympians and people who are clearly world champions in the sport," Danielewicz said. "[But] really the biggest thing that we got from this race was to not let that first situation affect the way we race. At the start of the race we got passed by three separate boats, and we assumed that we were doing very poorly but it turns out we had been seeded in a very competitive division so those three boats all ended up being top five finishers. We let being passed affect us and that led to slower times and less ability to do well, so I think staying calm and learning not to let nerves affect you [was the biggest lesson]."

The teams will have a chance to put those lessons into practice when they continue their season at the Head of the Fish Regatta this Saturday, Oct. 25 in Saratoga, NY.

MEN'S CROSS COUNTRY

Jumbos place 13th at Conn. College Invitational

BY PHILLIP GOLDBERG
Contributing Writer

Resting its varsity lineup for the upcoming NESCAC Championship meet, the Tufts' men's cross country team placed 13th out of 18 teams at the Conn. College Invitational on Saturday. Freshman Sam Little was the top finisher for Tufts with a time of 27:05, good for 42nd in a field of 122 runners competing for their teams. The event was won by NYU, with the Coast Guard Academy, Conn. College, Keene St. and New Paltz St. rounding out the top five.

The weather made it much more of a challenge for all of the runners on the course on Saturday, and senior co-captain Nicholas Guarnaccia gave the runners credit for performing so well on what he deemed a tough day. Though the course conditions were unexpected and adverse, the Jumbos understand that when it comes down to race time, they have to be ready for anything.

"At the end of the day you gotta go out there and just run, even though the con-

ditions obviously suck," Guarnaccia said. "Last weekend we ran at Franklin Park and it was that Saturday where it just rained all day, so it was like mud half way up our legs. So there's not that much you can do to prepare. In terms of conditions being bad, the main thing is just training to be mentally strong, because you're going to get thrown a lot of bad conditions throughout the season. At the end of the season it might be snowing, because we are going up to Middlebury in two weeks."

But Tufts' top performer, Little, felt that the weather actually played to his advantage.

"Compared to Open New Englands, which was raining and forty-five degrees, the heat was very welcome for me," Little said.

Placing second for Tufts behind Little was freshman John Greenberg, who finished with a time of 27:54, just one second before sophomore Michael Caughron, leaving them in 73rd and 75th place, respectively. Behind them,

see **MEN'S XC**, page 11