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The U.S. Government's Global Hunger & Food Security Initiative

NUTRITION SENSITIVE PROGRAMMING: HKI EXPERIENCE FROM THE FIELD – SBC, IYCF and Child Development

Photo Credit: LUANAR

Dale Davis

Country Director, Helen Keller International, Nepal

Photo credit: Helen Keller International





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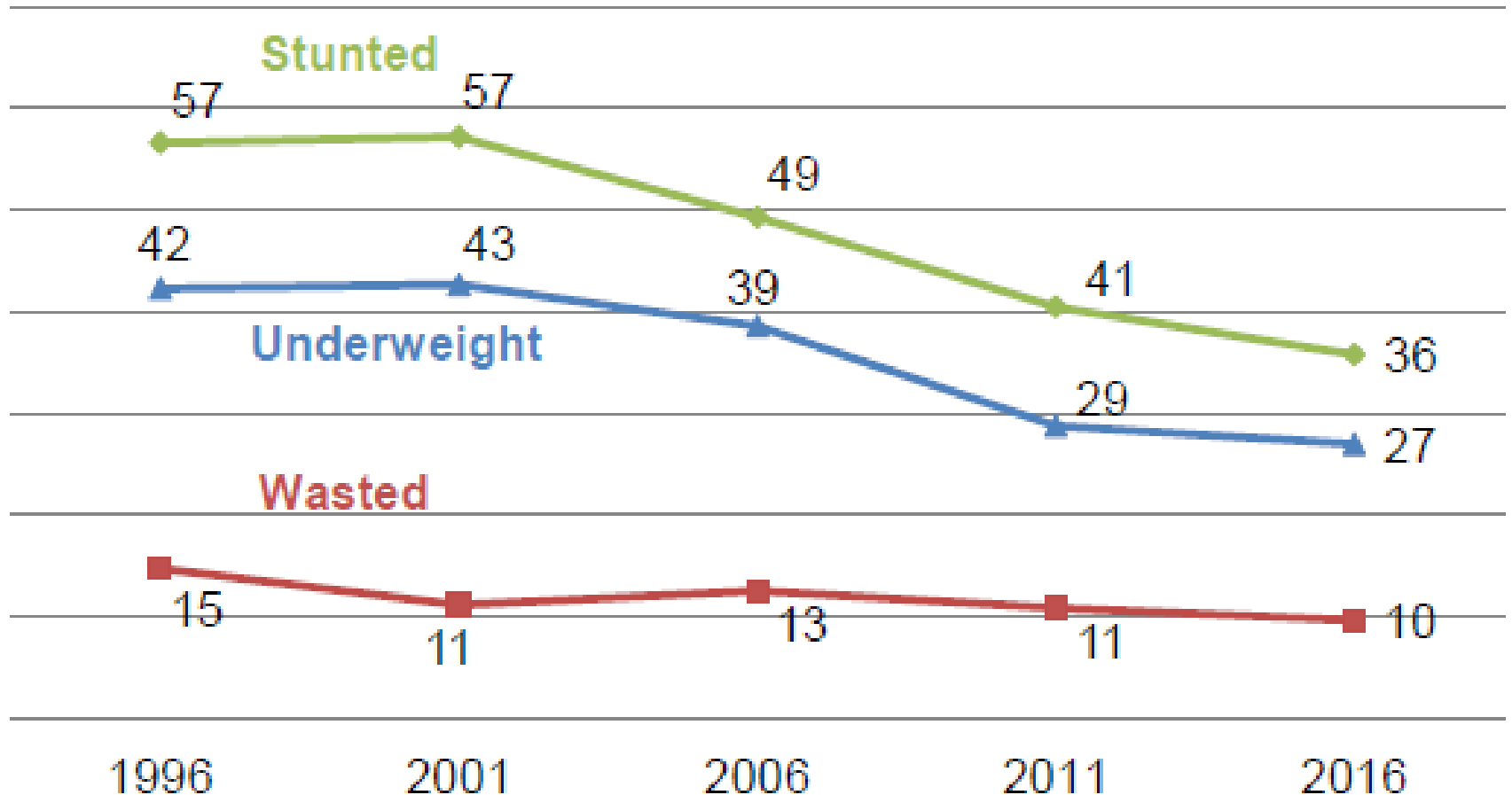
Section 3: interventions and outcomes



