

WHY KNOT?



Learn to tie your shoelaces!

by Maitreyi Kale

Scan the QR Code below, or
use the link to access
the audiobook!



<https://voca.ro/9ThRLGMz1AA>

One afternoon, Nuha goes to the park to play on the swings. Suddenly, she hears her friend Amy yell, "Hi Nuha! Come play on the see-saw with me!"



So, Nuha starts running towards the see-saw to play with Amy.

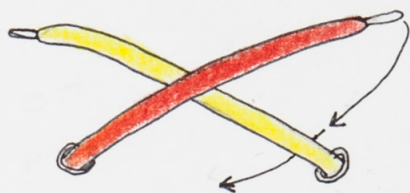
Uh-oh...Nuha's shoelaces are untied.
She wobbles for a moment, and ...
...she trips! Her shoelaces make
her fall down!



Oh no! Nuha is crying!
Let's help Nuha tie her shoelaces
so that she doesn't fall down again!

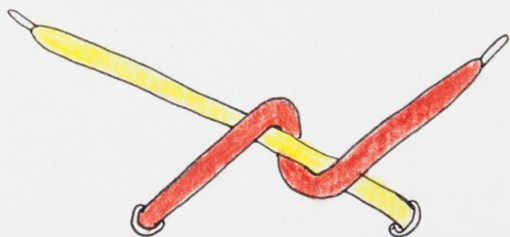


Hold both shoelaces in your hands and cross the right one over to the left, and then, the left shoelace over to the right, to make an X.



Then, take the hard plastic end of the top shoelace and move the end towards you by going under the other shoelace.

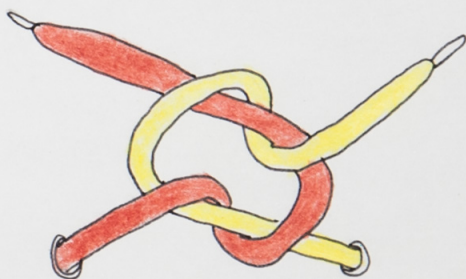
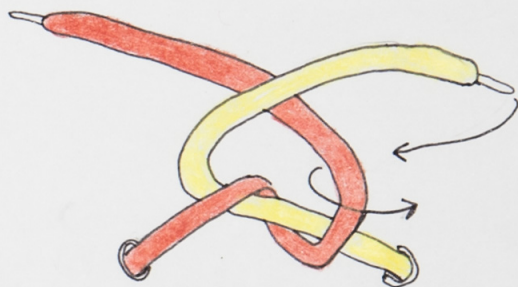
Pull both laces tight.



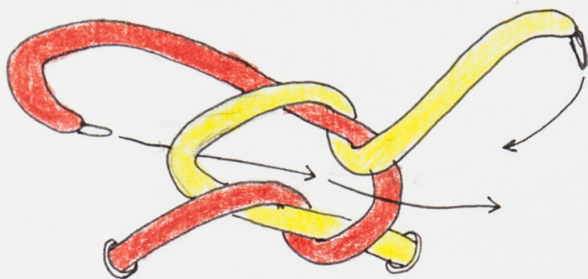
We just made a basic knot!

Now, repeat the previous steps
to make another knot, but
this time, don't pull tight!

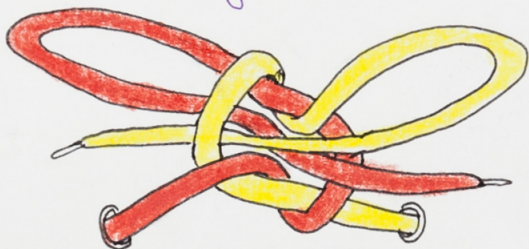
Leave a small circle in the middle,
between the two knots.



Next, grab the hard plastic end of one of your shoelaces, and push it up through the circle, but don't pull it all the way through! Leave a loop, or a bunny ear, with one thumb of space.

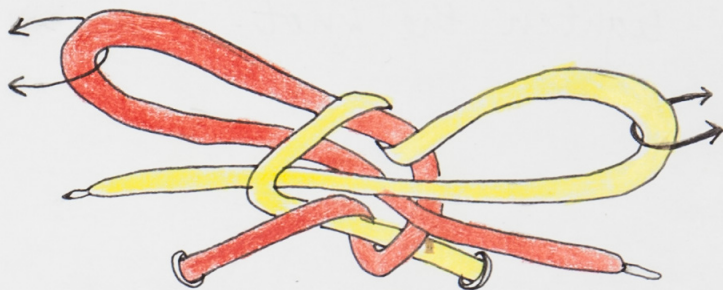


Do the same with other lace: up through the circle, but not all the way through.



Now, you've got two bunny ears!

Hook your thumbs inside the loops, and pull at the same time to tighten!



Yay! We helped Nuha tie her shoes!
Now ~~and~~ she and Amy can
play together!



