

DIET DIMENSIONS



Utrecht University



Environmental Change Institute



LONDON SCHOOL of HYGIENE & TROPICAL MEDICINE



GAME DESIGNERS

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LSHTM / LCIRAH

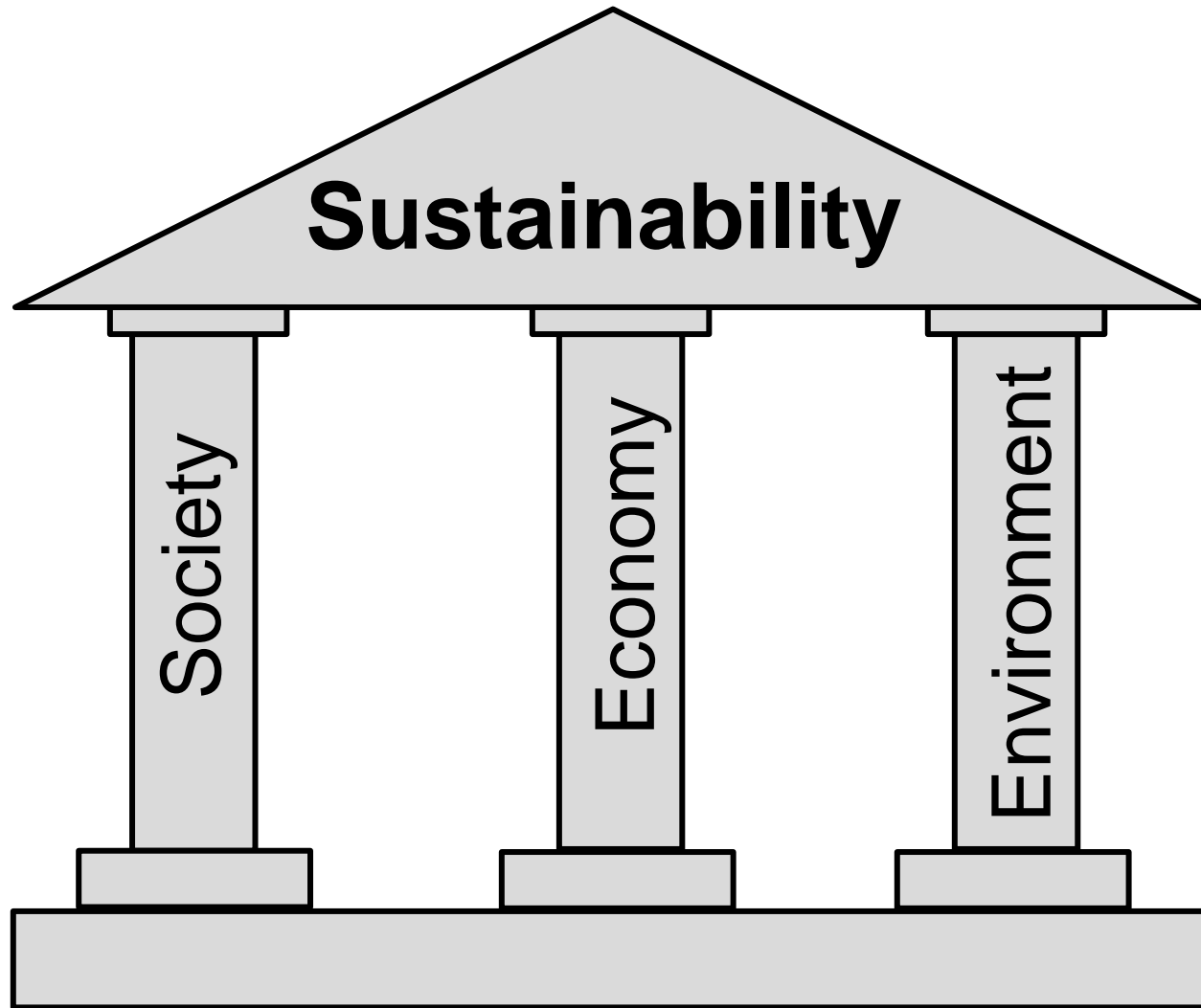
Sofia Kalamatianou

LSHTM / IMMANA

Food system: All the actors and activities involved in the production, processing, transport and consumption of food.

Sociocultural, economic, institutional & governance environment





Sustainable food systems have low environmental impacts and contribute to food and nutrition security and to healthy life for present and future generations.