NUTRITION IN NEPAL

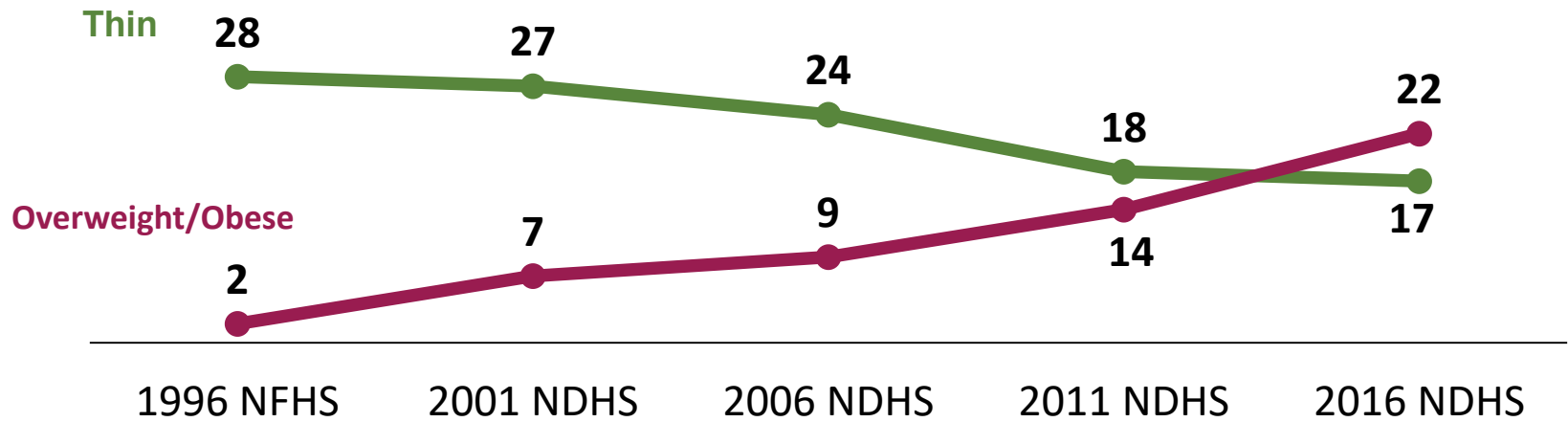


NUTRITION STATUS OF CHILDREN UNDER 5





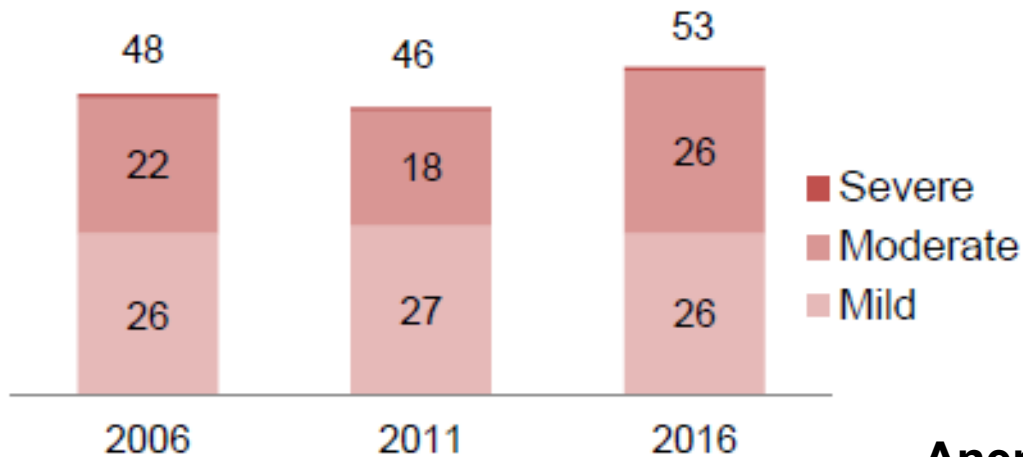
NUTRITIONAL STATUS OF WOMEN 15-49 YEARS



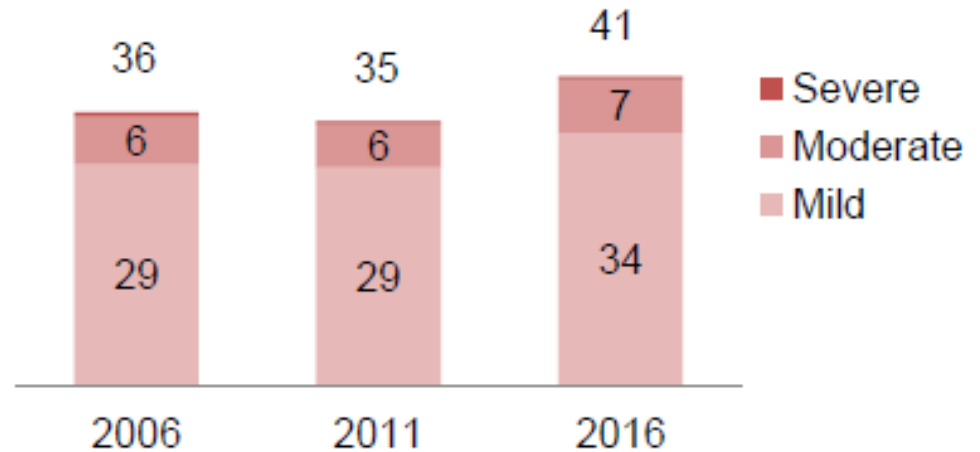


