

Course Bulletin

145150	Leading with Presence: How to engage and inspire those around you to make meaningful connections			
Subject: UC	Catalog Nbr: CPE001	2021 FALL	Primary	Elizabeth McCarthy
				Elizabeth.McCarthy@tufts.edu
<p>This interactive online workshop empowers emerging leaders in any field or profession with the skills for making meaningful connections in all aspects of your work.</p> <p>Regardless of our roles and responsibilities, leaders and those seeking leadership roles are tasked with making authentic connections throughout our workdays. Connections that inspire in some way – whether it’s a spontaneous networking opportunity, a formal presentation, or a high stakes sales pitch. Authenticity is what ultimately inspires people to take action. Engaging audiences and telling stories that move people means shifting your focus from whats and hows to whys. Coming from a place of authenticity helps you feel something, empathize, and make much needed connections.</p> <p>This one-day workshop will help you develop the skills to go from being competent presenters to engaging storytellers. Topics will include “finding your passion,” “storytellers that move us,” “fundamentals of good presentation skills,” “crafting your story,” and “sharing your ‘pitch’”</p> <p>Participants will gain a sharper focus on how coming from a place of authenticity will help:</p> <ul style="list-style-type: none"> • Foster more meaningful relationships with teams and others with whom you work • Communicate about your work and your organization in more relatable ways, potentially advancing sales and other crucial conversations • Be a more memorable job candidate in interviews • Build confidence in your leadership skills <p>-----</p> <p>Elizabeth McCarthy has spent the last 20+ years helping brands bridge the gap between their offering and their consumers’ needs. Most recently she was with C Space (formerly Communispace) where she consulted with Fortune 500 companies including Hewlett Packard, Charles Schwab, Bank of America, Citi, Meredith Corporation, Kraft Foods and Weight Watchers and helped them understand how to make their brand, products, experiences and messaging relevant to the people they serve. She gets to this level of deep understanding by establishing trust, getting into hearts and minds and ultimately surfacing what moves people to action. Her consulting experience include Digitas, Epsilon, American Express, and AT&T; she is a Lecturer in Entrepreneurial Leadership at the Gordon Institute in the Tufts School of Engineering.</p>				

145518	Fostering Relationships: Listening without Bias			
Subject: UC	Catalog Nbr: CPE002	2021 FALL	Primary	Elizabeth McCarthy
				Elizabeth.McCarthy@tufts.edu
<p>Connecting with those around us, building trust and deepening relationships – everything is rooted in active listening. In this workshop, we’ll apply key tenets of listening without bias so that together we work better, with greater purpose and empathy.</p>				

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145519	Navigating Difficult Conversations				
	Subject:	Catalog Nbr:			
	UC	CPE003			
	2021 FALL	Primary	Elizabeth McCarthy		Elizabeth.McCarthy@tufts.edu
<p>Being able to navigate difficult conversations is a critical part of career success. In this workshop we'll, explore triggers that get in the way of fully receiving feedback, discuss strategies for how best to manage these triggers, and talk through optimal approaches to giving feedback.</p>					

145533	Cyber Security Bootcamp: Network Security				
	Subject:	Catalog Nbr:			
	UC	CS001			
<p>This bootcamp explains how computer networks work –and doesn't work. By the end of this course, you will be able to analyze network traffic, perform network reconnaissance, and also write a network attack tool using the Python programming language.</p>					

145534	Cyber Security Bootcamp: Web Security				
	Subject:	Catalog Nbr:			
	UC	CS002			
<p>Web applications are still prime targets for attackers to steal sensitive data. In this bootcamp, you will learn how the web works, learn the important security vulnerabilities affecting web applications, attack web applications to gain access to data you should not have access to, and learn how to defend against such attacks. Some knowledge of web development (e.g., HTML, CSS, JavaScript) and databases (e.g., SQL) required.</p>					

145535	Cyber Security Bootcamp: Malware Analysis				
	Subject:	Catalog Nbr:			
	UC	CS003			
<p>In this bootcamp, you will be analyzing malware seen on a computer network, live malicious Android apps, and live Windows malware samples. You will use tools including VirusTotal, apktool, and Ghidra to aid your analysis. It is strongly recommended that your computer can run virtual machines via VMware or VirtualBox.</p>					

145703	Emergency Care				
	Subject:	Catalog Nbr:			
	UC	CPE131			
	2022 SPRG	Primary	Carl Weinstein		Carl.Weinstein@tufts.edu
	2023 SPRG	Primary	Nicholas Cardellicchio		Nicholas.Cardellicchio@tufts.edu
<p>State-approved course in prehospital emergency care. Successful completion allows participants to sit for the</p>					

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Massachusetts state certifying examination for Emergency Medical Technician (EMT). Techniques for comprehensive management of medical, trauma, and behavioral emergencies. Required lab fee includes books, materials, and practical exam. Please see the Class Notes for the current fee amount.

145836	K-8 Design & Engineering Workshops			
Subject:	Catalog Nbr:			
CSS	0001			

145951	Participatory Action Research			
Subject:	Catalog Nbr:			
UC	W004			
2022 SUMR	Primary	Anjuli Fahlberg	Anjuli.Fahlberg@tufts.edu	
<p>In this course, participants will learn how to employ Participatory Action Research (PAR), an approach to data collection that emphasizes (a) the full participation and leadership of members of the research population in each stage of the project; (b) the co-production of knowledge between formal researchers and community members; and (c) collaborative social action that improves the well-being of the research population. In this course, we will engage with different theories about how knowledge is created, learn about the principles of PAR and how to apply them in a range of research projects, and work in small groups to workshop the application of PAR in participants' own projects. More information on the course and how to apply can be found at https://tischcollege.tufts.edu/civic-studies/participatory-action-research-course.</p>				

146006	OLLI Study Groups			
Subject:	Catalog Nbr:			
UC	LL200			
2022 FALL	Primary	Emese Soos	emese.soos@tufts.edu	
2022 FALL	Primary	Renata Celichowska	Renata.Celichowska@tufts.edu	

146022	OLLI Member Study Group Instructors			
Subject:	Catalog Nbr:			
UC	LL201			
OLLI Members who are teaching a course should register for this class				

146062	Human Leadership			
Subject:	Catalog Nbr:			
UC	CPE004			
2023 WINT	Primary	Elizabeth McCarthy	Elizabeth.McCarthy@tufts.edu	

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The core benefit derived from all three workshop sessions is developing authentic/human leadership skills - starting with discovering and articulating your passion for the work you do, leaning into this passion as a means to inspire those around you, and understanding how to lead with empathy and advocacy to create and sustain meaningful relationships. This human-centered leadership approach arms participants with the knowledge, confidence, skills and self-understanding necessary to ground and grow their roles as leaders (whether in title or in influence) across different types of businesses and organizations.