Sustainable food systems are:

- 1) protective and respectful of biodiversity and ecosystems;
- 2) culturally acceptable;
- 3) accessible, economically fair and affordable;
- 4) nutritionally adequate, safe and healthy;
- 5) optimize natural and human resources;
- 6) Resilient to shocks and change.

JUDGES

Namukolo Covic

Alan Dangour

Suneetha Kadiyala

GOALS OF THE GAME

Focus theme: Sustainable Food Systems

Best Project (decided by judges)

Most Helpful Team (decided by teams)

STEP 1 – GETTING STARTED

Fill in your character sheet according to your fields of expertise.

Knowledge Categories (KC): max. 10 points

Background Skills (BS): max. 10 points



Character Sheet

Knowledge Categories

	1	2	3	4	5
• Nutritional epidemiology	0	0	0	0	0
• Clinical nutrition	0	0	0	0	0
• Life cycle analysis	0	0	0	0	0
• Biodiversity assessment	0	0	0	0	0
• Agronomy	0	0	0	0	0
• Agroecology	0	0	0	0	0
• Micro-economic analysis	0	0	0	0	0
• Macro-economic policy	0	0	0	0	0
• Behaviour change and cultural dynamics	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0

Background Skills

	1	2	3	4	5
• Policy influence	0	0	0	0	0
• Finance	0	0	0	0	0
• Team management	0	0	0	0	0
• Education and public engagement	0	0	0	0	0
• Law	0	0	0	0	0
• Research skills	0	0	0	0	0
• Program implementation	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0

Character Sheet

Knowledge Categories

	1	2	3	4	5
• Nutritional epidemiology	0	0	X	0	0
• Clinical nutrition	0	0	0	0	0
• Life cycle analysis	X	0	0	0	0
• Biodiversity assessment	0	0	0	0	0
• Agronomy	0	0	0	X	0
• Agroecology	0	X	0	0	0
• Micro-economic analysis	0	0	0	0	0
• Macro-economic policy	0	0	0	0	0
• Behaviour change and cultural dynamics	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0

Background Skills

	1	2	3	4	5
• Policy influence	0	0	0	0	0
• Finance	0	0	0	0	0
• Team management	0	0	0	0	0
• Education and public engagement	0	X	0	0	0
• Law	0	0	0	0	0
• Research skills	0	0	0	X	0
• Program implementation	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0
• Open.....					
.....	0	0	0	0	0

STEP 2 – THE MARKET PLACE

Interdisciplinary group formation

Look at KC and BS on character sheets

Max. 4 per group



STEP 3 – PROJECT FORMULATION

- **Design a project that relates to the field of Sustainable Food Systems: it can be national or international, budget is up to you. Be creative.**
- **Fill in your project sheet**



Project Sheet

- Title
- Brief description
- Goals of the Project
- Main issues it addresses
- How is the project tailored to the context? How is it resourced?
- Roles of the various group members in the project
- Potential weaknesses and how these can be mitigated

STEP 4 – THE BATTLE PHASE: FIRST ROUND

Pitch Team A: 6 min.

Team B: discuss and reveal critiques: 5 min.

Team A: Defense. 4 min.

- Team B +1 per valid critique point.



STEP 4 – THE BATTLE PHASE: FIRST ROUND

Pitch Team B: 6 min.

Team A: discuss and reveal critiques: 5 min.

Team B: Defense. 4 min.

- Team A +1 per valid critique point.



STEP 5 – THE BATTLE PHASE: SECOND ROUND

Opponent Switch!

Pitch Team C: 6 min.

Team A: discuss and reveal critiques: 5 min.

Team C: Defense. 4 min.

- Team A +2 per valid critique point.



STEP 5 – THE BATTLE PHASE: SECOND ROUND

Pitch Team A: 6 min.

Team C: discuss and reveal critiques: 5 min.

Team A: Defense. 4 min.

- Team C +2 per valid critique point.



STEP 6 – SUMMING UP AND JUDGEMENT



Teams present their projects to the whole group, including the process from project conception to final project.

Judges award project points on the basis of:

1. Does the project address sustainable food systems in a multidisciplinary way? (+2)
2. Is the project ambitious and likely to have major impact? (+2)
3. Does the project fit the context? Are budget and resourcing well considered? (+2)
4. Is the project feasible? (+2)
5. Did the team take on board constructive criticism? (+2)

LET'S PLAY