ANEMIA AMONG CHILDREN AND WOMEN

Anemia among U5 Years Children

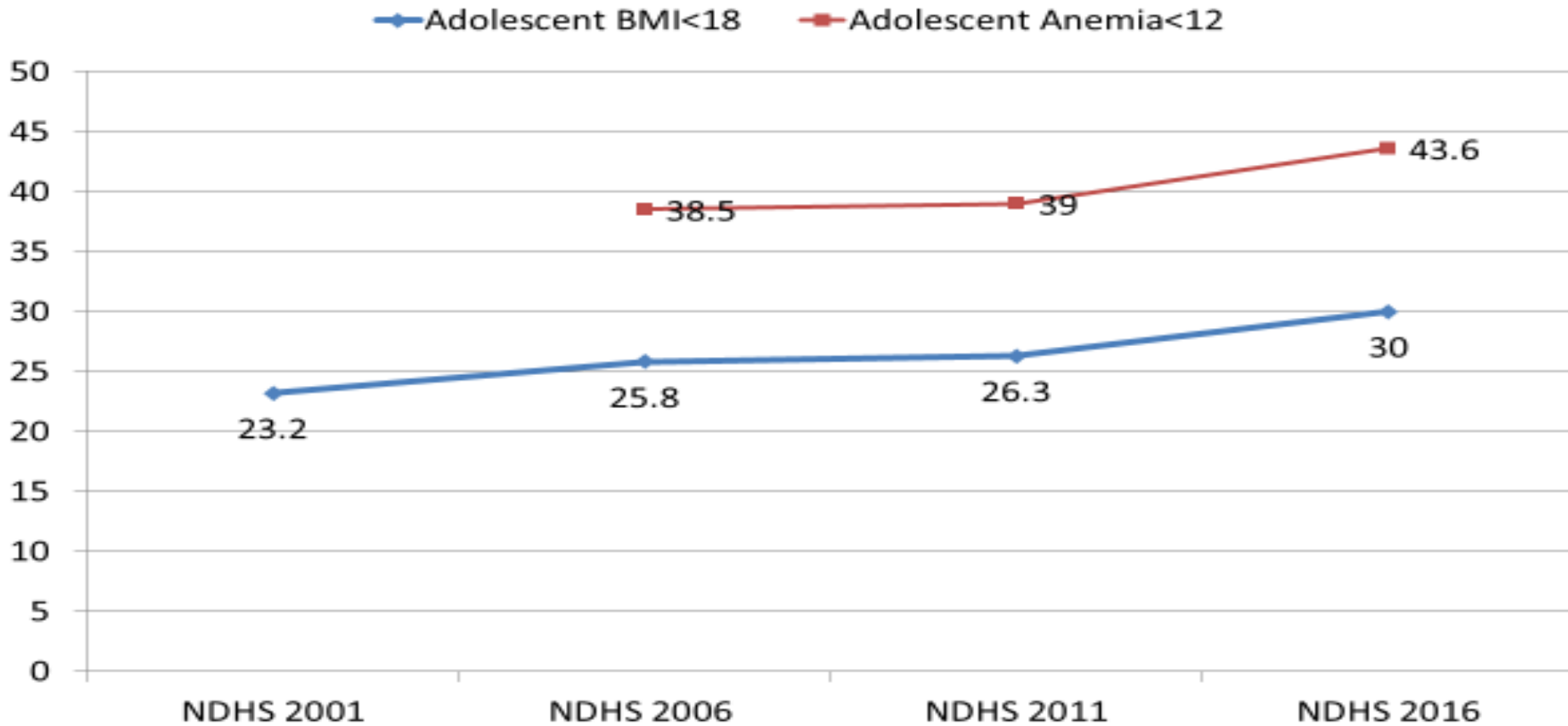


Anemia among women 15-49 years





NUTRITIONAL STATUS OF ADOLESCENT GIRLS (15-19 YEARS)



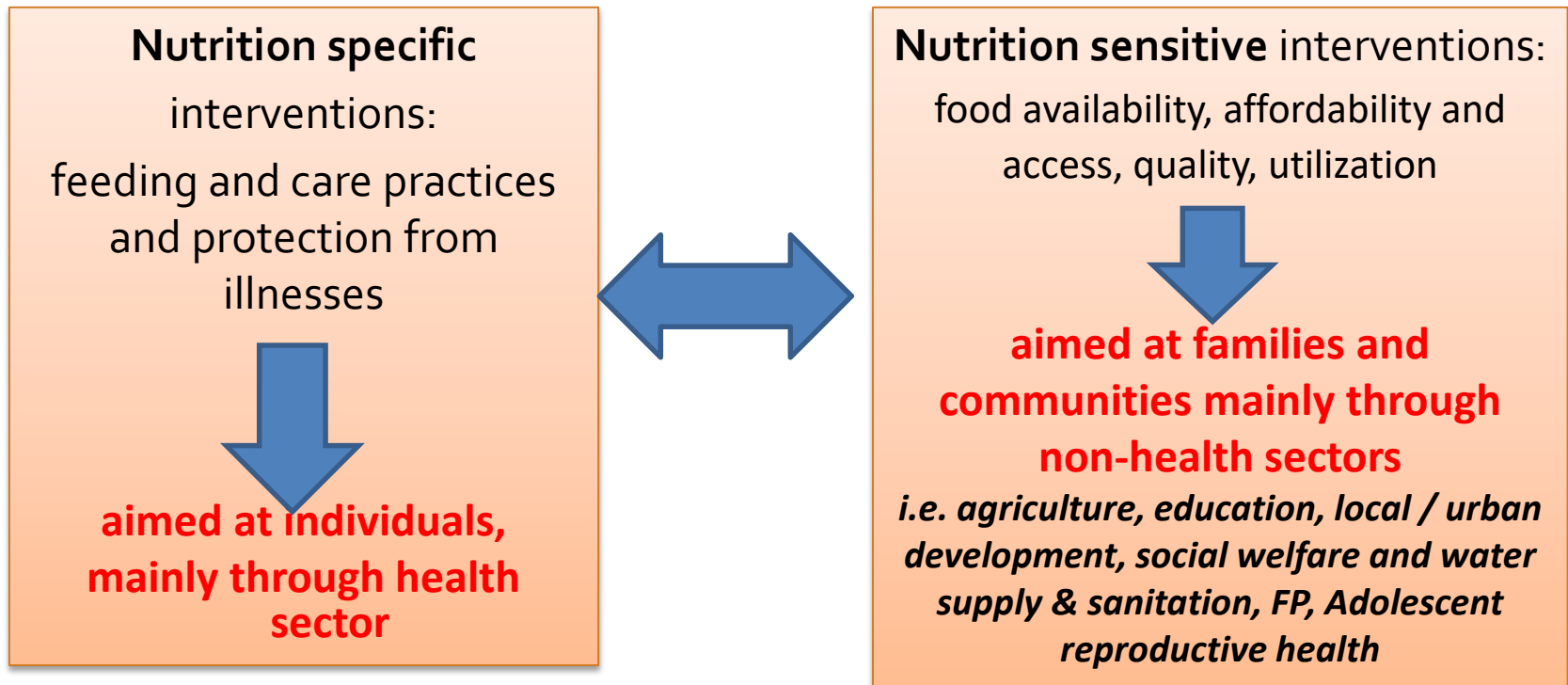


SITUATION OF WOMEN IN NEPAL (NDHS, 2016)

- 31% of HHs are headed by women
- 33% women have no education
- 38% of married women participate in decision making
- 68% of married women were employed in the last year
- 73% of married women earn less than their husbands
- 83% women report at least one problem in accessing health care for themselves when sick



NUTRITION SPECIFIC AND SENSITIVE INTERVENTIONS





NUTRITION SENSITIVE PROGRAM EXPERIENCE

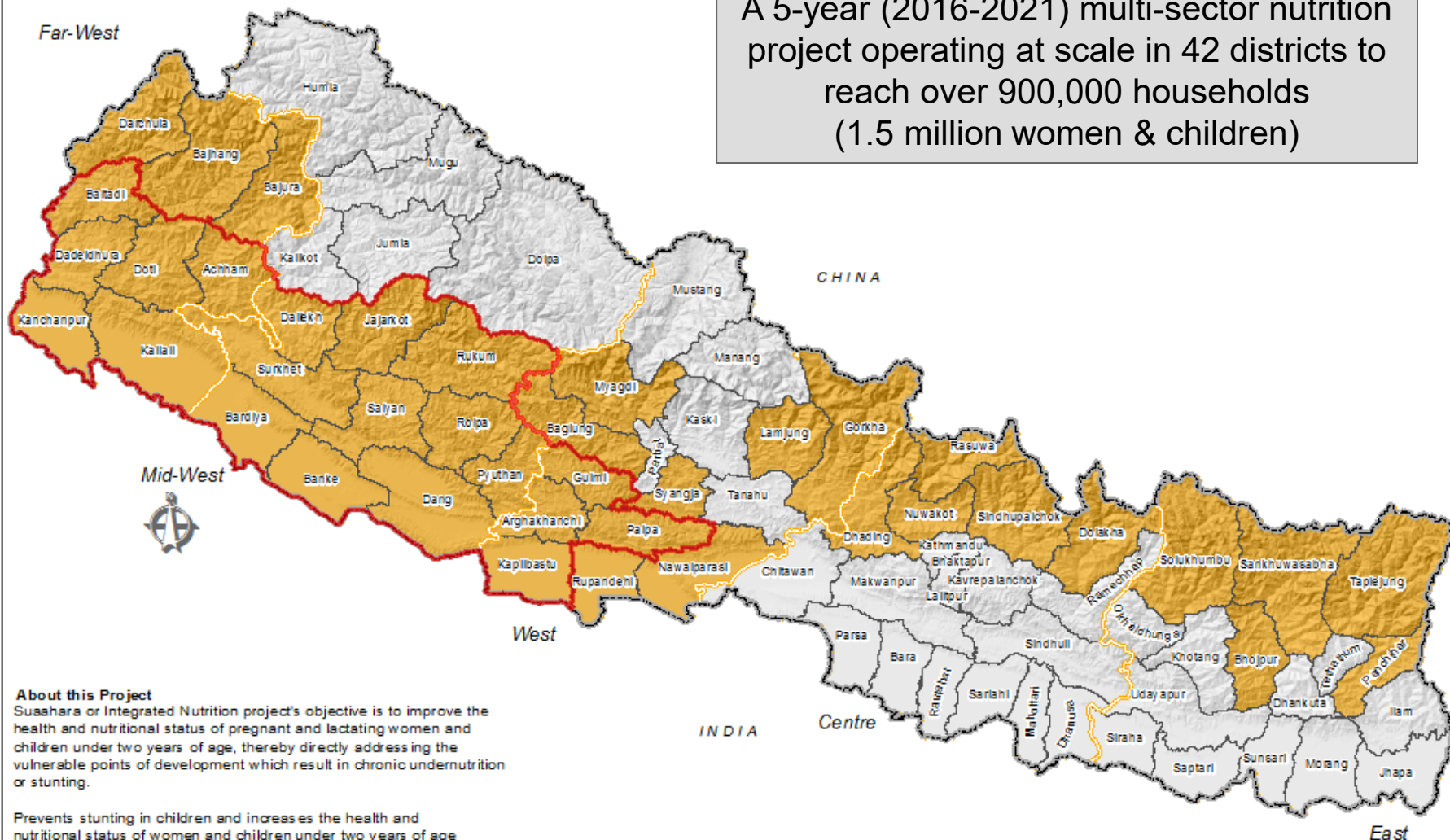
Action Against Malnutrition through Agriculture - **AAMA** project implemented in Far Western Nepal (2008-2012), funded by USAID- Essential Nutrition and Hygiene Actions, Nutrition Governance, Homestead Food Production (HFP).

Suaahara – good nutrition program funded by USAID to reduce stunting through a multisector approach to reach all pregnant and lactating women and children under 2 in food insecure and vulnerable districts, with a focus on the most disadvantaged groups and families.

Suaahara I began 2011 and the process evaluation, the frontline workers study (Suaahara & Tufts-NIL) and the Lancet Series 2013, informed the design of Suaahara II.

Suaahara II

A 5-year (2016-2021) multi-sector nutrition project operating at scale in 42 districts to reach over 900,000 households (1.5 million women & children)



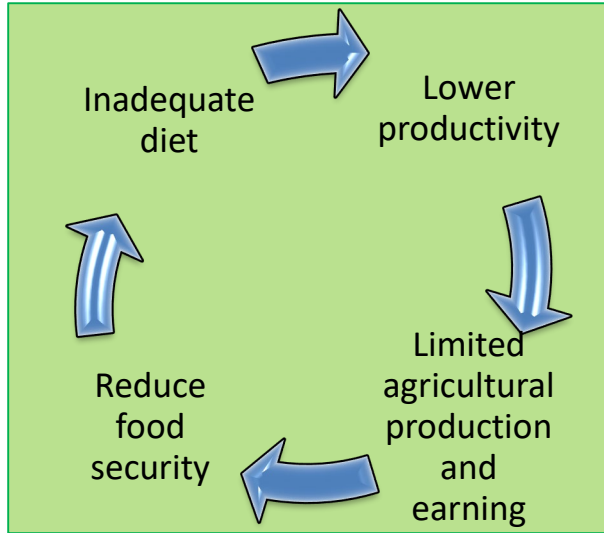
About this Project

Suaahara or Integrated Nutrition project's objective is to improve the health and nutritional status of pregnant and lactating women and children under two years of age, thereby directly addressing the vulnerable points of development which result in chronic undernutrition or stunting.

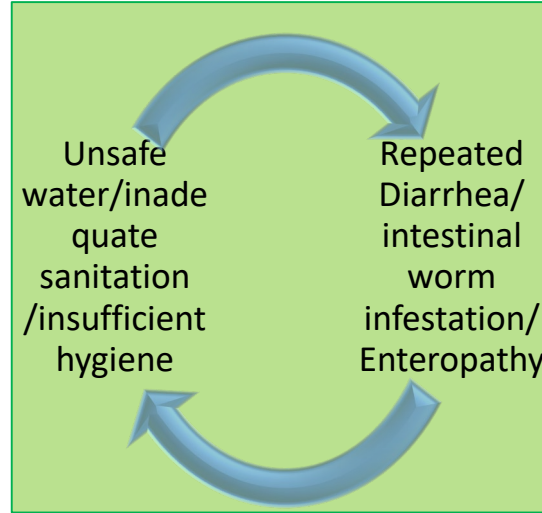
Prevents stunting in children and increases the health and nutritional status of women and children under two years of age by improving: nutrition; maternal, newborn, and child health services; family planning services; water, sanitation and hygiene; and home-based gardening.



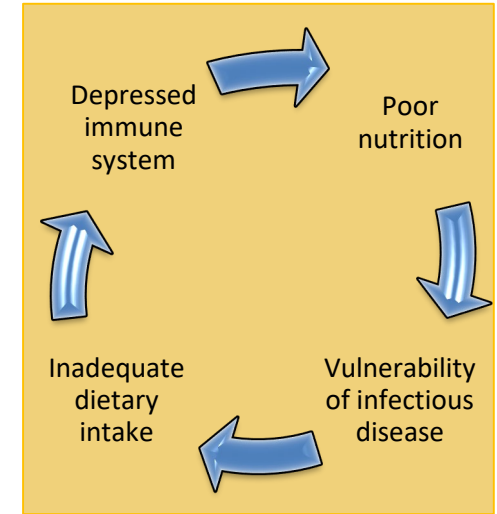
MULTISECTOR NUTRITION ANALYSIS & APPROACH



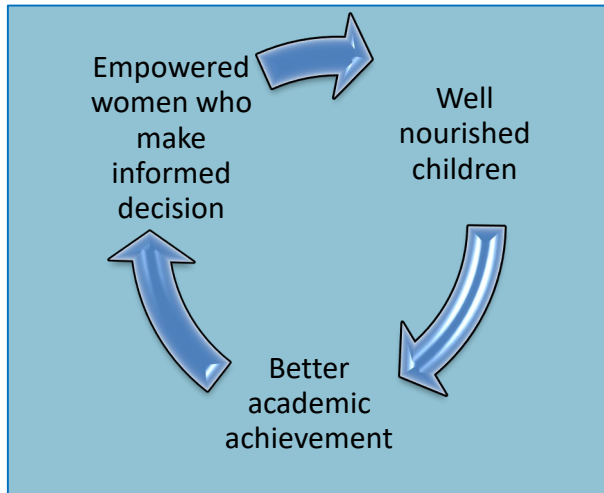
Agriculture



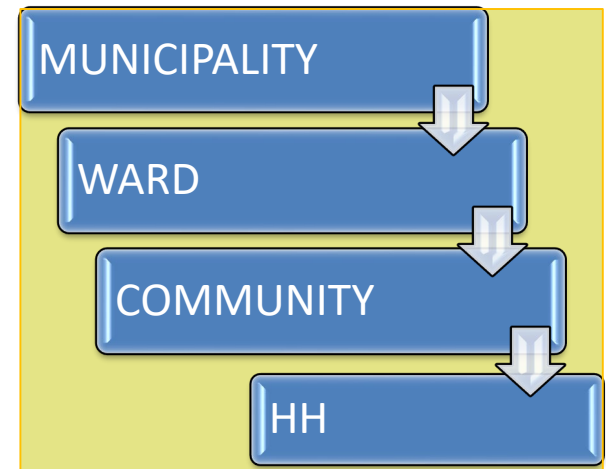
WASH



Health



Education
Women and Local Development

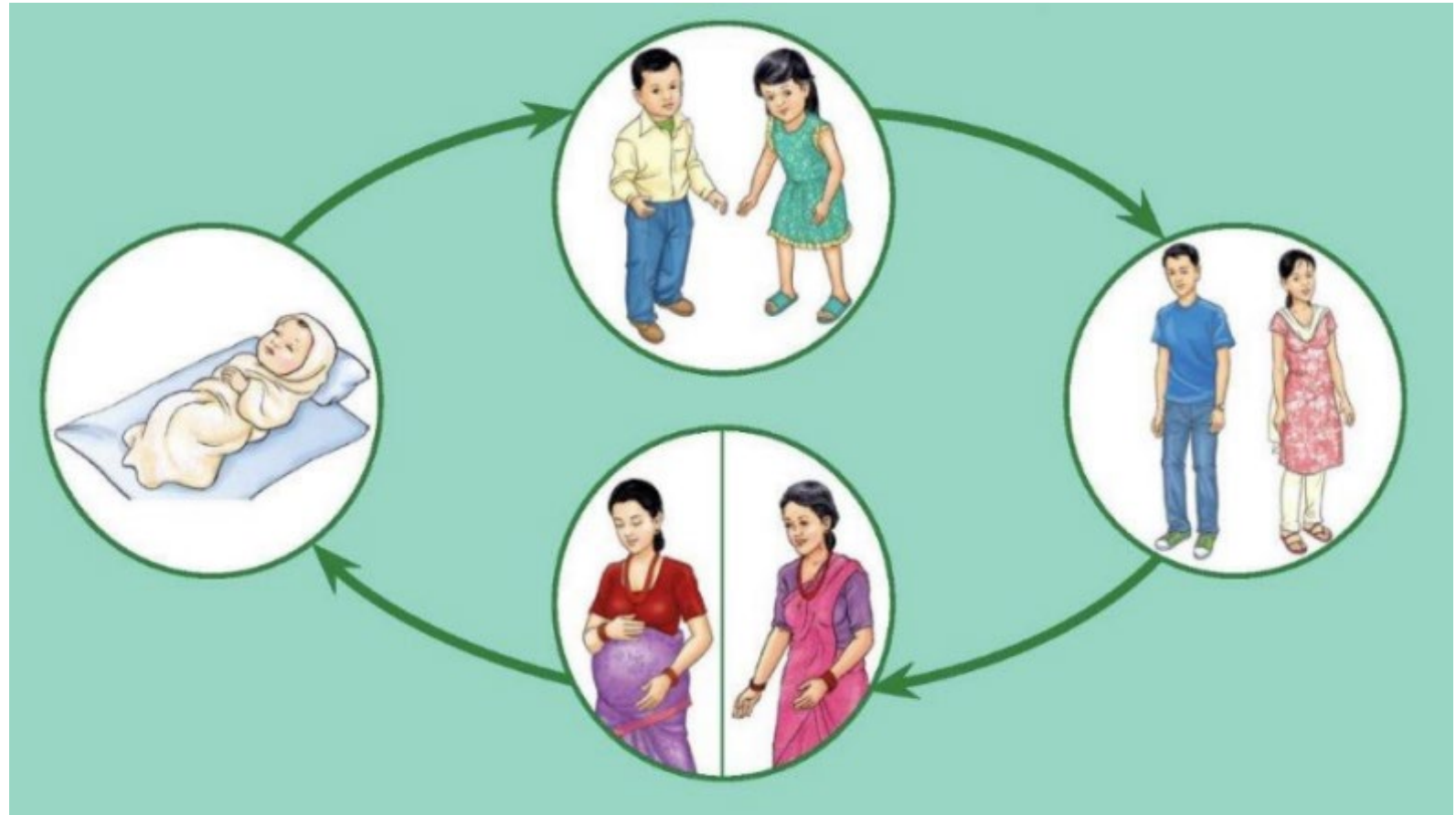




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SUAAHARA APPROACH: LIFE CYCLE

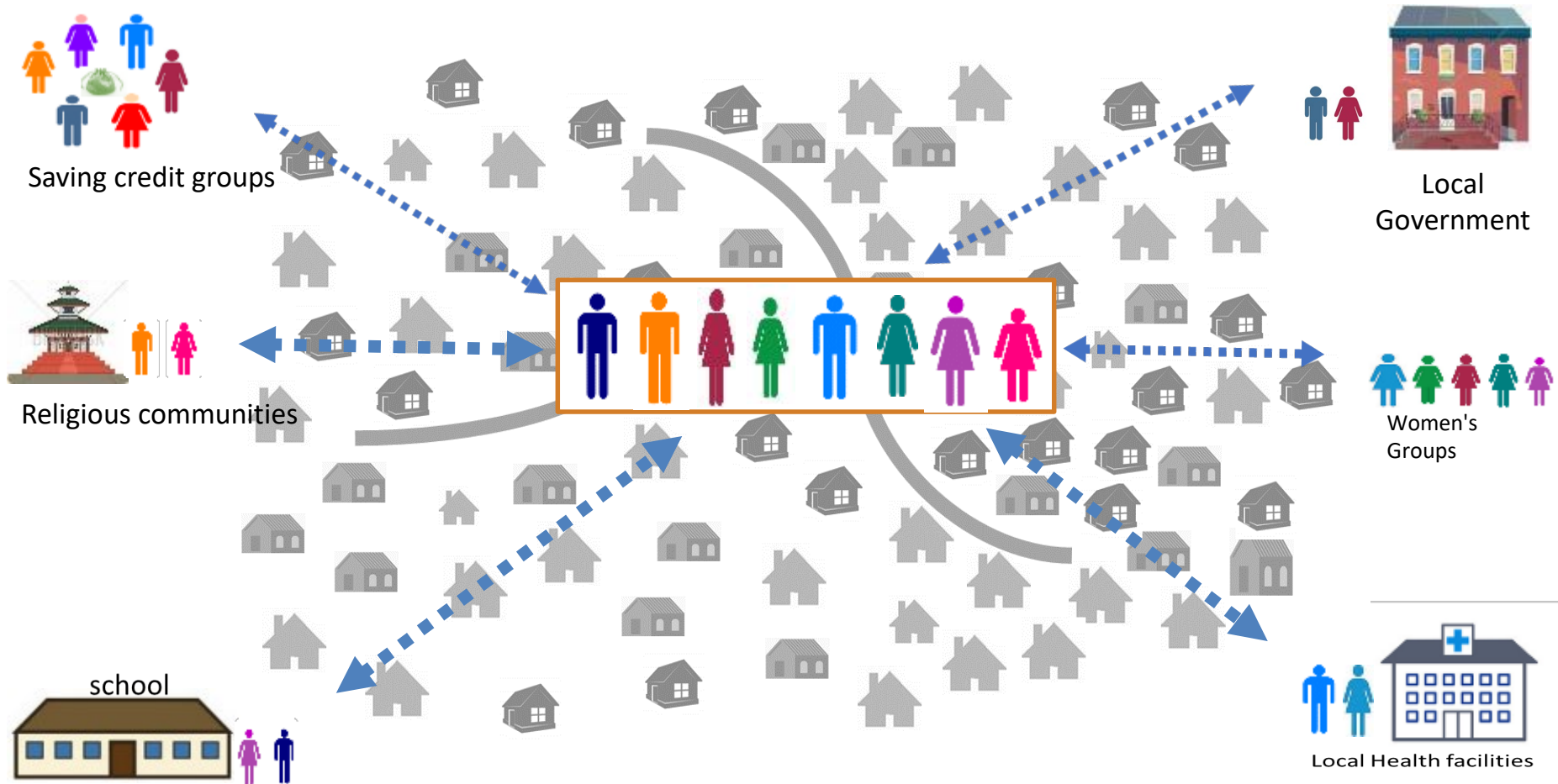




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SUAAHARA APPROACH: CROSS CUTTING SECTORS



Forming Committees in the Community



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MULTISECTOR NUTRITION INTERVENTIONS

MSNP II – Nutrition Governance, Planning, Advocacy, Resources



Capacity development of the Multisector mechanism;
Orientation to local leaders: Nutrition Food Security Steering Committees;;
Local resources utilized for DIRECT nutrition interventions:

Agriculture / Poultry



Village Model Farms
Homestead gardens/Poultry
Business Training
Savings and credit training
Community brooders

Public Private Partnership



WASH Marts
Egg Campaign
Commercial Poultry
Smart Cell

WASH



Open Defecation free (ODF)
ODF districts
Total Sanitation
WASH in Schools:

MIYCN / IMNCI / FP / MCH



Capacity building of Health workers
Counselling,
Service delivery,

Integrated Management of Acute Malnutrition



Trained health workers/ FCHVs:
Outpatient Therapeutic Centers
Inpatient Therapeutic Centers
SAM cases treated

Adolescent Health; Nutrition/School Health & Nutrition



Capacity building: Health, Nutrition & Menstrual Hygiene Management:



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HOMESTEAD FOOD PRODUCTION



5,686

Village Model Farms



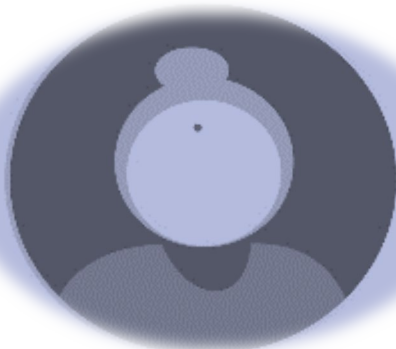
114, 567

Homestead gardens/poultry



52

Community brooders



390

**Local resource persons
trained**



1,016

Business trainings



2,947

Savings and credit training



HFP linkages: Garden to Plate to Market



45,990
household OFSP production



808
Registered HFPB groups



1904
HFPB groups with saving,
credit practices



18
Haat Bazar/Collection center



57
Post-Harvest management trainings



SUAAHARA DELIVERY STRATEGY: SBCC ON ENA



- Home visits
- FCHV Health mothers group meeting
- Health contact points



- Ward level interactions
- Radio discussion Groups
- Key Life Events
- Cooking Demonstrations
- Hand washing corners
- Complementary food competitions



- Push Messaging
- Instructional videos for frontline workers

Interpersonal communication

Community Mobilization

Mobile technology



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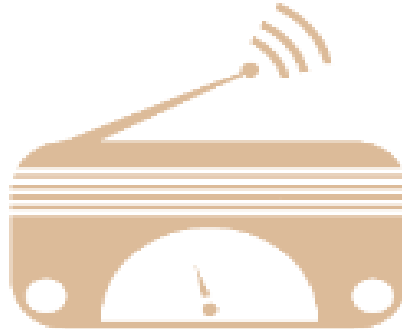
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SUAAHARA DELIVERY STRATEGY: SBCC



670, 000

HHs received counselling



Interactive Radio Programs



9.283

Food demonstrations



50,643

Key life events

50

weekly episodes

128

FM stations

78,000

audience responses

3,915

radio discussion groups



130,000

**Received SMS;
FP IVR System**



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SUAAHARA: TOOLS



Poultry Video



Food Game Cards



Coop Game Cards



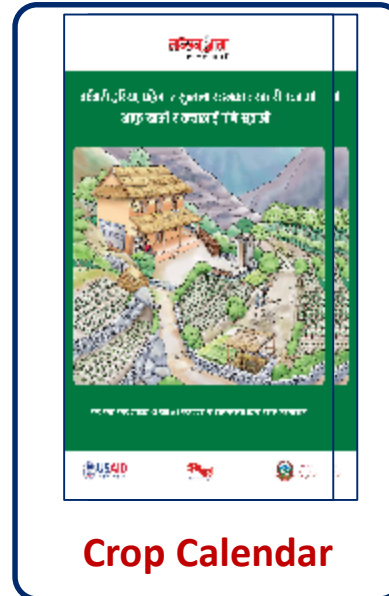
Egg Campaign



Garden to plate Brochures



Flip Charts



Crop Calendar



EVIDENCE OF CHANGE

- Exposure to interventions continues to increase
- Reaching new target audiences
- Egg consumption improving
- Closing the GESI gap
- Government is replicating & expanding some key Suaahara activities: \$8.5M last year





IMPLEMENTATION SCIENCE-USE OF EVIDENCE

- Program team participation in DESIGN of studies and questionnaires → ownership
- Data workshops on key learners → skills in interpreting & using findings
- Data analyses driven by program needs and priorities → “deeper dives” and program refinement





CHALLENGES TO IMPLEMENTATION SCIENCE

- Targeting
- Cultural differences
- Government staff turnover
- GON restructuring
- Quality assurance of implementation at scale
- Establishing the key indicators for measuring nutrition-sensitive agriculture for Nepal / Global (beyond HFP)





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U.S. GOVERNMENT PARTNERS





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www.feedthefuture.gov

